

\$1 a pay goes a long way.

It's easy to give through SECA when you know how far your donation goes. Even **\$1 per pay can change a life.** Here are a few examples of the great things SECA charities can accomplish with just **\$26 (\$1 per pay)** from you.



\$1 Per Pay Provides

1 counseling session for a person in need.

A 3 month membership for a youth at a community center.

Removal of 60 pounds of trash from a beach.

15 meals for homebound elderly residents.

Screening for 1 person at risk for kidney disease.

10 comfort kits, blankets, and clean-up kits for disaster survivors.

1 welcome home event to honor a deployed soldier.

30 minutes of job coaching for a young person with a disability.

Personal hygiene items for 1 family.

4 literacy kits to help prepare preschool children for school.

17 yards of flags to keep wolves out of livestock enclosures.

1 individual support session for someone facing pancreatic cancer.

Nightlights for 2 traumatized children.

1 winter coat for a child in need.

1 monthly bus pass for a newly-arrived family to go to work.

5 backpacks with supplies for the first day of school.

1 FBI clearance for a volunteer.

1 week of safe, supportive housing for a woman in need.

2 chickens and 1 bible for a child in an impoverished country.

Transportation to 5 well-baby checkups for a needy mother.

1 GED test prep textbook.

Toothbrush, floss, travel case, and educational materials for 20 children.

1 hour of home health aide services.

4 hygiene kits to promote disease prevention and proper grooming among children in impoverished countries.

Purchasing of 24 trees.

8 cardio fitness classes for a senior citizen.

2 sponsorships for children joining a local scouting program.

1,000 printed hotline cards for domestic violence services.

2 mosquito nets to protect children from deadly malaria.



pennsylvania

STATE EMPLOYEE COMBINED APPEAL