

Reaching your retirement goals



Retirement planning is relatively straightforward – you need to replace the income you had during your working years with income from what you have saved for retirement. So what do you need to think about while working to reach your retirement income goals?

Understanding how long you may live and the financial challenges you may face in the years ahead.

How long you live may be the single most important, yet unknown, factor in creating your retirement income plan. What would retirement look like for you if you lived into your mid-80s? What about your mid-90s? Because there's no telling when your last day of retirement will be, you may want to plan for a longer time horizon and for the possibility of outliving your spouse or partner.

How should you plan for today to help prepare for the retirement expenses of tomorrow?

Two key issues concern most people as they near and live in retirement - rising health care costs and paying down debt. Medical coverage is expensive, but necessary. For example, the average 65-year-old couple who retired in 2021 can expect to spend nearly \$662,000 on healthcare expenses throughout their retirement.¹ Since most people don't become eligible for Medicare until age 65, you may face a coverage gap if you retire early.

It's important that you understand the estimated impact of health care costs on retirement income. Voya's *Plan ahead for healthcare costs and coverage in retirement* presentation, available at voya.com/voyalearn, can help you plan for medical needs in retirement. Additional Voya Learn presentations focus on Medicare, insurance coverage, and other actionable steps to take as you work towards retirement. You may also qualify for PSERS Health Options Program and Premium Assistance to help you with healthcare costs. Visit hopbenefits.com for information on eligibility, benefit options, and more.

Managing debt during your working years is also important for reaching your retirement goals. If you retire with mortgage debt, lines of credit, college loans, or credit card debt, you may need to earmark retirement assets to pay down that debt. This could impact your ability to enjoy the kind of retirement you dreamed of. Visit voya.com/page/voya-learn-demand-sessions and search keyword: **debt** for videos on strategies to manage and eliminate your debt.

Longevity is a factor to consider in retirement*

1 in 4

About one out of every four 65-year-olds today will live past age **90**



1 in 10

About one out of every ten 65-year-olds today will live past age **95**



* Source: ssa.gov, 2020

How much do you need to have saved for retirement?

A common practice is to estimate needing 70% of your annual income for each year in retirement. Why 70%? Because some of your expenses in retirement may go down (taxes, mortgage payments, family expenses, household costs, employment expenses, etc.), but others may go up (health care, travel, entertainment, and support for aging parents and adult children). Depending on the kind of lifestyle you dream of in retirement, you may need to estimate replacing 80%, 90%, or even 100% of your annual income. This makes creating retirement goals, and then working towards them, so important.

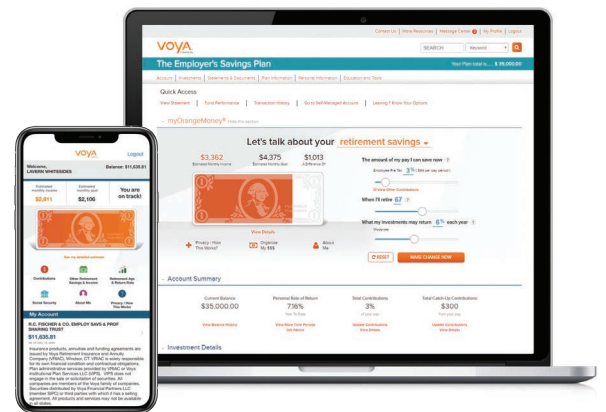
Identifying your sources of retirement income.

Without a regular paycheck, you will need to cover your essential expenses through new money sources and arrange for the money to last through your retirement. New money sources could include Social Security, your Public School Employees' Retirement System (PSERS) Defined Benefit and Defined Contribution (DC) Plans, and income from supplemental retirement plans. Will it be enough, though, to replace your pre-retirement income? The myOrangeMoney® experience in your PSERS DC account can help you get and stay on track for retirement by showing all of your retirement income sources and identifying potential income gaps.

Spend some time with your retirement plan.

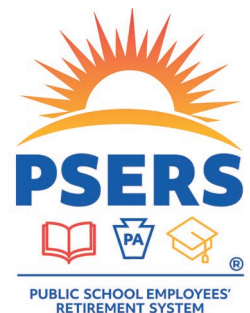
Experience myOrangeMoney today by visiting PSERS online to log in to the PSERS Member Self-Service (MSS) Portal. Then click on the *Voya Account Access* box to go to your PSERS DC account. Below the orange dollar bill, click *About Me* and provide some information about yourself and your outside accounts to get a better picture of your future monthly retirement income.

Don't wait. Your retirement needs you. Log in to the PSERS MSS Portal today to visualize retirement with myOrangeMoney.



*Screens shown for illustrative purposes only.
Your myOrangeMoney and mobile app experiences
will be personalized to the PSERS DC Plan.*

With PSERS, you're on your way!



Important: The illustrations or other information generated by the calculators are hypothetical in nature, do not reflect actual investment results, and are not guarantees of future results. This information does not serve, either directly or indirectly, as legal, financial or tax advice and you should always consult a qualified professional legal, financial and/or tax advisor when making decisions related to your individual tax situation.

¹ HealthView Services: 2021 Retirement Healthcare Costs Data Report <https://hvsfinancial.com/wp-content/uploads/2020/12/2021-Retirement-HC-Costs-Report-op-final.pdf>

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