

# Bring your healthy future to life

Financial wellness is achieving a state of well-being where you live within your means, feel confident in your future, and prepare for the unexpected. The Financial Wellness Experience in the Public School Employees' Retirement System (PSERS) Defined Contribution (DC) Plan can help you understand where you are today and start taking small steps toward reaching your goals.

Visit PSERS online to log in to the PSERS Member Self-Service (MSS) Portal, click the link in the Voya Account Access box, then go to Financial Wellness at the top of your PSERS DC account homepage to take the interactive assessment that will help you improve your future by focusing on:



#### Protection

Strengthen your financial security. When it comes to getting the protection you need, a simple plan to help you make informed decisions is essential.

#### Help protect yourself by:

- Learning about the different types of insurance choices.
- Deciding how much coverage you'll need.
- Understanding the costs.
- Taking action when the time is right.



#### **Debt management**

How would life change for you if you were debt-free? Knowing where to start is important to reducing and eliminating debt.

## When managing your debt, you should:

- Pay down highest interest debt first.
- Use cash or debit instead of credit for everyday purchases.
- Be disciplined with credit cards.
- Learn more about the difference between good debt and bad debt.



#### Spending & saving

You work hard for your money. Your income is precious and what you do with it counts. Live within your means today and save for tomorrow.

#### Establish good money habits by:

• Getting organized and tracking your expenses.

Maintaining your current lifestyle is one of

the most important factors when it comes

to an ideal retirement. Keep in mind that

the money you save has to last, so save

• Understanding your PSERS benefits.

• Reviewing all of your investment choices.

consistently as much as you can.

Establish good retirement saving

• Revisiting and refining your plan.

• Prioritizing your spending.

• Building a budget.

Retirement

habits by:

- Setting your budget in motion.
- Making adjustments as you go.



#### **Emergency funds**

Saving for a rainy day involves making sure you have enough money set aside in an emergency fund to cover unexpected expenses.

#### Ask yourself these questions:

- How much do I need?
- What is the best way to start saving?
- How much am I able to consistently save?
- How long would I have to save to create an emergency fund?



#### **Other savings goals**

Think of everything you'd ever want to do if you could. Does it seem like it's a dream? Having a sound budget in place will help your dreams come true.

## The path to saving begins with these steps:

- Write down your goals.
- Understand the costs of your goals.
- Select the right accounts and investments.
- Start saving towards your goals.
- Take action.

## With PSERS, you're on your way!

Not FDIC/NCUA/NCUSIF Insured • Not a Deposit of a Bank/Credit Union • May Lose Value • Not Bank/Credit Union Guaranteed • Not Insured by Any Federal Government Agency

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