## Implementation of EBP in County Probation: Where are we now?

**CJAB Conference** 

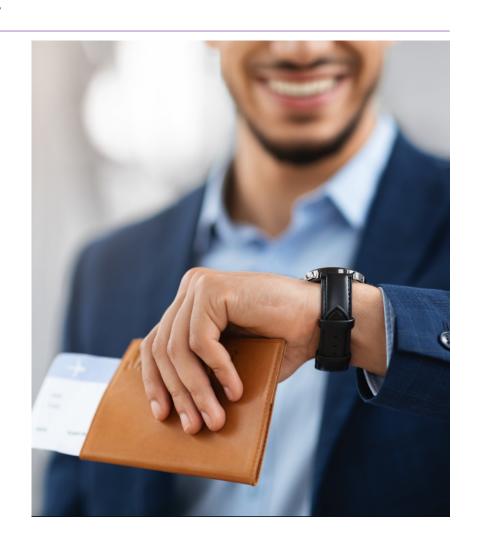
From Crisis to Collaboration: Building Resilient Justice Systems

April 23, 2025



## Today's Agenda

- Brief overview of EBP
- Survey results
- Wins
- Panel discussion



## What is "evidence-based practice"?

 The use of scientific research to guide and inform efficient and effective justice services

### Why EBP?

Improves outcomes
(average 30%
recidivism
reduction)

Cost-effective

Improves staff morale

#### **Four Core Competencies**

- Developing professional relationships
- Creating effective case plans and case management strategies
- Conducting skill practice to address criminogenic needs
- Using appropriate responses to shape behavior



#### Four Key Principles Supported by Research

#### Risk Principle

- Who we intervene with
- How much intervention a person receives

#### Need Principle

Which criminogenic needs we address

#### Responsivity Principle

 How we address a person's needs

Intervention Principle: Which programming we use

#### **EBP Journey**



#### **Stages of Implementation**

STAGE

#### **PREPARATION**

#### **Key Tasks:**

- 1. Conduct an organizational culture/readiness assessment
- 2. Develop a county EBP implementation plan
- 3. Determine the level of technical assistance required
- 4. Train staff on the principles of EBP and on the strategic plan
- 5. Provide EBP training to local stakeholders

STAGE 2

#### INITIATION

#### **Key Tasks:**

- Train and coach staff in motivational interviewing
- 2. Develop risk and needs assessment practices and train staff
- 3. Choose a model for effective one-on-one interventions and train staff
- 4. Develop a case plan template and train staff
- 5. Create and implement a quality assurance system

STAGE 3

#### **IMPLEMENTATION**

#### **Key Tasks:**

- Develop a caseload structure
- 2. Provide group-based cognitive behavioral interventions
- 3. Develop effective responses to prosocial and noncompliant behaviors, and train staff

STAGE

#### **EVALUATION**

- Create a performance management system
- 2. Align policies and practices with EBP
- 3. Conduct a gap analysis and develop a service matrix
- 4. Ensure sustainability

#### **Stage One Survey Results**

## STAGE

#### **PREPARATION**

#### **Key Tasks:**

- 1. Conduct an organizational culture/readiness assessment
- 2. Develop a county EBP implementation plan
- 3. Determine the level of technical assistance required
- 4. Train staff on the principles of EBP and on the strategic plan
- 5. Provide EBP training to local stakeholders

- 97% have started to implement EBP
- 60% have trained majority of staff in principles of EBP
  - 35% in progress
- 24% have trained majority of stakeholders in principles of EBP

37% in progress

16% planning

#### **Stage Two Survey Results**

## STAGE 2

#### INITIATION

- 1. Train and coach staff in motivational interviewing
- 2. Develop risk and needs assessment practices and train staff
- 3. Choose a model for effective one-on-one interventions and train staff
- 4. Develop a case plan template and train staff
- Create and implement a quality assurance system

- 90% implemented motivational interviewing
- 89% implemented a third or fourth generation risk assessment
- 29% use tools to address criminogenic needs during 1:1 appointments
- 47% develop case plans that focus on criminogenic needs
- 32% incorporate quality assurance and continuous quality assurance

#### **Stage Three Survey Results**

## STAGE

#### IMPLEMENTATION

- 1. Develop a caseload structure
- 2. Provide group-based cognitive behavioral interventions
- 3. Develop effective responses to prosocial and noncompliant behaviors, and train staff

- 79% use assessments to determine level of intensity
- 49% structure caseloads according to risk
- 71% use cognitive behavioral interventions internally or externally
- 48% have incorporated graduated responses

#### **Stage Four Survey Response**



#### **EVALUATION**

- 1. Create a performance management system
- 2. Align policies and practices with EBP
- 3. Conduct a gap analysis and develop a service matrix
- 4. Ensure sustainability

- 35% have aligned policies with EBP
  - 50% in progress
- 24% have a service matrix of available programs
  - 23% in progress
- 11% conducted gap analysis
  - 13% in progress
- 29% have a sustainability plan
  - 32% in progress

#### **Top Five Things Needed**

- Stakeholder buy-in
- Training (end user & train the trainer)
- Staff buy-in (line and management)
- Staffing/turnover
- Funding



#### **Full Survey Results**



https://ccappoap.com/ebp-resources/ebpstakeholder-resources/

#### Wins

- Counties have experienced decreases in
  - Caseloads
  - Violation petitions/hearings
  - Arrest/incidents
  - Jail populations
  - Recidivism



#### **BJA Grant Findings**

- Berks, Dauphin, and York
- 2017, 2022, and 2023
- 9,406 supervised individuals
- 176 less victims

# Observed reduction in recidivism of over 50%

#### **Panel**

April Billet, York County Probation Services
Jeffrey Angradi, Pike County Probation Office
Douglas Wilburne, Franklyn County Adult Probation
Regina Himes, Armstrong County Probation Services



#### **EBP Resources**



https://ccappoap.com/ebp-resources/