

# BRINGING COMMUNITY MEMBERS TO THE TABLE

Community Advisory Board (CAB)

Lived Experience Interviews



## Sharing lessons learned from community engagement efforts in York County:

A joint Community Advisory Board (CAB) gives people with lived experiences a clear voice across health, justice, and human services systems.

CAB assists with the York Community Detention Disparities Project, which blends systems data with lived experience to reduce racial and ethnic disparities in youth who have experienced detention.



GOALS



## **Melissa Plotkin**

*Executive Director  
York County Reentry  
Coalition*

*Planner, York County  
Criminal Justice Advisory  
Board*



## **Amy Evans**

*Assistant Director  
York County Human  
Services*

*Project Director  
CARD  
(Community Action for  
Recovery & Diversion)*



## **Katherine Gruver**

*Supervisor at York  
County Department of  
Probation Services*

*York County  
Coordinator: Crisis  
Intervention Team (CIT)*

*York County Project  
Coordinator of Stepping  
UP Initiative*



## STARTING UP A CAB

- Importance of bringing people with lived experience to the table
- Collaboration between gov't agencies, residents, and communities
- Improving justice, health, and human service systems



## HOW IT WORKS

CAB operation and participation:

- Supported by 8 community & gov't organizations who connect people to services like housing, public assistance, employment, education, and family support
- advocacy for people who are in substance use recovery, mental health recovery, and/or justice-involved
- encourages the sharing of resources across systems
- builds skills within the people directly affected by these organizations
- builds community and supportive relationships; includes an option to foster mentorship skills

## CAB IMPLEMENTATION STRATEGIES

An *implementation plan* outlines the steps that your team should take to accomplish a shared goal or objective

COUNTY & COMMUNITY STAKEHOLDERS

GOALS / STRUCTURE OF TEAM

BOARD MEMBERS

BYLAWS

STAFFING

INCENTIVES





## CAB MEMBERS

The CAB includes at least 12 people with lived experience with one or more of:

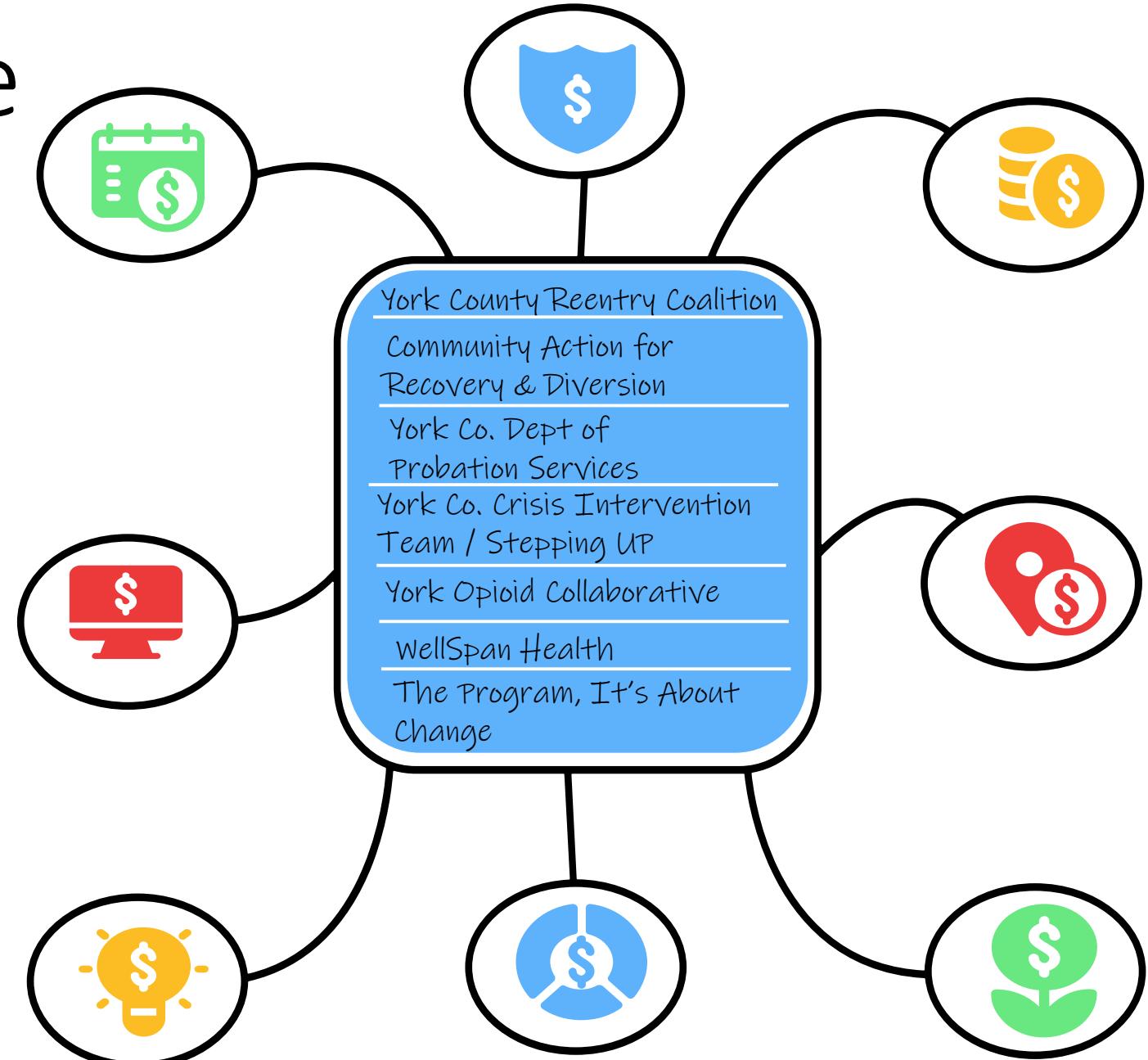
- the criminal justice system
- the family justice system
- co-occurring disorder and recovery
- substance use disorder and recovery
- mental health disorder and recovery

Membership also includes individuals from various geographic locations within York County.

# Community Voice

CAB helps gov't agencies & community-based orgs can better understand what the community needs and how to engage people.

- Effective decision making.
- Better relationships btwn stakeholders & with community.
- Prevention of delays or roadblocks.
- Risk management and accountability.
- Trust and goodwill.





# JOINT COMMUNITY ADVISORY BOARD



YORK COUNTY  
REENTRY COALITION



THE  
**STEPPING UP**  
INITIATIVE



*The Program*  
"It's About Change."





MEET

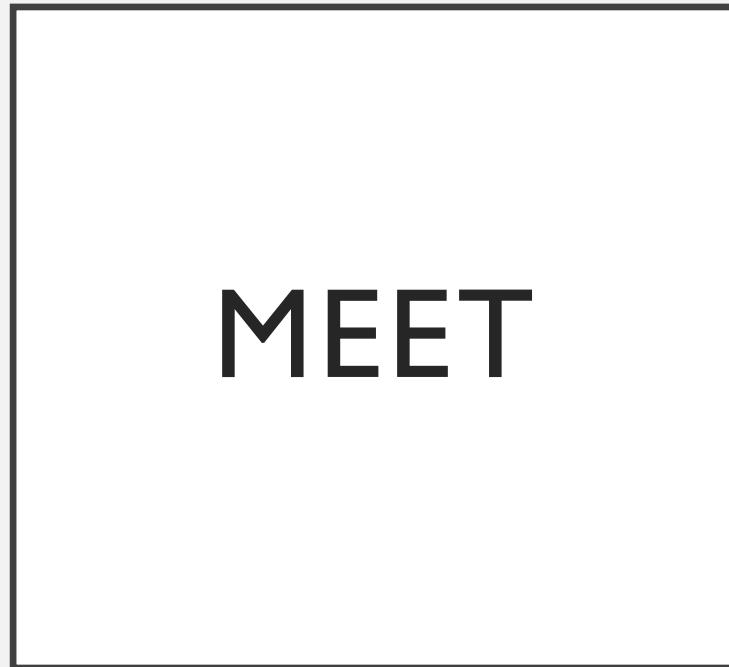
Becky Lockner  
*Chair*

MEET

Bernice Quesenberry

*Vice Chair*





**Brandon Moore**  
*Secretary*

# CRS ADVOCACY

The Certified Recovery Specialist's role is to support others in recovery from a substance use disorder

CRSs serve as role models, mentors, advocates and motivators to recovering individuals in order to help prevent relapse and promote long-term recovery

CAB activities:

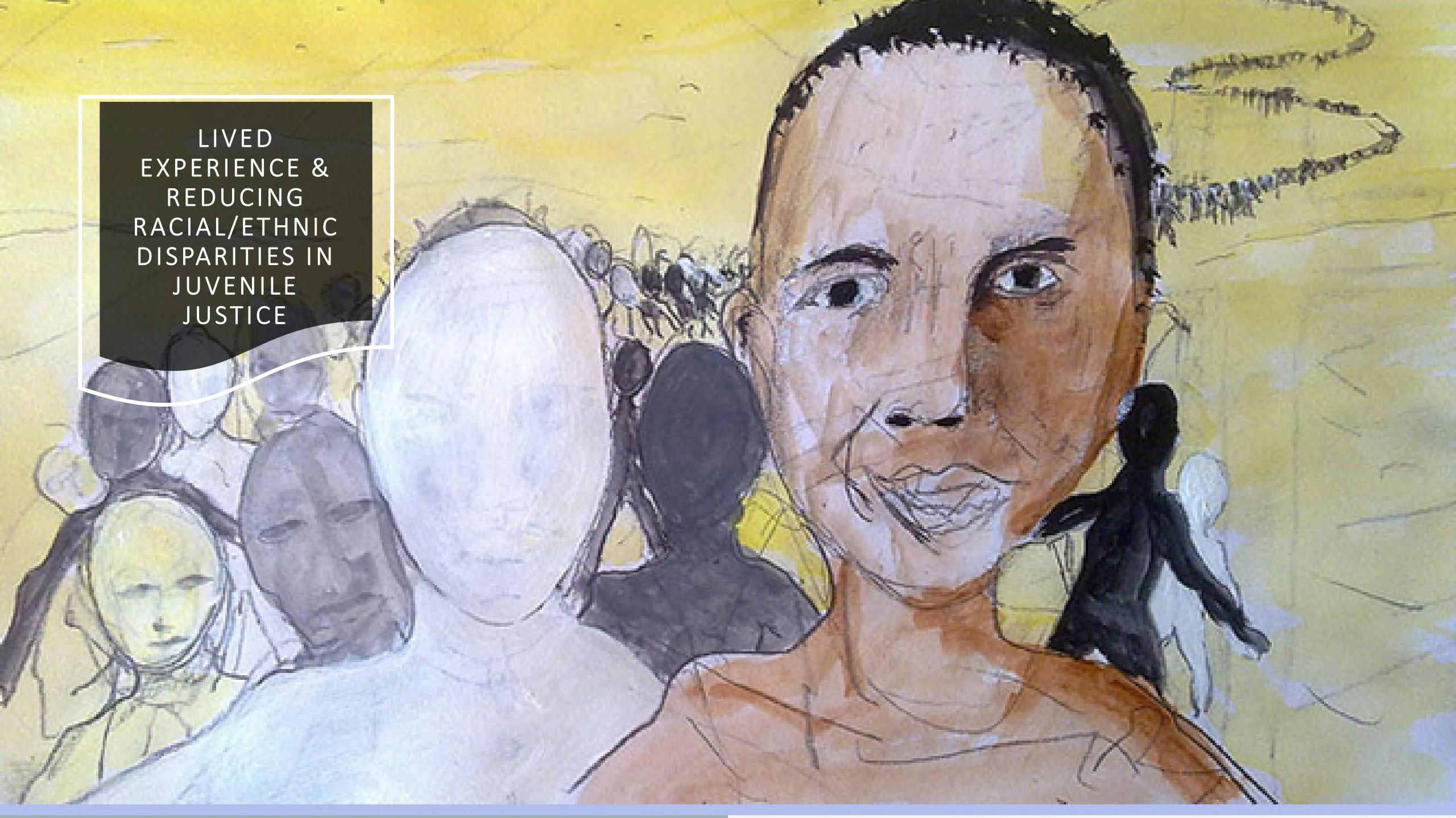
- CAB-sponsored CRS class w/scholarships
- Advocacy for living wage
- Advocacy for peer support across SIM





## BENEFITS

- Formal mechanism for ongoing consumer/client involvement
- Informs initiatives across organizations and systems
- Sharing of decision-making power
- CAB members become leaders
  - CJAB stakeholders
  - YCRC board member



LIVED  
EXPERIENCE &  
REDUCING  
RACIAL/ETHNIC  
DISPARITIES IN  
JUVENILE  
JUSTICE



## Youth & Family Interviews

- What to ask
- Who's asking
- Establishing trust
- Being trauma-informed
- Consent and compensation

# DOCUMENTS



Adobe Acrobat  
Document

*CAB Application*



Microsoft Word  
Document

*CAB expectations*

Q&A

