

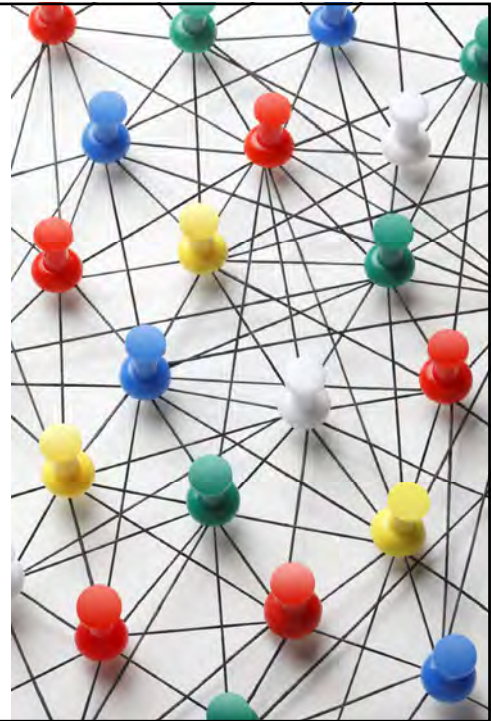
# Building Pathways to Recovery: Targeted Violence and Threat Management Essentials for Juvenile Justice Professionals

## Eric R. Patterson

Special Agent & Threat Management Coordinator  
Federal Bureau of Investigation, Philadelphia Field Office

## Jack Rozel

Co-director, UPMC Systemwide Threat Assessment and Response Team  
Professor of Psychiatry Law, University of Pittsburgh



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## Disclosures (Rozel)



- I have not received any payments or gifts from pharma, industry, or other ACCME-defined commercial interests since 2007
- I receive payments from government agencies, nonprofit organizations, and non-healthcare businesses for consultation, training, and expert witness work
- I work with many organizations; I speak only for myself

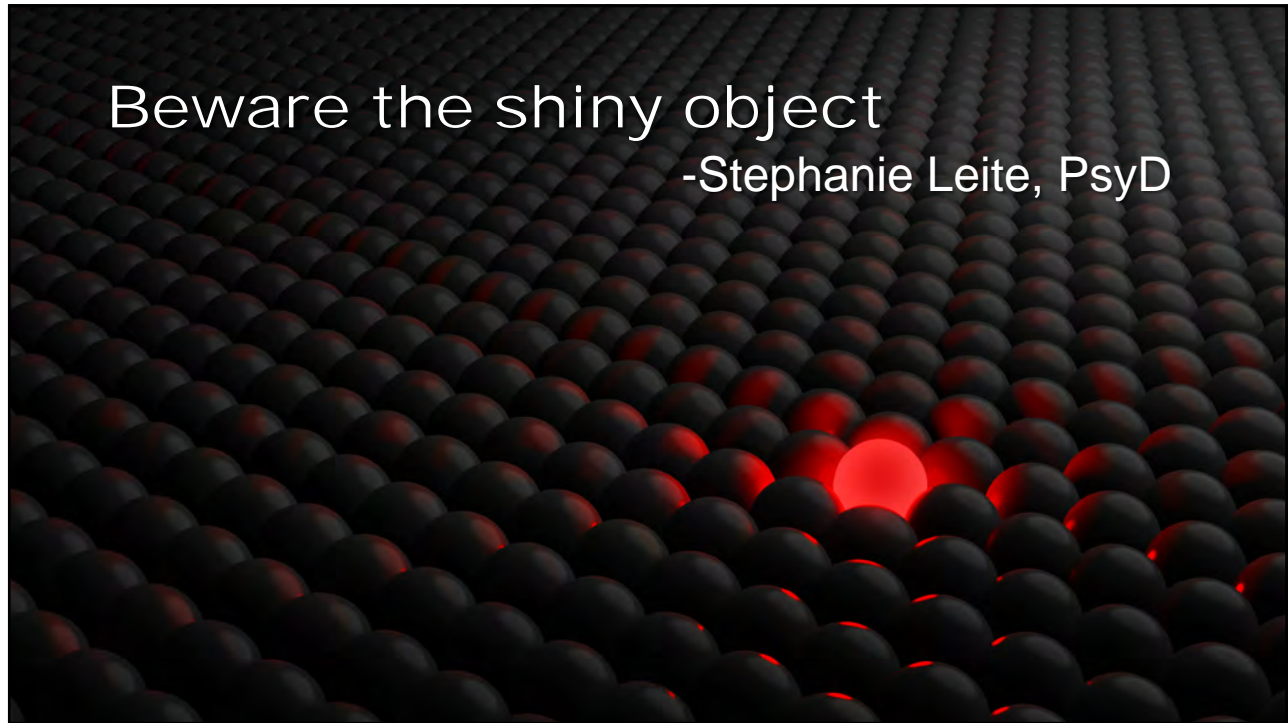
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## Beware the shiny object

-Stephanie Leite, PsyD

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If our only tool is psychiatry, we will fail to address violence

- Most violence is not attributable to mental illness or people with mental illness
- Most people with mental illness are not violent
- Most people with mental illness are more likely to be a victim of violent crime than to be a perpetrator
- We better get it right when there is an intersection of mental illness and violence risk
- We should still try and mitigate risk even if there is no intersection

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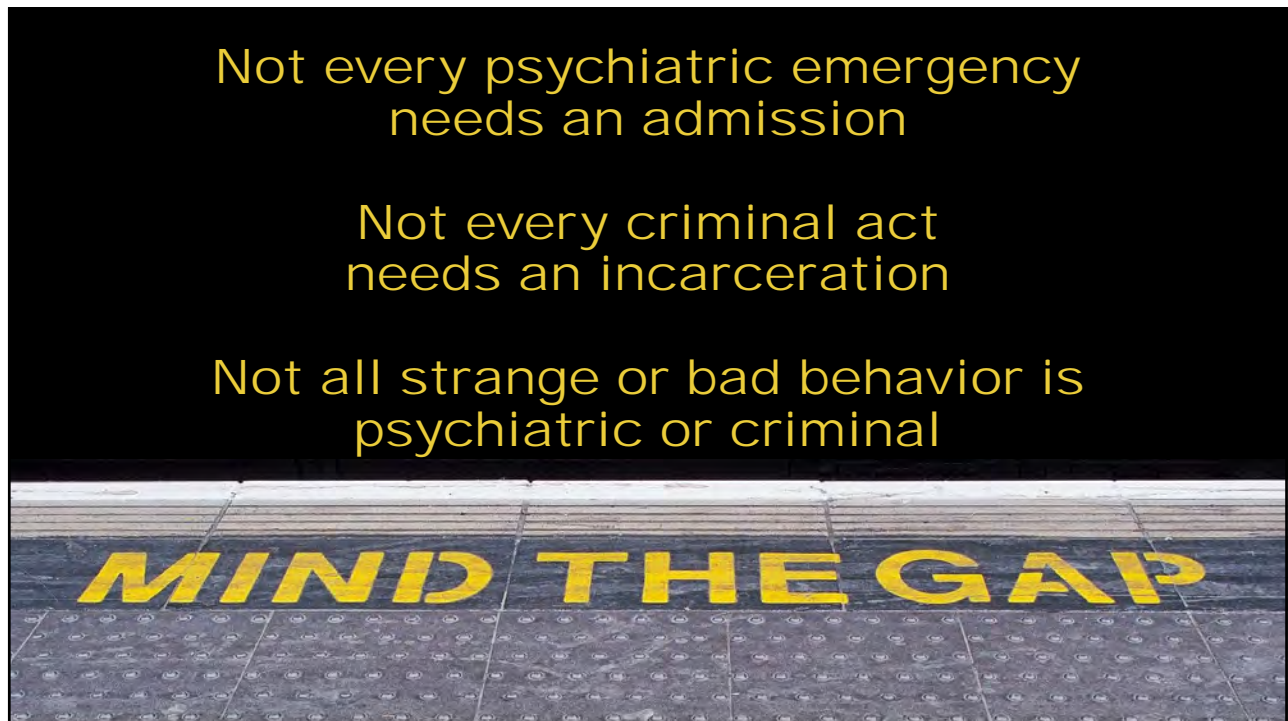
## Brian

- From the outpatient team:
  - 14M being evaluated for autism spectrum
  - Elaborate homicidal fantasies disclosed to psychologist
- From the school:
  - Fake email from a new parent to school leadership: "What do you do to keep students safe from shootings?"
- From law enforcement:
  - Mimicry in apparel, social media handles relating to Columbine
  - Favoriting social media posts on accessing firearms
- Community ER: "he says he was joking," not psychotic or suicidal, no indication for admission and is sent home

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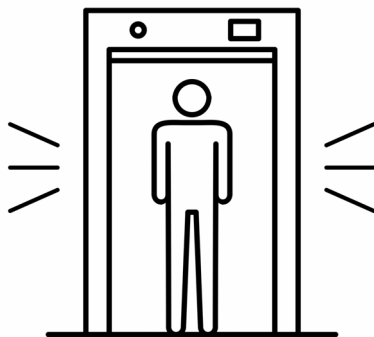
## Behavioral Threat Assessment and Management

- Using diverse teams of subject matter and operational experts to recognize and reduce violence risk before attacks happen
- **Evidence based** identification, investigation, prevention and follow up (case management\*)
- Evaluation triggered by behavior, and communication; not profiling by diagnosis, religion, ethnicity, etc.
- Diverse teams reduce discrimination and systemic bias
- **Mitigation of harm is the absolute goal**



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## Threat management works across settings and scales



- K12... and Pre and Higher Ed
- Workplaces
- Healthcare
- Houses of worship
- Retail, dining, and entertainment venues
- Stalking
- Intimate Partner and Domestic Violence
- Violent Extremism, hate crimes
- National security and counterterrorism

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Also, judicial protection...

## ***Shot Fired Through Window of Blackmun Home***

By **BEN A. FRANKLIN**

Special to The New York Times

WASHINGTON, March 4 — Associate Justice Harry A. Blackmun of the Supreme Court said today that someone fired a shot into his apartment last Thursday night, and Federal investigators said they had recovered a bullet from a chair. No one was injured.

The Federal Bureau of Investigation said the shot shattered a window of the Blackmun's third-floor apartment in Arlington, Va., just before 11 P.M. Thursday. The agency said the bullet

What's Sunday without The New York Times? Unthinkable! Delivery is now available in many parts of the U.S. Just call toll-free: 1-800-631-2500.—ADVT.

recovered was from a 9-millimeter weapon and could have been fired from either a rifle or a pistol.

The Justice and his wife, Dorothy, were at home at the time of the incident, the authorities said. The 12-story building in which they live is surrounded by other high-rise buildings.

Justice Blackmun, who is 76 years old, started receiving threats after he wrote the Court's majority opinion on abortions in 1973. The Court ruled, 7 to 2, that women have a constitutional right to abortions in the first six months of pregnancy.

Protests against that decision by various elements of the anti-abortion

movement have ranged from peaceful marches before the Supreme Court building to bombings at abortion clinics.

Law-enforcement officers said today that they had found no link between the shooting incident and written threats Justice Blackmun has received.


United Press International reported today that last week a typewritten letter said that the sender would kill Jus-

Continued on Page B5, Column 6

PAN AM IS OPERATING TODAY TO EUROPE, THE CARIBBEAN, LATIN AMERICA AND THE PACIFIC. CALL 1-800-221-1111 FOR FLIGHT INFORMATION.—ADVT.

NY Times, 3/5/1985, A1

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A multidisciplinary **threat assessment** team, in conjunction with the appropriate policies, tools, and training, is **the best practice** for preventing future tragedies.

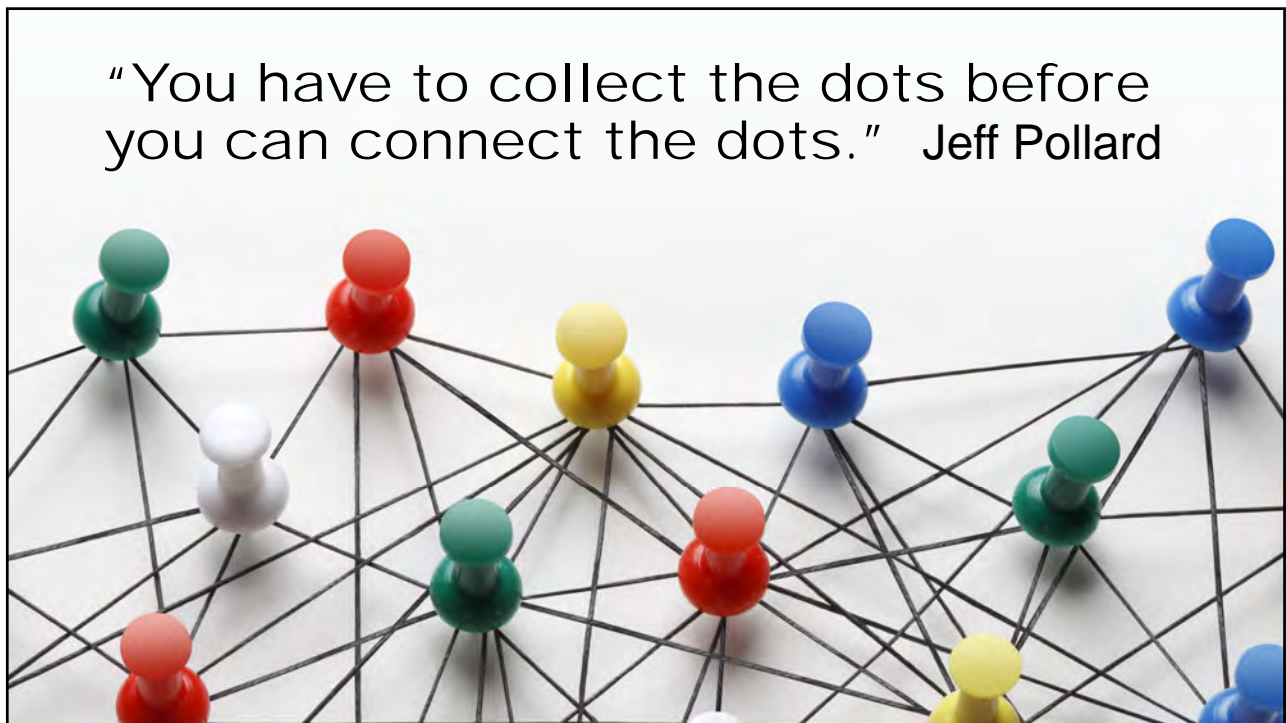
From the Protecting America's Schools report  
U.S. Secret Service, 2019

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A toolkit that is effective,  
ethical, evidence based,  
and equitable

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"You have to collect the dots before  
you can connect the dots." Jeff Pollard

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Disrupt risk factors  
Support protective factors

	<b>Static</b>	<b>Dynamic</b>
<b>Risk</b>	<b>Increase likelihood of bad outcome, cannot be altered</b>	<b>Increase likelihood of bad outcome, need to be altered with interventions</b>
<b>Protective</b>	<b>Decrease likelihood of bad outcome, cannot be changed</b>	<b>Decrease likelihood of bad outcome, need to be monitored and supported!</b>

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## Investigate all **THREATS**<sup>3</sup> (Barnhorst & Rozel 2021)

- T Threats**, leakage, or other statements of intent to harm
- H History of violence**, especially with the identified target
- R Recent stressors** (relationships, school, \$\$\$, housing, health, vic)
- E Ethanol** / other drug use esp current/recent intoxication
- A Agitated/annoyed** easily (Hostile Attributional Style)
- T Takes no responsibility** (External Attributional Style)
- S Suicidality**, increasing hopelessness
- S Symptomatic** psychiatric illness, especially psychosis
- S Specific** target, plan, means, access

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-  Storing corn
-  Solving complex risk scenarios

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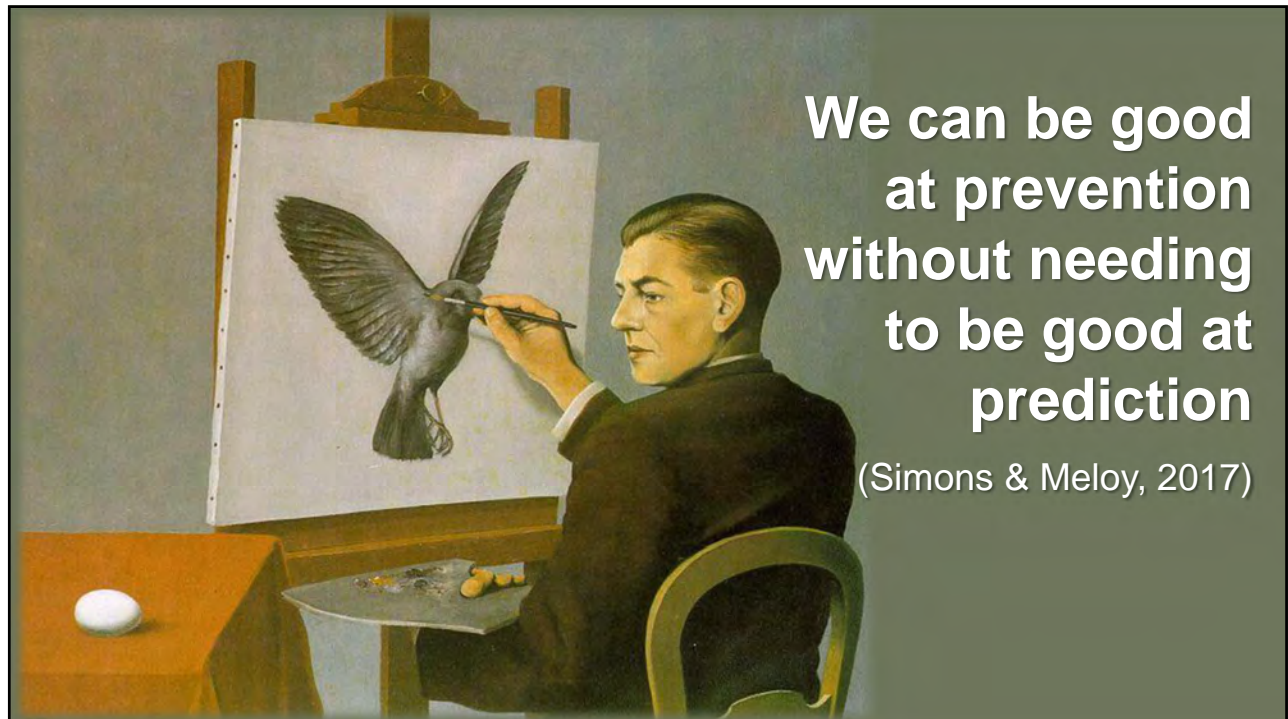
As many as 80% of assailants leak or threaten (Lankford et al 2019, Mitchell 2019 et al, Meloy & O'Toole 2011)

A **threat** is a communication to a target of intent to do harm.

**Leakage** is the communication to a third party of an intent to do harm.



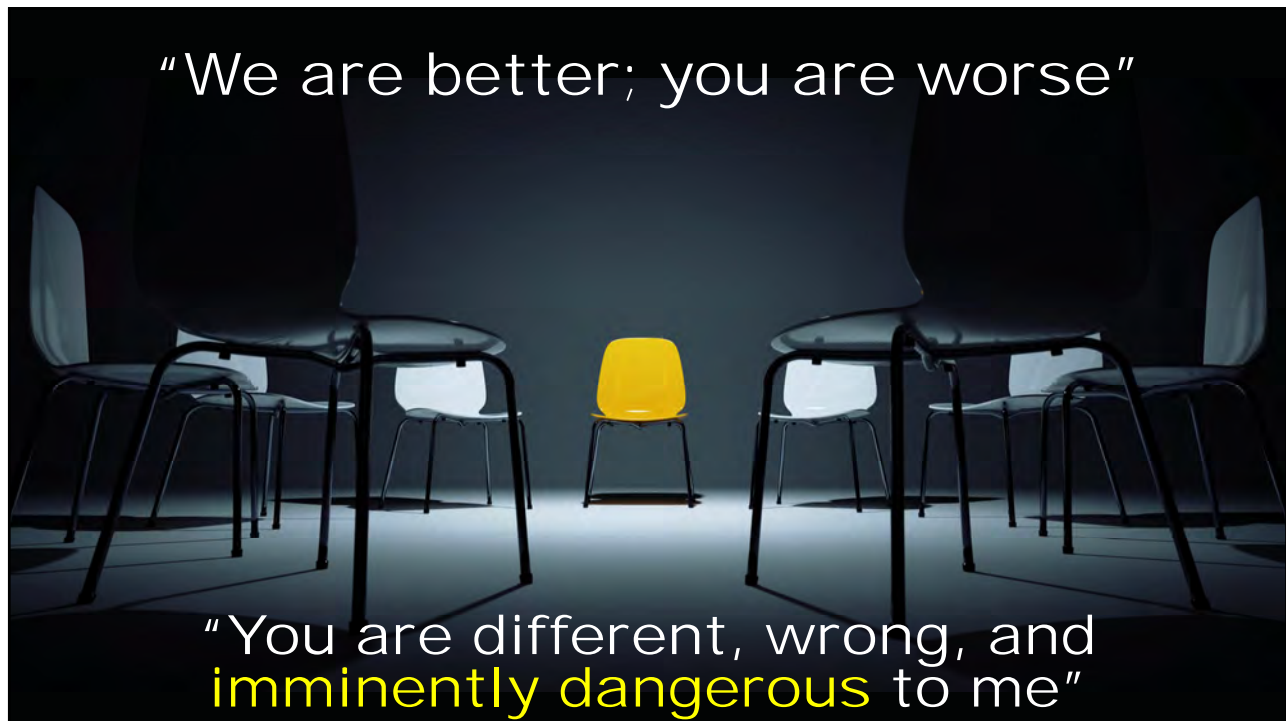
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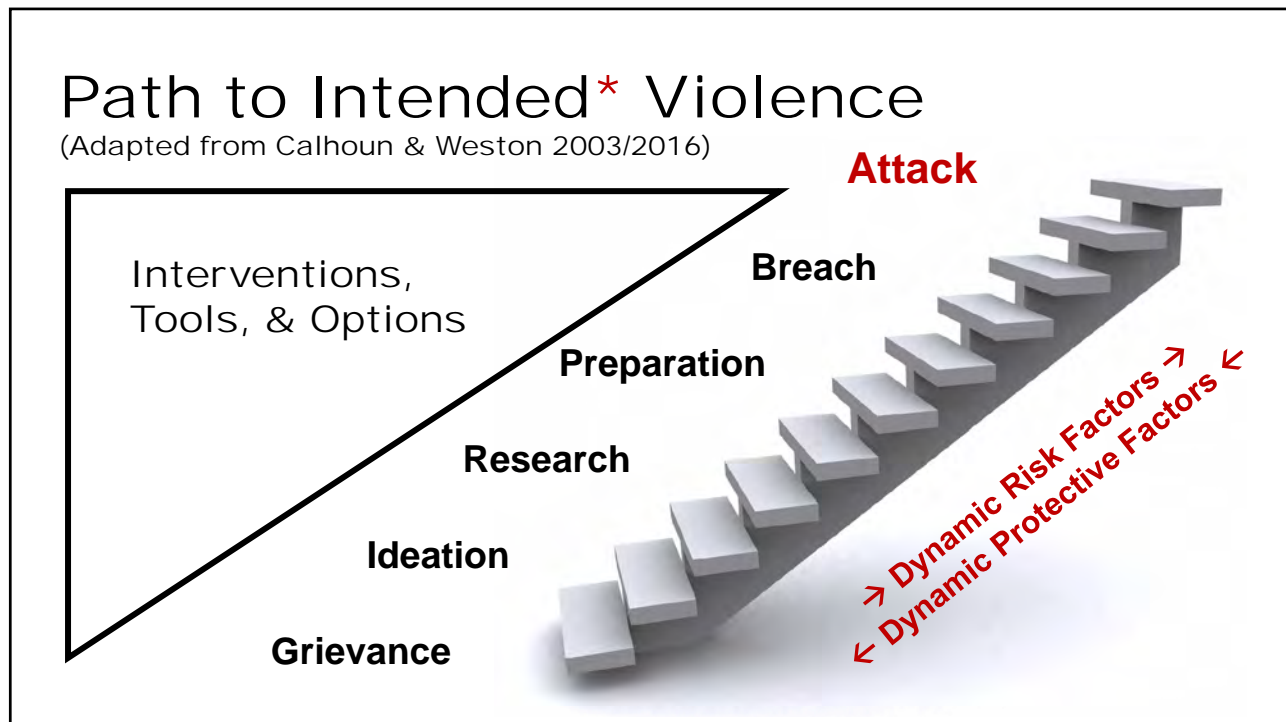
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## How can I help?

- An illness that can be treated
- A legitimate grievance that can be addressed
- An error that can be apologized for
- A psychosocial stressor that I can mitigate
- A strength I can amplify
- A protective factor I can add or reinforce
- Soft landings & supported exits
- Maintain connection

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## How can I hurt?

- Acting out of bias
- Ignore concerns – ignore the dots
- Punish / Push away
- Zero tolerance
- Scare / alienate
- Hard landings / fast exits



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## What can make a difference in the courtroom?

### **Risk reducing**

- Enhancing protective factors and supports
- Encouraging appropriate information sharing
- Encouraging collaboration
- Focusing on safety and harm reduction
- Close support and supervision

### **Risk magnifying**

- Separation from supports and adding stressors
- Siloing information
- Discouraging collaboration
- Focusing on punishment and justice
- Out of sight, out of mind; “rocket docket”

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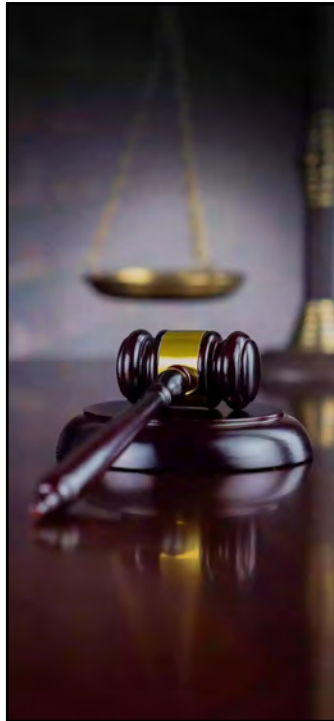


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## Nonviolent offenses which may precede violent behavior

- Trespass
- Harassing communication
- Failure to appear
- Fraud
- Financial crime
- Drug/alcohol violations
- Municipal code violations
- Disturbing the peace
- Neglect
- Weapon possession / violations

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## Courtroom Considerations

- Sovereign Citizens, Conspiracists, and pseudolaw
- Extended monitoring
- Extended supervision
- Evaluation for treatment
- Mandated treatment
- Leveraging GMI pleas
- Role for specialty court teams

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It's getting harder and harder to diagnose paranoia.

## Not every evaluation is equal

- Emergency departments are great for determining need for admission (imminent danger + appropriate diagnosis)
  - Cheap, quick, low accuracy
- Outpatient mental health is great for treating ongoing issues
- Forensic evaluation is great for threat evaluations, CST, NGRI, tx recommendations for high risk
  - Not cheap, not quick

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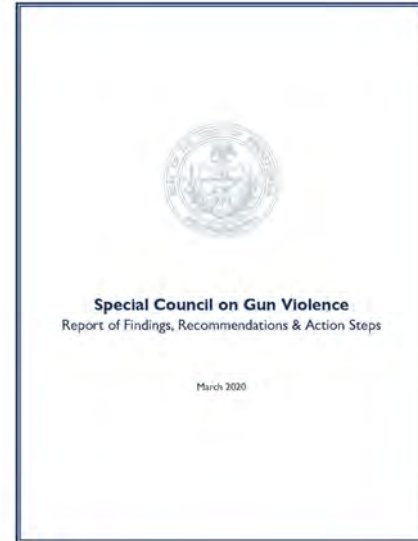
## Mass shootings and killings in Pennsylvania

- 4/17/2022, AirBnB, 2 killed 11 injured (scores of witnesses; no arrests made)
- 10/27/2018, Tree of Life, 11 killed, 6 injured (antisemitic)
- 3/9/2016, Wilksburg, 6 killed, 3 injured (two arrested, one dismissed one acquitted)
- 8/4/2009, Bridgeville LA Fitness, 3 killed 9 injured (incel)
- 10/02/2006, West Nickel Mines, 5 killed, 5 injured (anti-Amish)
- 3/1/2000, Wilksburg, 3 killed, 2 injured (antiwhite / antisemitic)
  
- 7/26/1764, Enoch Brown School, 10 killed, 1 injured (Pontiac's War)

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# Governor's Special Council on Gun Violence

- Threat management
- Improved collection of data on injuries, deaths, crimes
- Improved, evidence based education for owners, dealers, and health professionals
- No consensus
  - Universal background checks
  - Child access prevention laws / incentives
  - Safer storage laws / incentives
  - Lost / stolen gun reporting laws / incentives
  - Exploration of ERPOs




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## Spreading awareness


- Community
  - Awareness of risk indicators
  - Trust in reporting systems
- Credible receivers
  - Aid in spreading community awareness
  - Facilitate sharing of information
  - Aid in understanding and supporting POIs / families
- Multidisciplinary Behavioral Threat Management Teams
  - Operational and Discipline SMEs

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Thank you!

**Jack Rozel, MD, MSL**  
rozeljs@upmc.edu  
412-864-5013

 [linkedin.com/in/jackrozel](https://www.linkedin.com/in/jackrozel)  
 @ViolenceWonks

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**Applying Positive Psychology in TATM**

**Eric R. Patterson**

**FBI Philadelphia – Special Agent | Threat Management Coordinator**

[epatterson@fbi.gov](mailto:epatterson@fbi.gov)

**Penn State University – Adjunct Professor**

[epatterson@psu.edu](mailto:epatterson@psu.edu)

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Mina Cikare (Harvard – Us vs Them, Polarization, Dehumanization)

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FEDERAL BUREAU OF INVESTIGATION (FBI)  
COMMUNITY ANTI-THREATS OFFICER PROGRAM

## **Background on CATO & CATT**

### **Community Anti-Threats Officer (CATO) Program:**

The FBI's Community Anti Threats Officer (CATO) Program was designed to increase the operational capabilities of law enforcement officers, probation & parole officers, and school resource officers working targeted acts of violence investigations. CATO Program members will form the investigative arm of multi-disciplinary Threat Assessment Threat Management (TATM) Teams and serve both operational and training roles within their agencies and their community.

### **What are the goals of the CATO Program?**

1. Stop acts of targeted violence through partnering with law enforcement agencies at the local, county, state and federal level(s)
2. Move from a reactive policing strategy to a proactive / preventative strategy through engagement with local, county, state and federal law enforcement agencies and the communities they serve
3. Create SOPs for working threats of targeted violence investigations in partnership with our local, county, state and federal law enforcement partners
4. Establish county and regional TATM Teams to address targeted acts of violence with non-law enforcement community partners
5. Increase awareness of potential threats of targeted violence by providing training to CATOs fellow officers and community members
6. Increase response/surge capabilities to critical incidents

### **Who is eligible to become a member of the CATO Program?**

- Sworn Law Enforcement Officers
- Probation & Parole Officers (Adult & Juvenile)
- School Resource Officers

### **What are the benefits to an agency for enrolling in the CATO Program?**

- CATOs are trained in best practices for working threats investigations
- CATOs become their agency's subject matter experts on threats investigations
- CATOs become their agency's designee to their county TATM Team
- CATOs receive:
  - Monthly CATO Operational Meetings, which includes:
    - FBI and Pennsylvania State Police (PSP) Intelligence Briefs
    - Area of Responsibility (AOR) Awareness Brief
    - Post-Attacks Analysis of Recent Mass Casualty Attacks
    - Calendar of Upcoming Events

- TATM Training Announcements
- CATO Monthly Bulletin, which includes:
  - Summary of most recent CATO Operational Meeting
  - Briefing Points for Fellow Officers
- Quarterly virtual training, which includes:
  - Training for all CATO & CATT Members on best practices for multi-disciplinary TATM Teams on how to prevent targeted acts of violence.

### **How do you sign up to become a member of the CATO Program?**

- To sign up for the CATO Program, please have your commanding officer send an email to [FBI-CATO@fbi.gov](mailto:FBI-CATO@fbi.gov) and cc SA Eric Patterson ([epatterson@fbi.gov](mailto:epatterson@fbi.gov)) with the below information.
  - **CATO contact info:**
    - Name:
    - Rank:
    - PD:
    - County:
    - Work Address:
    - Email:
    - Cell #:
    - Work #:
  - **Command Staff, to include Chief's contact info:**
    - Name:
    - Rank:
    - PD:
    - County:
    - Work Address:
    - Email:
    - Cell #:
    - Work #:
- All CATOs are **required** to register for the CATT SharePoint Site hosted by Penn State University.

### **Community Anti-Threat Team (CATT) Program:**

The Community Anti-Threat Team (CATT) Program is our partnership group between the FBI and Penn State University (PSU) that brings together our community stakeholders to prevent, assess, monitor, and mitigate threats of targeted violence in our communities. The CATT Program serves as a resource to operational county and regional multi-disciplinary TATM Teams.

### **What are the goals of the Community Anti-Threat Team (CATT)?**

1. Stop acts of targeted violence through partnering with local and county multidisciplinary operational TATM Teams.
2. Serve as a training resource, based on best practices, to create SOPs for preventing targeted acts of violence.
3. Establish a mutual aid network for the operational county and regional TATM Teams who may not have the resources needed to handle a particular person of interest (POI) and/or the anchor(s) attached to the POI.

4. Serve as a national level resource, through the FBI's Behavioral Analysis Unit – Behavioral Threat Assessment Center (BAU-BTAC), for operational county TATM Teams who need additional resources for developing a TATM strategy for a POI.

#### **Who is eligible to enroll in the CATT Program?**

- Police Departments
- Prosecutor's Offices
- Mental Health
- Social Services
- Children & Youth
- Probation & Patrol (Adult & Juvenile)
- Education (K-12 & Higher-Ed)

#### **What are the benefits of being enrolled in the CATT Program?**

CATT Program members have access to the CATT SharePoint site, which serves as a training hub for our county and regional multi-disciplinary TATM Teams. To register for the CATT SharePoint Site, please use the following link: [Register for the CATT SharePoint Site](#)

CATT Program members receive quarterly virtual training, which is based off national best practices from the following entities:

- FBI – Behavioral Threat Assessment Center (BTAC): [Prevent Mass Violence — FBI](#)
- Association of Threat Assessment Professionals (ATAP): [Association of Threat Assessment Professionals \(atapworldwide.org\)](#)
- U.S. Secret Service – National Threat Assessment Center (NTAC): [National Threat Assessment Center \(secretservice.gov\)](#)
- Eradicate Hate Global Summit - Prevention Practitioner's Network: [Prevention Practitioners Network | Eradicate Hate Global Summit \(eradicatehatesummit.org\)](#)
- Department of Homeland Security – Center for Prevention Programs and Partnerships (CP3): [Center for Prevention Programs and Partnerships | Homeland Security \(dhs.gov\)](#)

For any questions regarding the FBI's CATO Program or CATT Program, please contact:

**Special Agent Eric R. Patterson**  
**CATO Program Coordinator | Threat Management Coordinator**  
**FBI - Philadelphia Field Office**  
**Cell: (717) 673-0250**  
**Email: [epatterson@fbi.gov](mailto:epatterson@fbi.gov) | [FBI-CATO@fbi.gov](mailto:FBI-CATO@fbi.gov)**

**Applying Positive Psychology in TATM**

**Eric R. Patterson**

**FBI Philadelphia – Special Agent | Threat Management Coordinator**

[epatterson@fbi.gov](mailto:epatterson@fbi.gov)

**Penn State University – Adjunct Professor**

[epatterson@psu.edu](mailto:epatterson@psu.edu)

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Ed Diener (\*\*deceased\*\* Formerly associated with Gallup Poles, Utah and UVA – Subjective Well-Being)

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