

School Health Update



DIVISION OF SCHOOL HEALTH

Division Chief School Health

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A reminder to contact the School Health Nurse Consultant in your region. Contact information below:

School Health Nurse Consultants

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As a reminder, if there have been any changes regarding new nursing staff, nurse retirements, etc. please notify your school nurse consultant of the changes so we may keep our distribution lists up to date.



REMINDER

CHRONIC DISEASE COUNT



Data is collected between **March 15 and March 30**.

The information should be saved for entry into the SHARRS report once opened in May.

The SHARRS instruction manual Chapter 13 provides further guidance on collecting this data.

<https://www.health.pa.gov/topics/Documents/School%20Health/SHARRS%20User%20Instruction%20Manual%202020.pdf>



What are Federally Qualified Health Centers (FQHC)?

- FQHCs provide primary care services to all people, regardless of their ability to pay.
- Practice an integrated approach to care with many centers having physical, behavioral, oral, and vision health services all under one roof.
- There are 51 different organizations, serving 1,000,000 patients annually, with greater than 375 organizational sites statewide.

You can find a health center near you at PACHC's (the statewide FQHC association) [website](#).

- PA Department of Human Services (DHS) recently launched their PA Navigate tool, where you can search to find social services by zip code <https://pa-navigate.org/>

Child Abuse Education for School Nurses – *Now Scheduling for 2024*

School nurses play a critical role in cases of suspected child abuse and that is why we have a training program created just for you. Whether you're new to the field or a seasoned professional, it's important to know your legal responsibility as a mandated reporter and to focus on the clinical aspects of abuse and neglect. Suspected Child Abuse and Neglect for School Nurses is a 3-hour program offered through the PA Chapter, American Academy of Pediatrics that meets requirements for Acts 31, 126, 48 and 58. The presentation is for groups of at least 12 school nurses and is offered in person **or** virtually. **Please note that this is not an online course and is not for individuals.**

While many school personnel would benefit from this training, it is only offered to school nurses and school health practitioners.

If you are interested in scheduling a presentation, submit your requested date and time at www.pascan.org

Contact Teresa Olsen at tolsen@paaap.org with any questions.

Dental Hygiene Services Program (DHSP)

DHSP will open April 1 and close April 30

Schools that have a Dental Hygiene Services Program but do not have a hygienist hired, a plan developed and approved by the school dentist and administrator, and plan information submitted to the Division of School Health by April 30 will automatically revert to a Mandated Dental Program. The Dental Hygiene Authorization Plan must be closed before SHARRS can be opened in order for the system to process reports correctly. **Once reverted to a mandated program it cannot be changed to a dental hygiene program after the closing date due to processing requirements.**

[PA Dept. of Health SHARRS](#)

Dental – Act 55

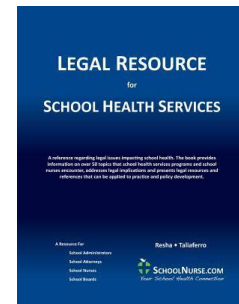
Act 55 - Mandated Dental Program The mandated dental program previously required the completion of dental examinations by a dentist licensed within the Commonwealth of Pennsylvania. On December 14, 2023, [Act 55](#) was signed into law in Pennsylvania. The law amended Section 1403 of the Public School Code, related to dental examinations and dental hygiene services. Act 55 amended the language of school based “dental examinations” to “dental screenings,” and enables public health dental hygiene practitioners (PHDHP) to complete the mandated dental screenings (upon original school entry, while in 3rd grade and while in 7th grade). Updated Dental health program information, forms and guidelines may be located on the Department of Health Division of School Health website linked here: [Dental Health Program](#).



Resources **

**The Division of School Health may not endorse any products/programs

[Legal Resource for School Health Services \(LRSHS\) Publication Update | The Pennsylvania Association of School Nurses and Practitioners | Nursing Network](#)



§ 21.11. General functions.

(a) The registered nurse assesses human responses and plans, implements and evaluates nursing care for individuals or families for whom the nurse is responsible. In carrying out this responsibility, the nurse performs all of the following functions:

(d) The Board recognizes standards of practice and professional codes of behavior, as developed by appropriate nursing associations, as the criteria for assuring safe and effective practice.

NASN School Nurse Scope and Standards of Practice 4th Edition

<https://www.nasn.org/nasn-resources/resources-by-topic/scope-standards>

New in this edition:

- Updated NASN Code of Ethics
- Section on Social Justice
- Updated statistics of the profession
- Ecological Model of School Nursing
- Emergency and Disaster Preparedness
- Updated Trends in School Nursing
- Changes to the Standards of Professional Performance:
 - Addition of Advocacy,
 - Environmental Health
 - Migration of Program Management competencies to other standards
- Updated Glossary

CONTINUING EDUCATION RESOURCES

- **PLANNING FOR SUCCESS: AUTISM IN THE SCHOOL NURSE'S OFFICE** – February 20, 6-7 [PLANNING FOR SUCCESS: AUTISM IN THE SCHOOL NURSE'S OFFICE | The Pennsylvania Association of School Nurses and Practitioners | Nursing Network](#)
- **Penn State Health Children's Hospital School Nurse Conference -Virtual** – Mon, Feb 19th, 2024, 8:00 AM - 3:00 PM <https://www.pennstatehealth.org/locations/milton-s-hershey-medical-center/health-care-professionals/nursing/professional-education>
- **CSPAP Comprehensive School Physical Activity Programs** - Earn 7 Act 48 Credits through these Free Workshops <https://www.shapeamerica.org/MemberPortal/cspap/what.aspx#:~:text=A%20CSPAP%20is%20a%20multi,physically%20active%20for%20a%20lifetime.>
- **PASNAP** conference March 22-24, 2024 [The Pennsylvania Association of School Nurses and Practitioners | Nursing Network](#)
- **NBCSN** learning opportunities <https://www.nbcsn.org/approved-continuing-education/>
- **CDC** learning opportunities when you create an account in [Training and Continuing Education Online \(TCEO\)](#)
- **Penn State Annual Immunization Conference** June 13th Hershey Lodge. <https://ce.med.psu.edu/pennsylvania-immunization-conference/>
- **American School Health Association Annual School Health Conference** October 16-18 Pittsburgh, PA <https://whoava.com/web/1BP8TZdWwgHCylj9iVw4a@QUWcKlcfkPlh8gz44-afc=/>
- **TRAIN PA** is a gateway into the [TRAIN Learning Network](#), the most comprehensive catalog of public health training opportunities for professionals who serve the citizens of Pennsylvania. TRAIN is a free service for learners from the Public Health Foundation.



MENTAL HEALTH AWARENESS RESOURCES

- **DHS launched their PA Navigate tool last week**, where you can search to find social services by zip code
<https://pa-navigate.org/>
- PA Navigate's primary goal is to boost communication between health care and social services to improve follow-through on referrals, as well as to act as a support finder for citizens.
- **PA Dept. of Health**
<https://www.health.pa.gov/topics/school/Pages/Mental-Health.aspx>
- **PA Dept. of Education**
<https://www.education.pa.gov/Schools/safeschools/MentalHealth/Pages/default.aspx>
- **CDC**
[Promoting Mental Health and Well-Being in Schools | CDC](#)
- **CDC - School Nurse Study**
[School Nurses Mental Health Study | Healthy Schools | CDC](#)
- **NASN**
<https://www.nasn.org/nasn-resources/resources-by-topic/mental-health>
- **NASN – The Behavioral Health and Wellness of Students**
<https://www.nasn.org/nasn-resources/professional-practice-documents/position-statements/ps-behavioral-health>
- **PA Dept. of Education Penn State Pro Wellness**
<https://prowellness.childrens.pennstatehealth.org/school/mental-wellness/>
- **School nurses: An investment in student achievement** - Erin D. Maughan April 6, 2018
<https://kappanonline.org/maughan-school-nurses-investment-student-achievement/>
- **Elevating the Role of School Nurses in School Based Mental and Behavioral Health A Consensus Document June 2023**
[CDC-03_SBMH_Consensus_Document_edited_6-14-23-2.pdf \(higherlogicdownload.s3.amazonaws.com\)](#)
- **NAMI**
[Teens | NAMI: National Alliance on Mental Illness](#)

The Importance of Self Care

Because YOU Matter... Please Remember....



ANA Code of Ethics – Provision 5

5.1 Duties to Self and Others

5.2 Promotion of Personal Health, Safety and Well Being

[View the Code of Ethics for Nurses | ANA \(nursingworld.org\)](https://www.nursingworld.org)



“Breathe. Let go. And remind yourself that this very moment is the only one you know you have for sure.” **Oprah**

“To experience peace does not mean that your life is always blissful. It means that you are capable of tapping into a blissful state of mind amidst the normal chaos of a hectic life.” **Jill Bolte Taylor**

“Allow yourself to enjoy each happy moment in your life.” **Steve Maraboli**

A Sincere **Thank You** for all you do for PK-12 School Students, Families and Staff

