



Ticks live in your backyard.

Before spending time in your yard:

Spray exposed skin

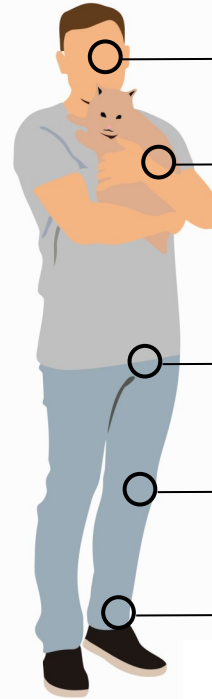
Spray exposed skin with an EPA-registered **insect repellent**. Look for ingredients like DEET, picaridin, oil of lemon eucalyptus, or IR3535.

Dress in light colors

It is easier to **check for ticks** on light colors.

Use a lasting treatment

Purchase pretreated items such as socks and spray shoes, clothes, and seating with **permethrin**, and follow bottle directions.



Ticks live in grasses, brush, and wooded areas including landscaped areas.

Add a mulch barrier around your yard to help to keep ticks out, especially if your yard is bordered by brushy overgrown areas.

- **Remove or limit brush** if possible.
- **Keep your grass shorter than two inches** and clean up the grass clippings.
- **Keeping woodpiles neat** and away from areas where children and pets play.
- No matter what precautions you take, **always check for ticks** after returning indoors.



Only **Deer Ticks** carry Lyme Disease..



PROTECT. CHECK. REMOVE.

health.pa.gov/ticks



Pennsylvania
Department of Health

