



# Know the facts about LYME DISEASE!

**Lyme disease is common!**

About 100,000 people get Lyme disease in Pennsylvania every year. That means currently about **1 out of every 100** Pennsylvanians have it

**Lyme disease is caused by tick bites.**

A tick called ***Ixodes scapularis, or deer tick***, can carry the bacteria that causes Lyme disease.

**Lyme disease can be prevented.**

Using **insect repellent on your skin and permethrin** on your clothes, shoes/boots, and gear can prevent ticks from attaching to you and transmitting Lyme disease. Perform tick checks at the end of the day and immediately remove any ticks you find.

**Lyme disease can be treated.**

Yes, **Lyme disease can be treated with antibiotics!** It's best to see your doctor as soon as you develop symptoms to get started on antibiotics, which can kill the bacteria that causes Lyme disease.

**Lyme is a serious disease.**

**Lyme disease can make you very sick.** You can develop a fever and a red, oval rash. You may feel like you have the flu in the summer. You can later develop arthritis and swelling in your joints. Lyme disease can even cause heart problems and make it hard to remember things.