



Everyone 6 months and older is recommended to get the flu vaccine, especially those who work with birds, cows, and pigs.

- The seasonal flu vaccine won't protect against H5 bird flu, but it does help prevent severe illness from seasonal flu. This can ease the strain on health care systems and make it easier for public health agencies to detect any potential H5 bird flu cases.
- Fewer seasonal flu cases mean fewer chances for rare co-infections with both human and avian flu viruses.
- The seasonal flu vaccine has been shown to reduce the risk of needing a doctor's visit due to flu by 40% to 60%. This can help keep employees working during flu season.

The federal government is not supplying additional flu vaccine doses to farm workers in Pennsylvania.

The CDC has provided over 100,000 flu vaccine doses to [12 states](#) (Pennsylvania is not included) affected by H5 bird flu in animals. At this time, there is no expectation for additional states to be added to this special initiative.

How can Pennsylvania farm workers get vaccinated?

- **Insurance-Covered Vaccines:** Most health insurance plans cover flu vaccines, which are available at health care providers and pharmacies. Use [Vaccine Finder](#) to locate nearby locations.
- **No Insurance?:** [Pennsylvania state health centers](#) offer flu vaccines for people without insurance as well as for those whose insurance does not cover vaccines. Schedule by calling 877-PA-Health.
- **Federally qualified health centers (FQHC):** These locations also provide vaccines on a sliding fee scale and may offer mobile clinics. Contact FQHCs directly for availability. Many FQHCs also have available flu vaccines for those without insurance administered at their locations.
- **On-Site Clinics:** Pharmacies may offer on-site flu clinics. (This is not a comprehensive list nor is it an endorsement of any of these partners.) To learn more about setting up a clinic visit their webpages:
 - CVS: <https://www.cvs.com/immunizations/flu/clinics>
 - Rite Aid: <https://www.riteaid.com/pharmacy/services/vaccine-central/workplace-flu-shot-program/shield-your-workforce>
 - Walgreens: <https://www.walgreens.com/topic/pharmacy/immunization-services-appointments.jsp>
 - Giant: <https://giantfoodstores.com/pages/tgc-vaccines>
 - Many local community pharmacies may also be available and open to offering flu clinics in your area.
- **Local Health Departments:** Some [county and municipal health departments \(CMHDs\)](#) offer free or low-cost vaccines. Farms in CMHD areas should reach out for vaccination options.

Need Help Administering the Vaccine?

If the above vaccination options do not work, you may contact the PA Department of Health to inquire about further assistance. Availability depends on the business size and department resources which may be limited. Contact 877-PA-Health to inquire more about this option.