



**Vaccines protect me** from becoming very sick from **flu, RSV, COVID-19, and pneumococcal disease.**

**Vaccines also help prevent me** from **spreading disease** to family, friends, and others.

# STAY HEALTHY THIS RESPIRATORY VIRUS SEASON!



Everyone 6 months and older should be vaccinated for **flu** and **COVID-19** every year.

**It is safe to get both at once.**

**It's never too late** to get a flu shot, and COVID-19 vaccines are available year-round.



Infants, toddlers, pregnant women, and older adults should be vaccinated for **Respiratory Syncytial Virus (RSV).**

**Ask your doctor about the best option for you and your children.**

**RSV vaccines** for adults are a one-time shot.



**Pneumococcal vaccines (PCVs)** are recommended for children under 5 and adults 50+.

**PCVs** prevent severe bacterial infections like **pneumonia** (a lung infection).

Reach out to your local health department for details.

**Scan the code** to visit [vaccines.gov](https://vaccines.gov),



**or click the link** to find out where to [get vaccinated](https://vaccines.gov).

Vaccines are available at pharmacies, doctor's offices, or state health or federally qualified health centers.



**Stay Protected, Stay Informed!**  
Get your vaccines today!