

Federal Worker Resource Directory



Pennsylvania
Department of Labor & Industry

This is not a full list of every service organization that may be able to provide assistance in your local area. For customized, personal assistance please contact your local Rapid Response Coordinator or your local PA CareerLink®



PA Unemployment Compensation Assistance

To Open New Claim or Reopen Existing Claim

📞 1-888-313-7284

Step-by-step Instructions on I.D. Me from Unemployment Compensation

ID.me with video

How to file for Unemployment online and what you need before you get started, video

UC work search record document:

IF UC requests information on Work Search Activities Work Search Record

Reemployment Assistance

PA CareerLink® Statewide Job Search Website

PA CareerLink® Locator

PA State and Local Government Jobs (Civil Service/ Non-Civil Service)

American Job Center Career One-Stop locations

Federal Jobs

My Next Move (O*Net online)

USDOL tool designed to help explore careers and find jobs.

Senior Community Employment Service Program

📞 1-800-262-2103

Office of Vocational Rehabilitation Vocational Rehabilitation Home

Healthcare Resources

Healthcare Services and Programs -

Information pages are available from your local Rapid Response Coordinator

Pennsylvania's Health Insurance Exchange- Pennie

📞 1-844-844-8040

Pennsylvania's Medicare Education and Decision Insight (PA MEDI)

Health Insurance Marketplace (non-PA residents)

CHIP- Children's Health Insurance Program

📞 1-800-986-KIDS (5437)

High quality, free or low cost health insurance for children & teens (up to age 19) that are not eligible for medical assistance. There are many reasons kids might not have health insurance – maybe their parents lost a job, don't have health insurance at work, or maybe other options just cost too much. Whatever the reason, CHIP may be able to help.

Additional Healthcare Resources

Department of Human Services 1-877-395-8930

COMPASS is Pennsylvania's fast and easy way to apply online for Health and Human Services including Medical Assistance, CHIP, Cash Assistance, Child Care Works Program, Supplemental Nutrition Assistance Program (SNAP), Water Assistance: LIHWAP, Energy Assistance: LIHEAP, School Meals, Long-Term Living Services: Home and Community Based or Nursing Home and Related Facilities, Early Intervention, Intellectual Disability or Adult Autism Services

Pennsylvania Insurance Department 1-877-881-6388

Information on consumer rights, regulation & licensing

Health Resource & Services Administration Health Centers

Listing of Local Health Clinics

Medicine Assistance Tool (MAT)

A search engine for many of the patient assistance resources that the biopharmaceutical industry offers.

Singlecare Rx Assistance Card

Together RX Access

Online pharmacy for low-cost generic medications by mail

Pennsylvania RX Price Finder

Online pharmacies finder, medications' price matching, help with your prescription medications, the right way to get rid of old medicines.

Food & Finance

Department of Human Services

📞 1-877-395-8930

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PA Food Pantries

PA Food Banks by County (pdf)

PA Department of Human Services Ending Hunger

A listing of various food assistance programs including Farmer's Market Assistance, Supplemental Nutrition Program for Women, Infants, and Children (WIC), Commodity Supplemental Food Program (CSFP), Congregate and Home-Delivered Meals and others.

Find Food Network

Find community-based organizations and emergency food providers based near your zip code.

FINRA (Financial Industry Regulatory Authority)

Advantage Credit Counseling

📞 1-888-511-2227

PA Public Utility Commission

📞 1-800-692-7380

Dollar Energy Fund

📞 1-888-282-6816 (Electric & Gas assistance)

Center for Community Action

May provide assistance with rent, utilities, weatherization, home repair and human services.





Housing Assistance

U.S. Department of Housing & Urban Development (HUD)

Provides information & support about rental assistance, public housing, rent relief, home ownership and REAC property and unit inspections and disaster recovery resources.

PA Housing Finance Agency (PHFA)

Mortgage assistance funds, Foreclosure assistance (HEMAP), Renter assistance funds, renter's resources, purchase & refinance loans, loan programs for improvements & repairs, housing counseling for new home buyers and those with mortgage delinquency, preventing foreclosure, and managing your debt.

PA Homeless Assistance Programs

The Homeless Assistance Program (HAP) helps to assure that homelessness can be avoided, people who are homeless can find refuge and care and homeless and near homeless clients are assisted in moving toward self-sufficiency.



Other Helpful Resources

United Way Human Services Directory or dial 2-1-1

If you need to connect with resources in your community, but don't know where to look, PA 211 is a great place to start. From help with a utility bills, housing assistance, after-school programs, mental health, clothing & household, disaster services, substance use disorder services, transportation, family resources, legal services, veteran services and more!

Pennsylvania's Area Agency on Aging (AAA)

Provides a wide array of services and programs to help older Pennsylvanians (aged 55 and over) live and thrive in their homes and communities for as long as possible. These services include home-delivered and congregate meals, caregiver support, health and wellness services, personal assistance, senior community centers, Medicare enrollment counseling, transportation, job training, elder abuse prevention, PACE prescription assistance and more.

TRADE Act US Department of Labor, Employment & Training Administration

☎ UC Trade 1-888-313-7284 Option 7

TAA and RTAA help trade-affected workers who have lost their jobs as a result of increased imports or shifts in production out of the United States.

Employee Benefits Security Administration (EBSA)

☎ 1-866-444-3272

Information regarding healthcare (COBRA) and retirement benefits
Fact Sheet is available from your local Rapid Response Coordinator
Video "Protecting Health and Retirement Benefits after Job Loss."
Various Informational Videos

Social Security Administration

☎ 1-800-772-1213

Retirement (including retirement estimator), Disability, SSI and Survivors benefits; Medicare, Social Security Cards and name changes.

SafeLink

☎ 1-800-723-3546

Government benefit non-contract cellular phone program to eligible low-income individuals.

LifeWireless

☎ 1-888-543-3620

Free government cell phone program funded by the Federal Lifeline Program

PA Business "One-Stop Shop"

☎ 1-833-722-6778

This page was made to support Pennsylvania's entrepreneurs and businesses at all stages of development, the go-to resource for planning, registering, operating, and growing a business.

