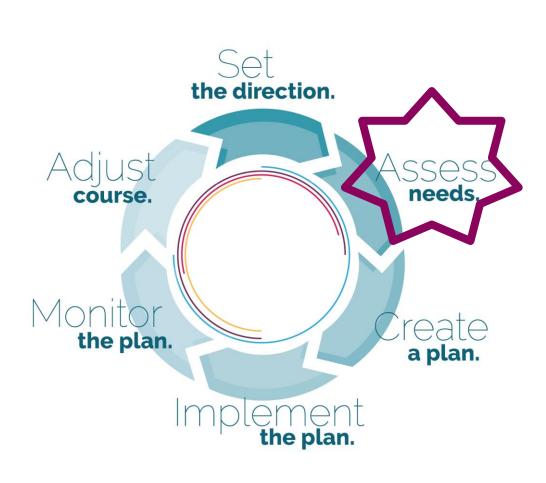




Social Emotional Wellness: Data into Practice

December 21, 2021





Continuous Improvement

Cyclical process intended to help groups of people in a system to set goals, identify ways to improve, and evaluate change.



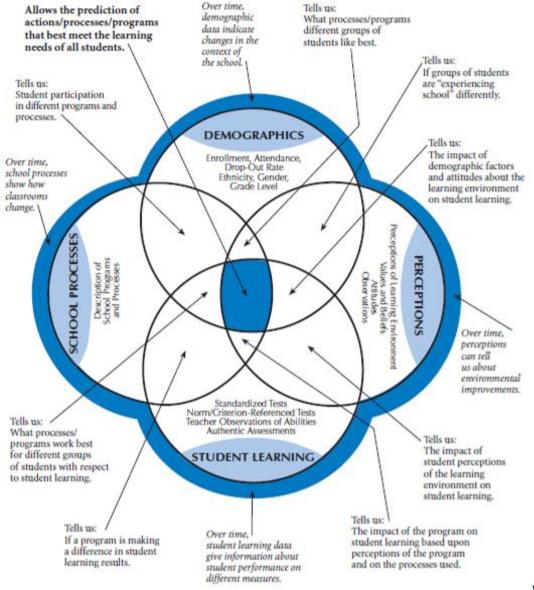
| | | Problem Solving | Capacity Building |
|---|------------|--|---|
| Set the direction. Adjust course. Monitor the plan. Create a plan. | Purpose | Helping to solve problems | Enabling the pursuit of vision |
| | | Linear process - Problems are defined, analyzed and resolved. | Cyclical process – each stage provides insight into the nature of the school community and how to pursue a vision. |
| | Commitment | Short-term fulfillment of contractual organizations | Long-term fulfillment of social obligations, as part of a community/school partnership. |
| Implement the plan. | | | Building capacity to help school achieve vision. |



Assess the Need

"Every system is perfectly designed to get the results it gets."

If we want different results, we must understand what's working and what's not, for whom and why.



SEW SSoS





Data and Supports for Building Learning Environments

- Use data to inform decisions
- Include stakeholder input
 - Voices of students
 - •Voices of families
 - Voices of educators and administrators

Solution focused







Now we have data...what's next:

- How do we use our data?
- What is our data telling us (needs assessment)?
- What resources do we have in our district/school entity (resource mapping)?
- How do we address self-care as part of staff capacity?



It is better to take many small steps in the right direction than to make...

> ... a great leap forward only to stumble backward. ~ Old Chinese Proverb

http://photoquoto.com





Ground the work in a clear purpose



What factors are contributing to this problem?

What problem are we trying to solve?



Developing SMARTIE Goals

- Strategic
- Measurable
- Ambitious
- Realistic
- Time-Bound
- Inclusive
- Equitable



Goal Setting



1. Using data, help districts determine priority areas

- Integration of systems
- Integration of social emotional supports/learning into instruction
- Integration of teams to promote staff capacity
- Staff wellness
- Communication
- Relationship building with community supports



Goal Setting



- 2. Evaluate the system's capacity to implement changes in identified priority areas
- 3. Evaluate the system's motivation to implement changes in identified priority areas
- 4. Focus in on 2-3 goals for implementation



Action Planning: Action Step

- Identify discrete changes to day-to-day activities, practices, or processes that are predicted to directly or indirectly help district meet their goal
- Eliminate duplication/create efficiency/improve workflow
- Change learning environment
- Reduce variation/improve consistency
- Manage time



Action Planning: Planning for Success

Plan for:

✓Start date/completion date (start small)

✓ Lead person

- Materials/resources/support needed
- Plan for Professional Development, as necessary
- Create communication plan



Action Planning: Making Plans Count

- Anticipated Outcome
 - 2-3 tangible events, milestones, shifts that will occur
 - Anticipated outcomes should be small shifts that make a powerful change
- Monitoring/Evaluation
 Test each anticipated outcome
 What did you learn from each test?
 Act: Decide to Abandon/Adapt/Adopt



Setting Action Steps

- <u>Accelerated Learning Planning Template</u>
- Plan Do Study Act Cycle (PDSA)

 Involve Change Ideas



Break Out Room Practice

• As a team:

Look at the data
Pull out top 2 challenges
Write a goal for one of those
Identify one Action step

Complete ONE template

- Accelerated Learning
- Challenges, goal and one action item
 PDSA: Plan section only





- <u>Accelerated Learning Through an Integrated</u> <u>System of Support</u>
- <u>Science of Improvement: Selecting Changes</u>

