



## Essential Needs, Empowered Futures

Tuesday, April 7, 2026  
 Best Western Premier Central Hotel and Conference Center  
 800 East Park Drive, Harrisburg, PA 17111

### AGENDA

Time	Session	Room
7:30-8:30	<b>Registration</b> (Breakfast Provided)	Lobby
8:30-8:45	<b>Welcome</b> Ali Caccavella Special Advisor to the Deputy Secretary Jamie Ayrton Director of the Bureau of Postsecondary and Adult Education	Central B&C
8:45-9:00	<b>Introducing PA EmpowerU</b> Dr. Lynette Kuhn Deputy Secretary and Commissioner of Postsecondary and Higher Education	Central B&C
9:00-9:40	<b>Opening Keynote: Essential Needs</b> Ms. Carrie Welton Senior Policy Strategist, Trellis Strategies	Central B&C
9:45-10:35	<a href="#"><u>Breakout Period A</u></a>	See Schedule
10:35-10:45	<b>Break</b>	
10:45-11:35	<a href="#"><u>Breakout Period B</u></a>	See Schedule
11:40-12:30	<b>Lunch: Panel Discussion</b> <b>EmpowerU in Action - The Hope Center for Student Basic Needs</b> Stacy Priniski Temple University Molly Binkley, Malachi Chapman, Natalie Dao, Alex Hazeley Student Leaders	Central B&C
12:35-1:25	<a href="#"><u>Breakout Period C</u></a>	See Schedule
1:30 – 2:20	<a href="#"><u>Breakout Period D</u></a>	See Schedule
2:20 – 2:30	<b>Break</b> (Snacks Provided)	Central B&C
2:30-3:10	<b>Closing Keynote: Empowered Futures</b> Dr. Kristin Austin Vice President of Culture & Community Impact, Rewriting the Code	Central B&C
3:10-3:20	<b>Wrap-Up</b>	Central B&C

## SPEAKERS



**Dr. Lynette Kuhn** currently serves as the Deputy Secretary and Commissioner for Postsecondary and Higher Education at the Pennsylvania Department of Education, where she leads statewide initiatives to expand access, affordability, and quality across Pennsylvania’s higher education system.

Prior to this role, Dr. Kuhn served as Chief for the Division of Higher Education, Access, and Equity at PDE, overseeing state authorization and compliance processes for degree-granting institutions. She brought to the role nearly two decades of experience in higher education administration, regulatory oversight, and institutional leadership.

Dr. Kuhn holds a Doctor of Education in Leadership and Administration from Point Park University, a Master of Education in Higher Education, and a Bachelor of Arts in Law and Society with a concentration in labor and employment relations, both from Penn State University. Her professional work emphasizes broadening access to postsecondary education, improving transfer and recognition of academic credit, and strengthening institutional practices to support student success.



**Carrie R. Welton** serves as Senior Policy Strategist at Trellis Strategies, driving national and state-level initiatives to strengthen systems that expand postsecondary access, improve completion, and advance economic mobility. She leads efforts to align higher education, public benefits, and workforce systems-maximizing investments and accelerating attainment and workforce development goals.

With more than 15 years of experience shaping policy, Carrie has built and led programs that address basic needs and opportunity in higher education. Her leadership roles include developing policy frameworks at The Institute for College Access & Success (TICAS) and the Hope Center and serving as a trusted advisor on public benefits policy and providing technical assistance at the Center for Law & Social Policy (CLASP). She holds a bachelor's degree in public law from Western Michigan University and a Master of Public Administration from the Gerald R. Ford School of Public Policy at the University of Michigan.



**Dr. Kristin Austin** (she/her) is a lover of learning and unlearning and a self-proclaimed Joy Rebel who turns leadership lessons and lived experiences into laughter, language, and light. With more than 23 years in higher education as an administrator, faculty member, and equity strategist, she catalyzes individuals and systems to question, “Who is at the table? Who is missing? For whom was it built? And who doesn’t even know it exists?”

As Vice President of Culture & Community Impact at Rewriting the Code, she helps women in tech belong in all spaces where the future is shaped. Equal parts strategist and storyteller, Kristin brings humor, vulnerability, and heart to every room she enters. She sees joy as both a tool and a teacher, one that bridges differences, sparks reflection, and reminds us that learning is most powerful when it is shared.

Kristin holds a Doctorate in Higher Education Leadership and Administration, a Professional Certificate in Diversity, Equity, and Inclusion, a master’s in counseling, and a bachelor’s in social work, which remains her favorite degree.

**Dr. Stacy Priniski** is Assistant Research Professor in the Department of Urban Health and Population Science in the Lewis Katz School of Medicine with an appointment at The Hope Center as a Senior Evaluation Associate.

Dr. Priniski earned her B.A. and M.S. in Psychology from the University of Wisconsin-Oshkosh and her Ph.D. in Social Psychology from the University of Wisconsin-Madison with a focus on motivation science and social-psychological interventions in college settings. Prior to joining the Hope Center, she worked as a Research Associate at Michigan State University studying factors that predict college students’ persistence in STEM over time.

At The Hope Center, Dr. Priniski applies her extensive experience establishing and coordinating research projects to lead the Student Basic Needs Survey efforts and convene communities of basic needs stakeholders. She currently coordinates the Hope Impact Partnerships program, through which institutions across the country partner with The Hope Center to collect student-level data on basic needs and experiences, and engage in programming and coaching to help institutions leverage data to improve their basic needs ecosystem.





**Molly Binkley** is a senior Psychology major at Millersville University. She is a part of University Honors College and Departmental Honors and is working on a toddler study for her undergraduate thesis. Molly is a peer educator for her college's Center for Health Education and Promotion. She also works as a supervisor for the local cafe on campus, Fundraising Coordinator for the Honors College Student Association, president of her college's DMAX club, and Event Coordinator for her college's Psi Chi organization. She is planning on applying to graduate school next for Clinical Psychology with a preference to work for children and adolescents.



**Malachi Chapman** will be graduating in fall 2026 from Montgomery County Community College, where he is majoring in Liberal Arts. He is currently an intern at Big Picture Alliance through its Film Futures program, which focuses on producing an original narrative film from script to screen. Under the mentorship of industry professionals, participants gain hands-on experience in screenwriting, cinematography, audio production, acting, directing, and editing.

Outside of his academic work, Malachi focuses on building his portfolio in acting and modeling. He enjoys exploring a wide range of roles—from dramatic to comedic—and creating imagery that is visually captivating and emotionally resonant, aiming to tell stories that leave a lasting impression.



**Natalie Dao** earned her Master's in Public Health in June 2025 from Drexel University after earning a Bachelor's in Public Health in June 2024 from Drexel University. Natalie started her mental health advocacy journey in 2020 by joining mental wellness clubs and has been engaged in mental health and wellness advocacy ever since.

Through her university's Active Minds chapter and peer counseling program, she has implemented fun, engaging and relaxing events; collaborated with university leadership to enhance school-wide wellness; and provided supportive peer counseling. Natalie has experience at both the local and state levels advocating with government leaders to progress mental health policy. She is currently a Family Engagement Specialist, where she supports low-income families through the process of accessing quality childcare.



**Alex Hazeley** is a sophomore Legal Studies major with a double minor concentrating in Criminal Justice and Business Administration at Elizabethtown College. He is also the Student Coordinator for the Ubuntu Mentorship Program and now one of newly promoted Blue Jay Ambassador Student Supervisors for the college's admissions program.

9:45-10:35	Breakout Period A	Room
A1	<p><b>Roundtable: PA CARES Designees</b>  <b>Moderator: Lisa Balsamo, Pennsylvania Department of Education</b>  Contact: <a href="mailto:abalsamo@pa.gov">abalsamo@pa.gov</a></p> <p>This session will hold space for authentic reflection and sharing from PA CARES designees, gather insights and inspiration on pressing challenges and promising opportunities, and share ideas and resources for advancing postsecondary students' mental health and suicide prevention.</p>	Harris
A2	<p><b>Circle of Caring: A Wraparound Approach to Holistic Support and Care for Students</b>  <b>Dr. Courtney Allen and Vicki Van Hise, Harrisburg Area Community College</b>  Contact: <a href="mailto:caallen@hacc.edu">caallen@hacc.edu</a></p> <p>Creating a system of holistic support and care is vital to student needs, engagement and retention. At our multi-campus community college, our Behavioral Intervention Team (BIT) has been an integral part of creating a system for holistic support and care. This session will provide a snapshot into how we use a wraparound approach for our students, utilizing BIT to provide various office/area support for students.</p>	Keystone
A3	<p><b>Next Steps AmeriCorps: A Targeted Approach to Supporting First Generation, Low-Income College Students</b>  <b>Hillary Kane and Addie Boccuzzi, Pennsylvania State University</b>  Contact: <a href="mailto:addie.boccuzzi@phennd.org">addie.boccuzzi@phennd.org</a></p> <p>This session will highlight the unique challenges faced by first-generation, low-income (FGLI) students and present an example of targeted support. Participants will explore how programming like the Next Steps AmeriCorps program uses financial and community-based incentives to promote college persistence and completion. The session will also provide time for participants to brainstorm strategies to implement similar programming at their own campuses and identify key partners and resources.</p>	Central D
A4	<p><b>Advancing Mental Health Equity in PA High Schools: The Use of Peer Support Programs to Promote Well-Being Among Black Youth</b>  <b>Natalie Dao, Pennsylvania Department of Health</b>  Contact: <a href="mailto:nataliedao02@gmail.com">nataliedao02@gmail.com</a></p> <p>This session will explore how peer support programs can serve as a powerful, scalable solution to address the Black youth mental health crisis while also benefiting students from all backgrounds. Grounded in research and practice, this session will highlight how peer support fosters a sense of belonging, supports mental health, and can even alleviate financial stress by reducing long-term dropout risk and connecting students with valuable resources. Participants will learn how peer counseling can be adapted to different institutional and community contexts to meet students where they are, dismantle stigma and provide culturally responsive support.</p>	Central E

9:45-10:35	Breakout Period A	Room
A5	<p><b>Expanding the IOUniverse: Nationalizing Student-Led Primary Prevention Education</b>  <b>Blake Kitterman and Tracey Vitchers, It's On Us</b>            Contact: <a href="mailto:blake.kitterman@civcnation.org">blake.kitterman@civcnation.org</a> and <a href="mailto:tracey@civcnation.org">tracey@civcnation.org</a></p> <p>This session will give participants an understanding of the national It's On Us (IOU) primary prevention programming that they can bring back to their campuses. We will share the three main prevention programs that IOU has to offer (The Playbook, Campus Organizing Program, Caucus Chair and Regional Advisor Program), as well as IOU's research program that continues to grow our offerings, including major findings from our latest research: "Erased in School, Educated Online: LGBTQQ Men and the Sex Ed Gap."</p>	Heritage
A6	<p><b>Amplifying Their Voices: Utilizing Peer Facilitators in Sexual Violence Prevention for the FSL Community</b>  <b>Elena Steinhaus, Emily Myers, and Lindsey Mosvick, West Chester University</b>            Contact: <a href="mailto:esteinhaus@wcupa.edu">esteinhaus@wcupa.edu</a> and <a href="mailto:em1050782@wcupa.edu">em1050782@wcupa.edu</a></p> <p>In this session, we will explore the success of utilizing a Peer Facilitator model to develop curriculum and foster cultural changes with members from the IFC and PHC communities leading the way. The curriculum is grounded in the CWGE Model of Violence Prevention, taking into consideration the knowledge and experiences of those identifying as a part of the FSL community. This presentation will discuss how the program and curriculum were developed with each community's needs and culture in mind, as well as the data demonstrating the program's impact and lessons learned.</p>	Central A

10:45-11:35	Breakout Period B	Room
B1	<p><b>Roundtable: Hunger-Free (HFC) Grantees</b>  <b>David Stewart, Pennsylvania Department of Education</b>            Contact: <a href="mailto:dalstewart@pa.gov">dalstewart@pa.gov</a></p> <p>This session will hold space for authentic reflection and sharing from HFC designees, gather insights and inspiration from HFC grant awardee colleagues on pressing challenges and promising opportunities, and share ideas and resources to advance PA students on security of basic needs and food insecurity systems and structures on campus and statewide.</p>	Harris
B2	<p><b>Innovative Ways to Address Housing Insecurity on College Campuses Through Partnerships</b>  <b>Dr. Leah Paulson Dunmire, Zoey Bunbury and Annette Ditolvo, Temple University</b>            Contact: <a href="mailto:Annette.ditolvo@temple.edu">Annette.ditolvo@temple.edu</a></p> <p>This session will share creative ways that Temple University's Office of Student Support and Advocacy has addressed student housing insecurity in our campus community. This program is a partnership between our university and a corporate off-campus property that set aside 5% of their inventory to offer a discounted rate for students experiencing housing insecurity. Participants will gain tangible next steps to address similar efforts at their respective institutions.</p>	Keystone
B3	<p><b>Roary's Cubhouse: A Blueprint for Building a Family-Friendly Campus Culture to Support Student Parents</b>  <b>Melissa Fogg, Kelly Lake, and Nikki Karam, Community College of Philadelphia</b>            Contact: <a href="mailto:mfogg@ccp.edu">mfogg@ccp.edu</a></p> <p>Physical spaces like family study rooms can serve as powerful interventions for access, inclusion and persistence among student-parents. Roary's Cubhouse provides a scalable case study for colleges aiming to adopt family-forward practices aligned with national best practices, such as those in the Family Friendly Campus Toolkit.</p>	Central D
B4	<p><b>PA EmpowerU Messaging Focus Group</b>  <b>Jamie Ayrton, Pennsylvania Department of Education</b>            Contact: <a href="mailto:jayrton@pa.gov">jayrton@pa.gov</a></p> <p>A collaboration of institutions and students, PA EmpowerU was launched to support postsecondary learners' basic needs, enabling them to focus on their educational journey. To maximize this initiative's impact, we aim to provide resources that are easily accessible and simple to use. This session will guide participants through the branding and website redesign and invite feedback on how to best support institutional practitioners and students to find, contribute and use the network resources.</p>	Central E

10:45-11:35	Breakout Period B	Room
<p><b>B5</b></p>	<p><b>Assumption Junction: Checking Bias in Sexual Violence Prevention</b>  <b>Dr. Kyle Morris-Sol, The ECO Foundation and Cheyney University</b>            Contact: <a href="mailto:kyle@theecofoundation.org">kyle@theecofoundation.org</a></p> <p>Assumption Junction is a facilitated, trauma-informed learning experience that challenges participants to examine how implicit bias, deficit-based labeling and unexamined assumptions shape sexual violence prevention, reporting and institutional response on campus. Through the intentional integration of evidence-based theory and edutainment strategies, the session moves participants beyond passive awareness toward immediate, practice-level action that strengthens policy implementation, support systems, and campus culture.</p>	<p><b>Heritage</b></p>
<p><b>B6</b></p>	<p><b>Buy-In, Branding and Belonging: Building Widespread Student Engagement in Campus Prevention Efforts</b>  <b>Jamie O’Leary and Kortne Smith, Widener University</b>            Contact: <a href="mailto:jloleary@widener.edu">jloleary@widener.edu</a> and <a href="mailto:kasmith1@widener.edu">kasmith1@widener.edu</a></p> <p>This session will share strategies for fostering student investment in prevention education across campus. We'll explore cultivating partnerships with student organizations, promoting a sense of student ownership and building a recognizable brand on campus and online. We'll discuss how to tailor your approach to effectively engage students from specific populations, including LGBTQ+ students, BIPOC students, students with disabilities, and commuter students. We'll also invite you to share your own strategies and learn from others.</p>	<p><b>Central A</b></p>

12:35-1:25	Breakout Period C	Room
C1	<p><b>Roundtable: It's On Us PA Grantees</b>  <b>David Stewart, Pennsylvania Department of Education</b>            Contact: <a href="mailto:dalstewart@pa.gov">dalstewart@pa.gov</a></p> <p>This session will hold space for authentic reflection and sharing, gather insights and inspiration on pressing challenges and promising opportunities, and share ideas and resources to advance PA students on sexual assault/violence prevention.</p>	Harris
C2	<p><b>Advancing Peer-Led Mental Health Interventions</b>  <b>Dr. David Myers, Indiana University of PA, and Kristi Hammaker, Commonwealth University of PA</b>            Contact: <a href="mailto:dmyers@iup.edu">dmyers@iup.edu</a> and <a href="mailto:khammaker@commonwealthu.edu">khammaker@commonwealthu.edu</a></p> <p>Practitioner colleagues will share their expertise in supporting peer driven mental health and wellbeing programs on campus. Specifically, this session will highlight the key role of mentors to students leading and participating in a PDE stipend-funded mental health initiative for peer prevention and intervention.</p>	Keystone
C3	<p><b>How to Talk About Your Hope Center Students' Basic Needs Survey Data</b>  <b>Stacey Priniski, Temple University</b>            Contact: <a href="mailto:stacy.priniski@temple.edu">stacy.priniski@temple.edu</a></p> <p>Geared toward PDE's Hope Impact Partners who administered the Student Basic Needs survey in 2024 and 2025, this session supports all stakeholders for student success to frame and position the data for positive change at the campus, community and statewide level. Participants will learn tactics and gain tools for explaining the data to a range of audiences to drive impact and investment in our students' needs to thrive and reach their goals.</p>	Central D
C4	<p><b>Developing a Financial Wellness Curriculum for Health Professions Students</b>  <b>Sue McNamara and Roxanne Seymour, Geisinger College of Health Sciences</b>            Contact: <a href="mailto:mlschmude1@geisinger.edu">mlschmude1@geisinger.edu</a></p> <p>This session will focus on how the financial aid office at Geisinger College of Health Sciences implements its financial wellness program through partnerships with professional speakers to enhance student engagement, raise awareness of available support services and deliver customized financial education.</p>	Central E

12:35-1:25	Breakout Period C	Room
C5	<p><b>The Rise of AI: Title IX Considerations for Practitioners</b>  <b>Andrew Matt, Pennsylvania Western University</b>            Contact: <a href="mailto:amatt@pennwest.edu">amatt@pennwest.edu</a></p> <p>You might know how your students are using AI, but do you know how your investigators and decision makers are using it? Should they be using it? This presentation will discuss both the potential sexual misconduct that can originate from AI and the risks and opportunities that AI presents for Title IX practitioners. Participants will learn how to frame this discussion and plan for the ever-increasing presence of AI in the Title IX and compliance fields.</p>	Heritage
C6	<p><b>Equity in Action: Engaging Students, Empowering Leaders, Preventing Harm</b>  <b>Yolanda Edrington, Respect Together</b>            Contact: <a href="mailto:yedrington@respecttogether.org">yedrington@respecttogether.org</a></p> <p>Creating equitable, student-centered prevention programming is essential for colleges and universities seeking to build safe, supportive campus environments. This session will explore how higher education institutions can strengthen their sexual assault prevention efforts by centering equity, cultivating collaborative leadership and authentically engaging students throughout the campus experience</p>	Central A

1:30 – 2:20	Breakout Period D	Room
D1	<p><b>Roundtable: Parent Pathways Grantees</b>  <b>David Stewart, Pennsylvania Department of Education</b>            Contact: <a href="mailto:dalstewart@pa.gov">dalstewart@pa.gov</a></p> <p>This session will hold space for authentic reflection and sharing from Parent Pathways grant recipients, gather insights and inspiration on pressing challenges and promising opportunities, and share ideas and resources.</p>	Harris
D2	<p><b>Connecting the Dots: Partnering to Meet Students' Basic Needs</b>  <b>Leanne Lenz and Kara Anderson, Pennsylvania State University</b>            Contact: <a href="mailto:lul100@psu.edu">lul100@psu.edu</a></p> <p>Supporting students' essential needs requires more than one office, one department, or one organization—it takes a coordinated network of campus and community partners. In this session, we will share Penn State's process for fostering collaboration across a large university system and with local community resources to address student needs in real time. Participants will then engage in an interactive, case-based problem-solving activity, working in small groups to tackle realistic essential needs scenarios and brainstorm actionable solutions.</p>	Keystone
D3	<p><b>Leading with Dignity: Case Management from a Dignity Lens</b>  <b>Sara Shaw, Pennsylvania State University, and Seth Rosenblatt, Community College of Allegheny County</b>            Contact: <a href="mailto:sks6609@psu.edu">sks6609@psu.edu</a></p> <p>Attendees will discover how dignity can inform their work and interactions with students or clients that they work with, as we all have inherent worth and value. The presentation will cover the 10 elements of dignity, illustrating how authenticity and the ability to build relationships are key to building and maintaining a safe environment for all.</p>	Central D
D4	<p><b>Skills for Lifelong Mental Health: Supporting PA Students to Navigate Wellbeing from High School Through College</b>  <b>Sara Goulet and Rose Milani, Pennsylvania Department of Human Services, and Dr. Dana Milakovic, Pennsylvania Department of Education</b>            Contact: <a href="mailto:sgoulet@pa.gov">sgoulet@pa.gov</a>, <a href="mailto:c-rmilani@pa.gov">c-rmilani@pa.gov</a> and <a href="mailto:damilakovi@pa.gov">damilakovi@pa.gov</a></p> <p>Join cross-agency colleagues to address the gap in mental health awareness, information and supports for students, and families and practitioners making the transition from high school to college. Participants will contribute to a landscape scan of promising practices in place, and solution generation at the local, regional and statewide levels; gather ideas to bridge the gap in your communities; and help activate a statewide framework to advance across the commonwealth.</p>	Central E

1:30 – 2:20	Breakout Period D	Room
D5	<p><b>Flipping the Script on Male Athletes: Supporting Silent Voices</b>  <b>Rachel Drosdick-Sigafoos and Marcus Mitchell, Lackawanna College</b>            Contact: <a href="mailto:drosdickr@lackawanna.edu">drosdickr@lackawanna.edu</a> and <a href="mailto:mitchellm@lackawanna.edu">mitchellm@lackawanna.edu</a></p> <p>This session will show participants how to distinguish restorative violence prevention perspectives from historical perspectives and practices, develop programs that engage male athletes' historical experiences with violence and facilitate healthy acknowledgment and recovery, summarize common misconceptions about male athletes and violence, and list common violent encounters male athletes may have experienced.</p>	Heritage
D6	<p><b>More Than a Referral: How Partnerships Become Lifelines</b>  <b>Lily Duarte Evans and TaLisa Ramos-Watts, YWCA Carlisle &amp; Cumberland County / Ancestral Healing Collective</b>            Contact: <a href="mailto:lduarteevans@carlisleywca.flywheelstaging.com">lduarteevans@carlisleywca.flywheelstaging.com</a></p> <p>This storytelling-centered presentation is grounded in real experiences from practitioners working at the intersections of trauma, equity, and community care. Through anecdotal stories from the field, presenters will explore moments when collaboration moved beyond a referral and into a relationship—resulting in increased safety, dignity, access, and healing. These narratives illuminate what effective partnership looks like in practice, the conditions that allow it to thrive, and the human impact that emerges when institutions and community organizations work together with care and accountability. Participants will gain a renewed understanding of partnership as a living, relational practice—and an invitation to move from coordination to collective care.</p>	Central A

## Display and Vendor Tables

### [Collegiate Empowerment](#)

The Collegiate Empowerment® Company, Inc., is a 501(c)(3) Pennsylvania-based non-profit educational collaborative chartered with the purpose to grant individuals and organizations the authority to advance education and the power to transform lives.

### [Keystone Scholars PA 529](#)

Keystone Scholars provides a \$100 scholarship to all children born to PA residents in 2019 and after. This scholarship can be used for your child's post-high school training and education expenses.

### [Pennsylvania Higher Education Assistance Agency](#)

PHEAA was created by the PA General Assembly in 1963 to provide affordable access to higher education for PA students and families. Over the years, PHEAA has become one of the nation's leading providers of student financial aid services.

### [Pennsylvania Human Relations Commission](#)

The PHRC enforces state laws that prohibit discrimination. In general, PA law prohibits discrimination based on race; color; religious creed; ancestry; age (40 and over); sex; national origin; familial status (only in housing); disability; the use, handling, or training of support or guide animals for disability; or retaliation. The PHRC can help you file discrimination complaints in education, employment, housing & commercial property, and public accommodation.

### [The Reflect Organization](#)

Reflect is a national mental wellness nonprofit that aims to transform campus culture through student development. Our team trains student Peer Facilitators to coordinate Reflect's on-campus programs.

### [Resilient Students Network: Where We Begin Storytelling Project](#)

Resilient Students Network helps under-resourced college and trade students meet basic needs to reach their academic goals and improve life outcomes. We meet our mission through thoughtful food, housing and other need programs.

### [Respect Together](#)

Respect Together, through our divisions in the National Sexual Violence Resource Center and the Pennsylvania Coalition to Advance Respect, will create lasting change by mobilizing advocates, service providers, leaders, and communities to support survivors, advance victims' rights, and prevent sexual abuse, assault, and harassment.

### [Uwill](#)

Mental health support now: Immediate teletherapy appointments and crisis conversations complemented by wellness programming – all tailored to your preferences.

## Participant Feedback

Thank you for making PA students' essential needs a priority and PA EmpowerU initiatives possible! [Please complete this brief survey to help us improve our events and strengthen our network for students' success.](#)