



ANNUAL RESTRAINT INFORMATION SYSTEM COLLECTION (RISC) REPORT 2020-2021 School Year



Commonwealth of Pennsylvania

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Introduction

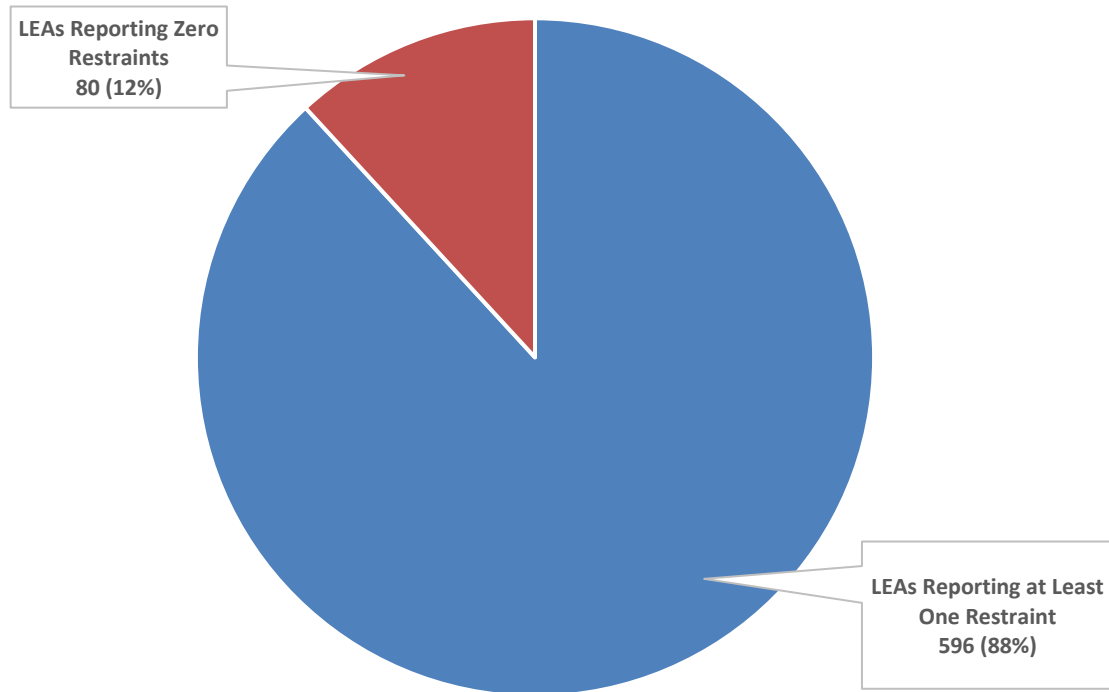
The Restraint Information System Collection (RISC) is a data collection system for all restraints across the Commonwealth of Pennsylvania occurring with school-aged students in educational programs that have an Individualized Education Program (IEP). RISC was developed by the Pennsylvania Department of Education (PDE), in conjunction with recommendations from the state Special Education Advisory Panel (SEAP). Annually, this report is presented to the Secretary of Education.

The Bureau of Special Education (BSE) closely monitors the use of positive behavior support and restraints by Local Educational Agencies (LEAs) across the Commonwealth. LEAs are required to comply with 22 Pa. Code § 14.133 (related to school entities) and 22 Pa. Code § 711.46 (related to charter schools and cyber charter schools). This includes reporting RISC data quarterly every school year. 22 Pa. Code §§ 14.133(c)(5) and 711.46(c)(5). This also includes training of personnel in specific procedures, methods, and techniques of restraint. 22 Pa. Code §§ 14.133(f) and 711.46(f). The training of personnel should provide varied intervention and strategies needed to address problem behaviors. PDE asserts the use of restraints is considered a measure of last resort, only to be used after other less restrictive measures, including de-escalation techniques. PDE utilizes the Pennsylvania Training and Technical Assistance Network (PaTTAN) and the 29 Intermediate Units to provide ongoing training to LEAs in Positive Behavior Intervention and Support programs (PBIS) and other research-based practices and techniques to develop and maintain skills that enhance an educator's ability to prevent restraints.

In conjunction with training and technical assistance, BSE also closely monitors LEAs' compliance of restraint with positive behavior support during the Cyclical Monitoring for Continuous Improvement (CMCI) process and conducts ongoing restraint reviews as data is reported in the RISC system throughout a school year. When necessary, BSE conducts further investigation with LEAs when the following instances occur: mechanical restraints (handcuff), electric shock intervention (taser), excessive restraints lasting longer than 60 minutes, multiple injuries occurring with student and/or staff, patterns of excessive holds of a specific student, patterns of excessive holds that have not decreased over time, excessive law enforcement interventions, high waiver count without reconvening the student's IEP team, serious injury warranting a BSE investigation, law enforcement intervention without reconvening the student's IEP team, law enforcement charge under Safe Schools related to a restraint and a student with an IEP (22 Pa. Code § 10.23), and staff not trained in de-escalation and restraint programs. Lastly, due to the COVID-19 pandemic, 2020-2021 school year RISC data has been impacted and should be interpreted with caution.

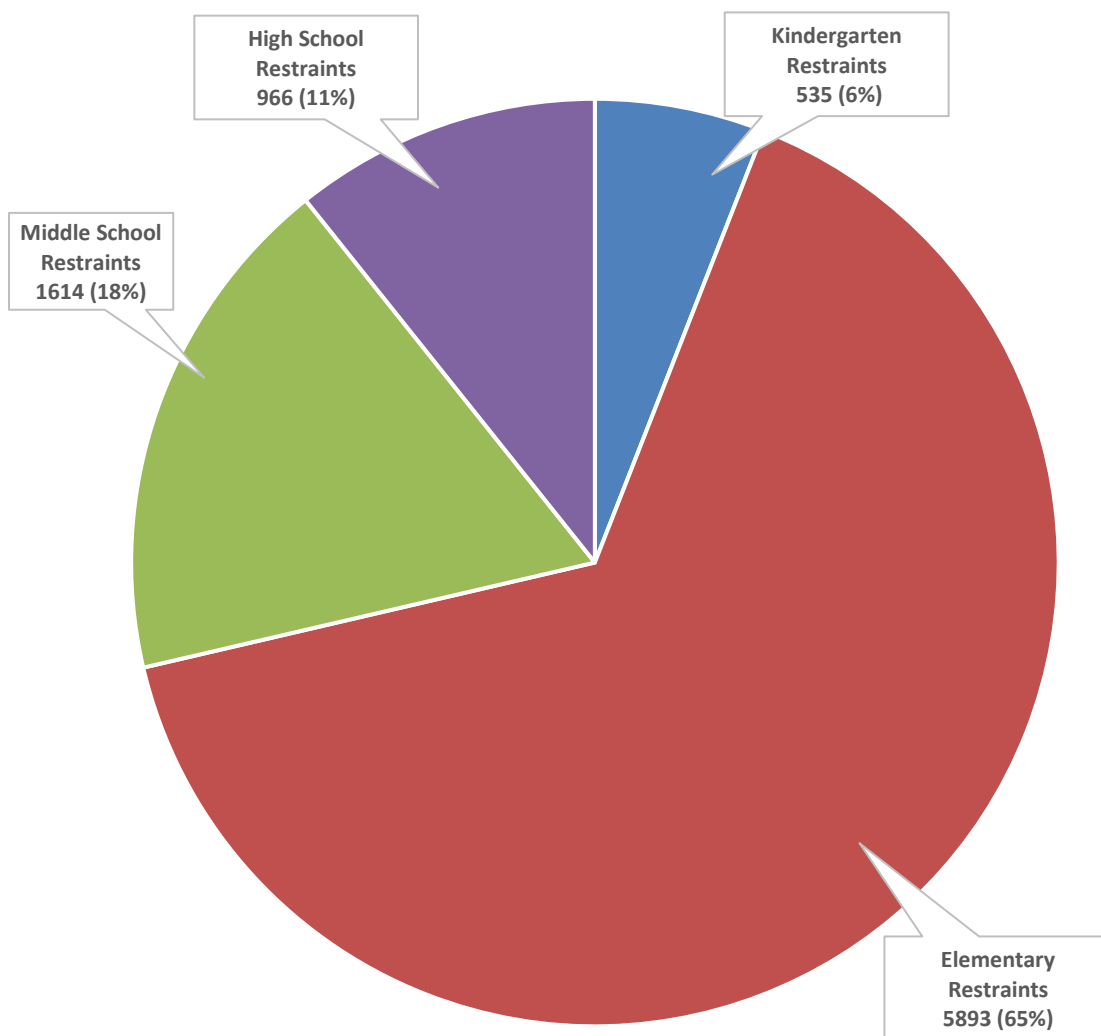
Local Educational Agencies (LEA) Reporting Restraints

In the 2020-21 school year, of the total 676 LEAs, 596 LEAs reported that restraints occurred, and 80 LEAs reported zero restraints. All LEAs complied with reporting in the Restraint Information Collection System (RISC) program.



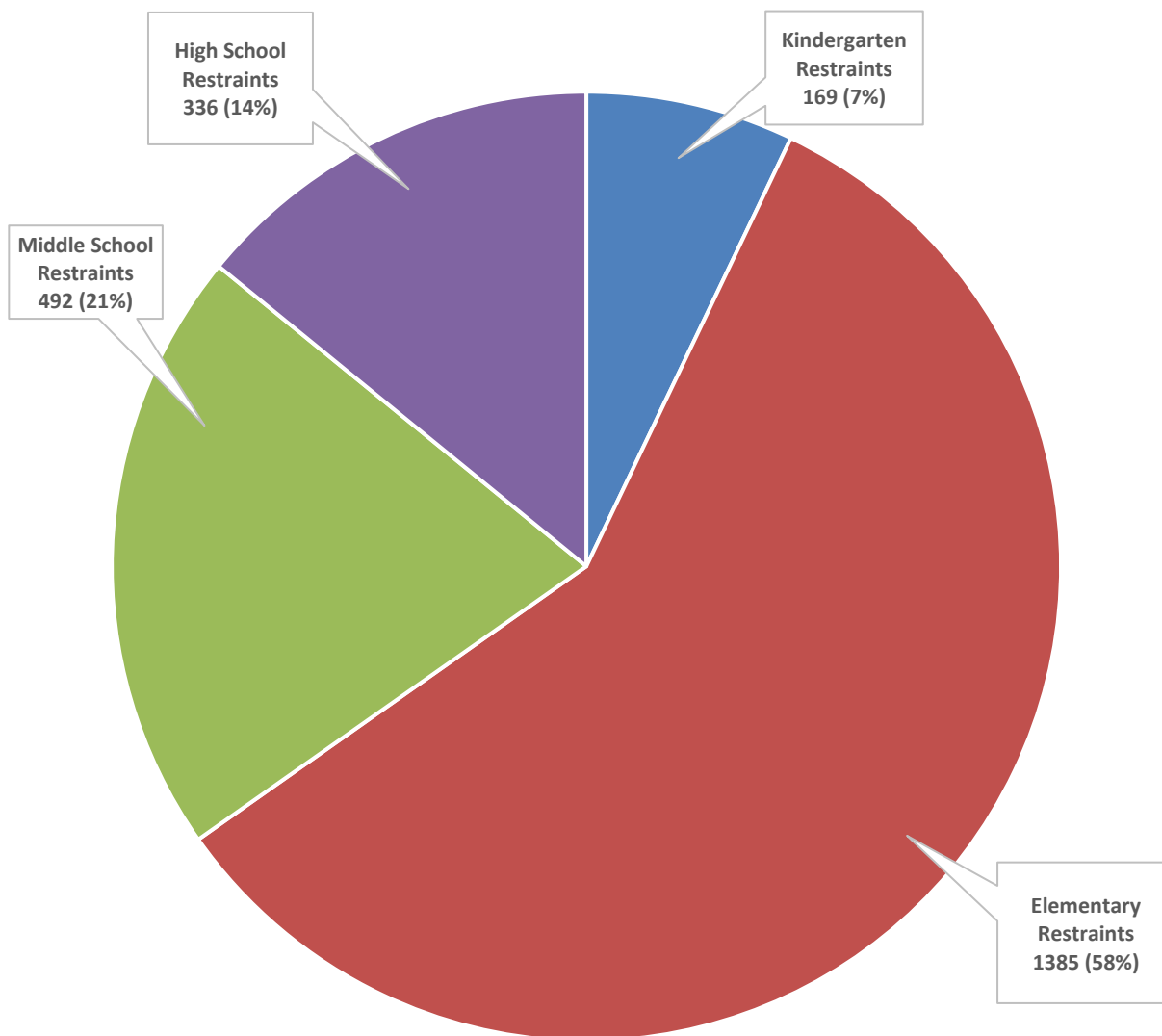
Total Number of Incidents of Restraints (by Academic Level)

The total number of restraint entries was 9,008.



Total Number of Students Restrained (by Grade Level)

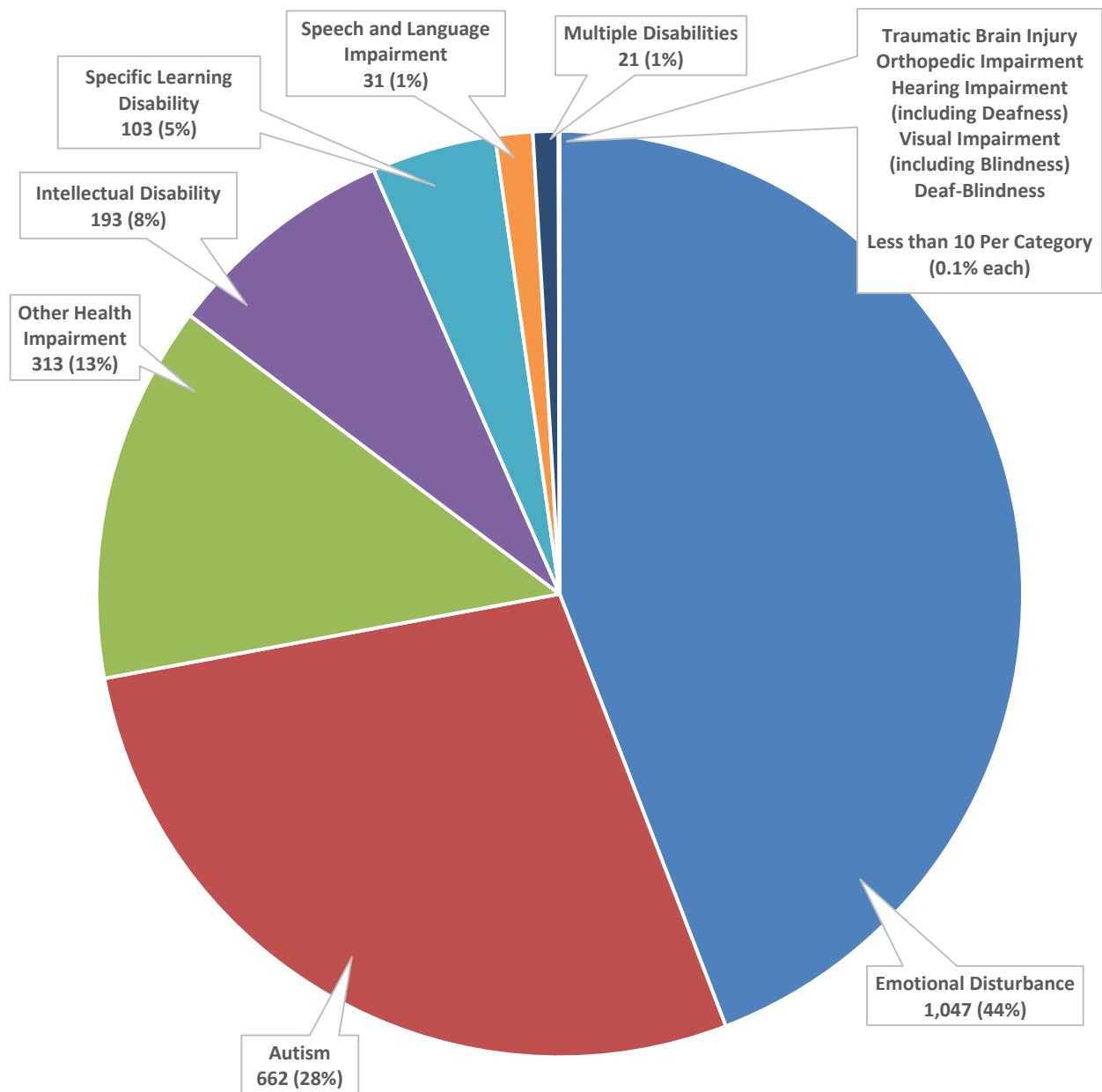
The total number of restraint entries was 9,008. Of the 9,008 entries, 2,382 students were restrained.



Total Number of Students Restrained (by Disability Category)

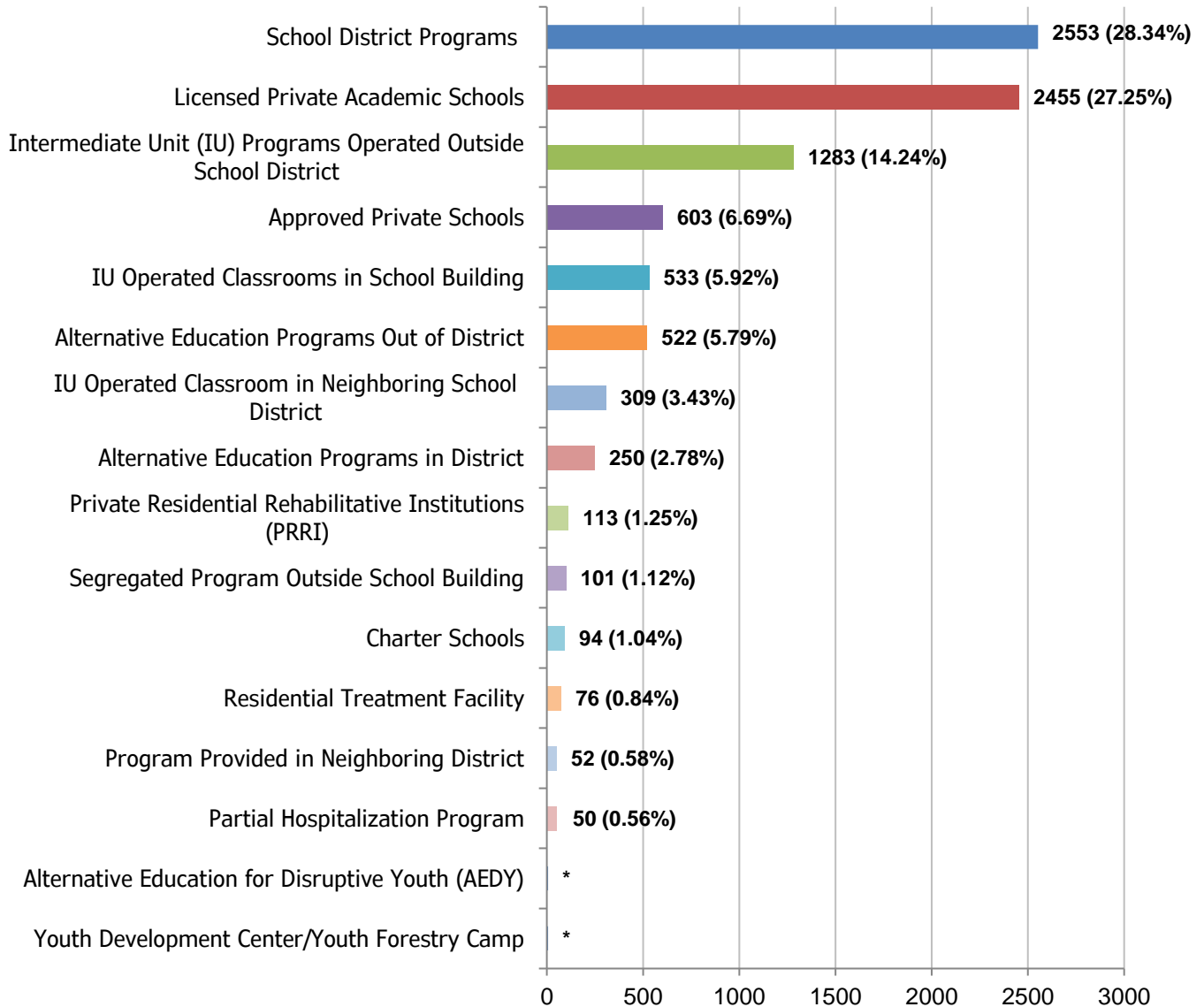
Of the 2,382 students restrained, the number of restraints by disability category is detailed below.

The total percentage of the disaggregated data points (Disability Categories) does not add up to exactly 100% as the data points were not rounded.



Location Where Restraints Occurred – Disaggregated

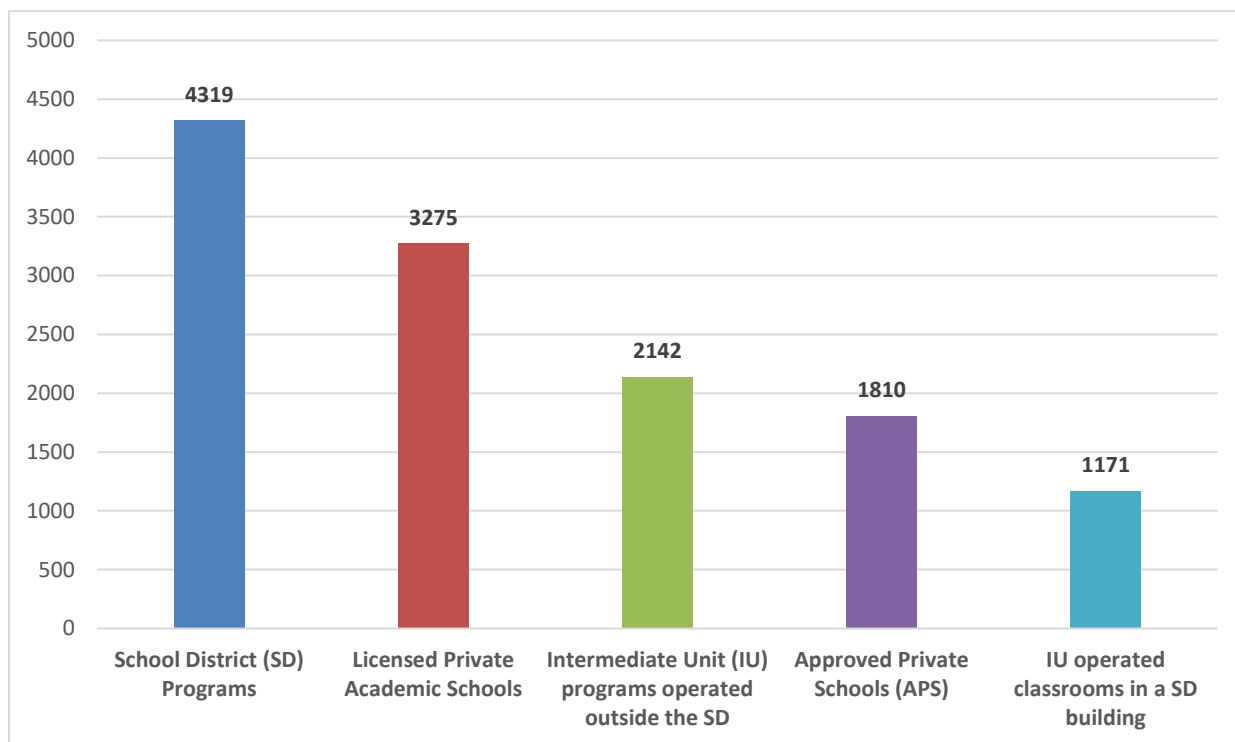
Location of the 9,008 restraints in school-age programs for the 2020-2021 school year:



* - Denotes 10 count or less

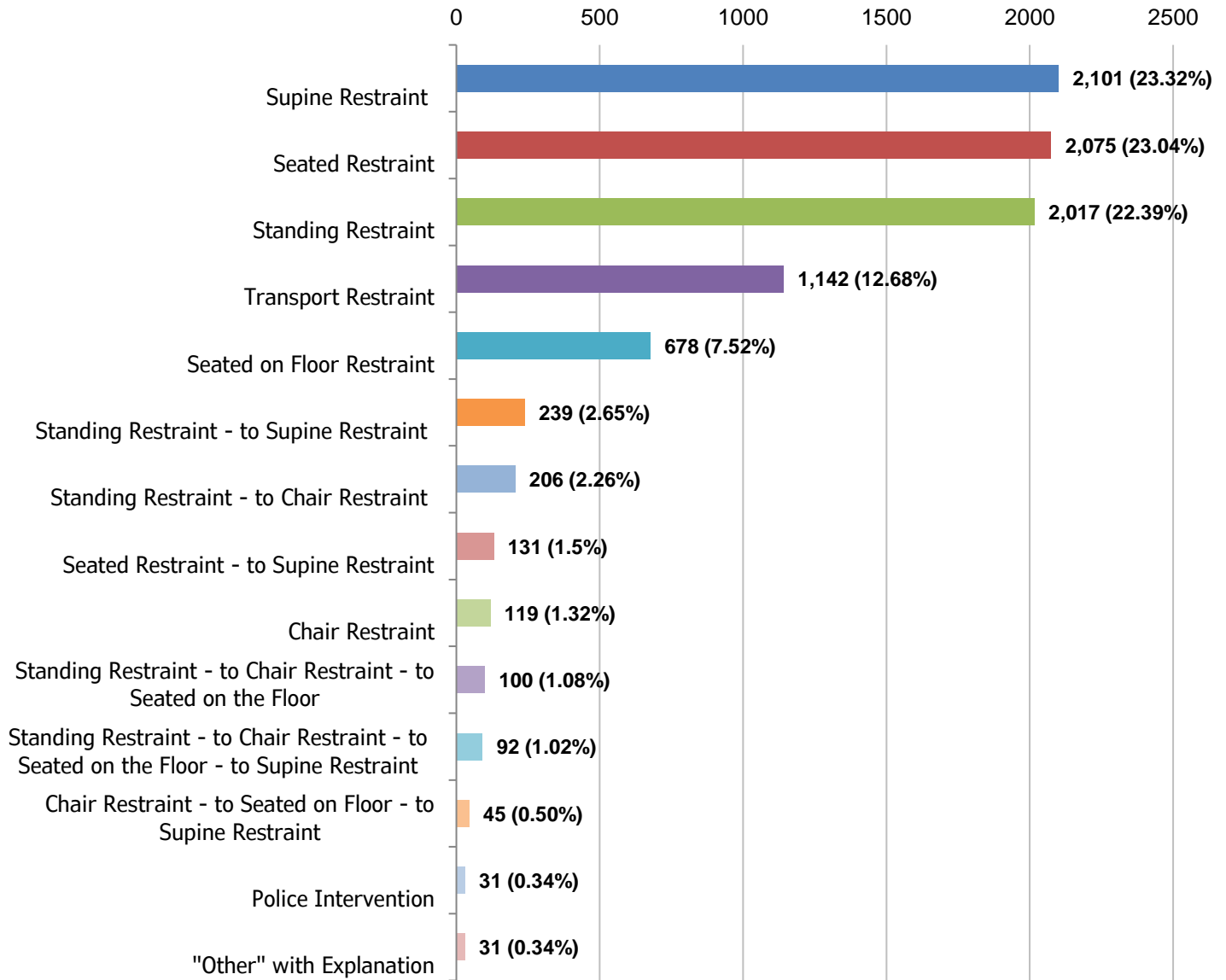
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In the 2019-2020 school year, the top five school-age programs with the highest number of restraints are shown below:



Types of Restraints Implemented – Disaggregated

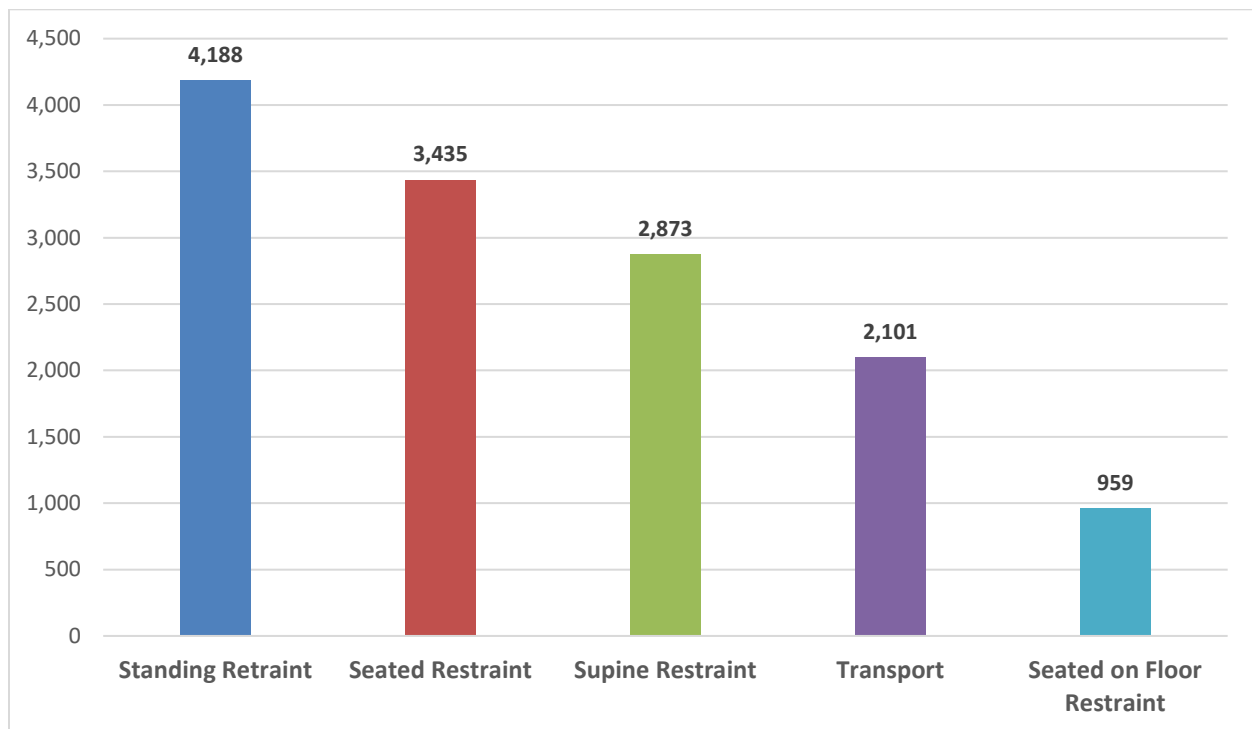
Of the 9,008 restraints, below are the types of restraints utilized:



Note: The total percentage of the disaggregated data points (Types of Restraints Implemented) does not add total 100% as the data points were not rounded.

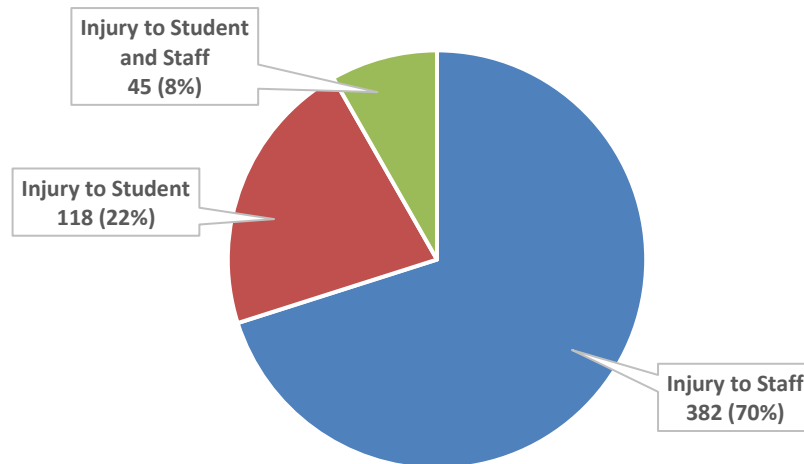
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In the 2019-2020 school year, the top five types of restraints used are shown below:



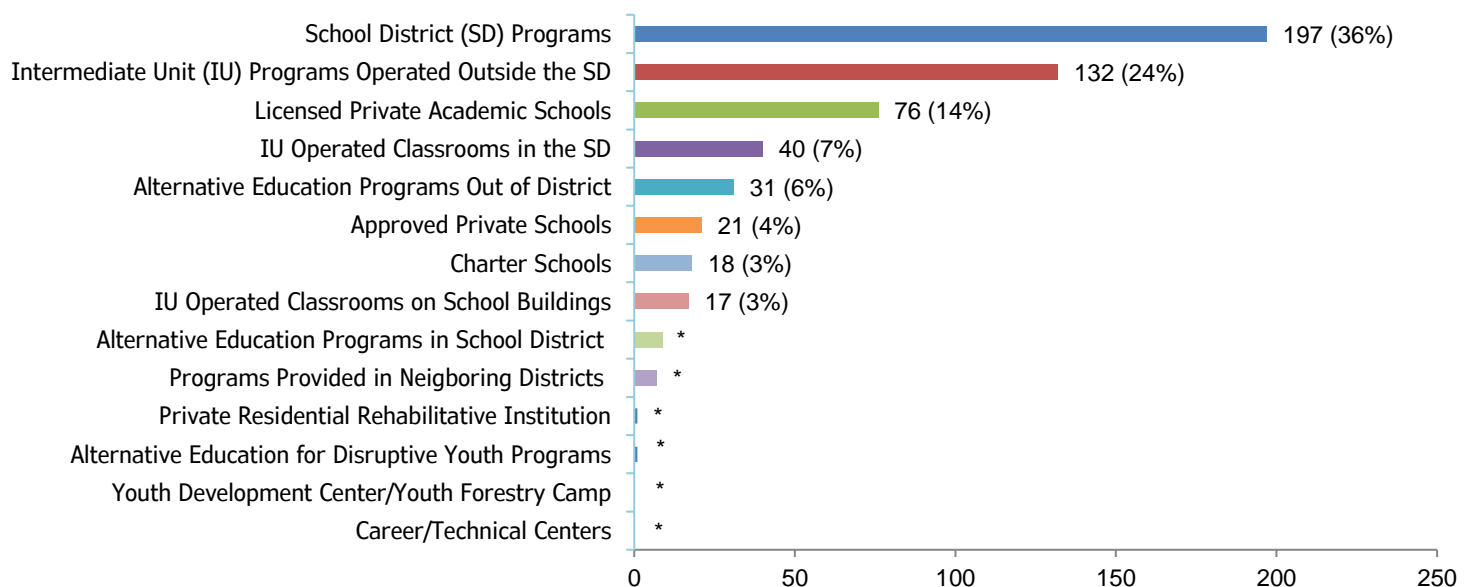
Injuries to Staff/Injuries to Students

Of the 9,008 restraints during the 2020-2021 school year, there were 545 injuries (6.05%). There were 382 injuries to staff. There were 118 students that sustained an injury. There were also 45 restraints which occurred where both a staff member and student were injured.



Restraints with Injuries by Location – SY 2020-2021

Of the 545 injuries in the 2020-2021 school year, the location of restraint where injuries occurred are listed below:



* - Denotes 10 count or less

Note: The total percentage of the disaggregated data points (Restraints with Injuries by Location) does not add up to exactly 100% as the data points were not rounded.

Types of Restraints Resulting in Injuries – SY 2020-2021

Of the 545 injuries to students and staff, the types of restraints utilized are outlined below:

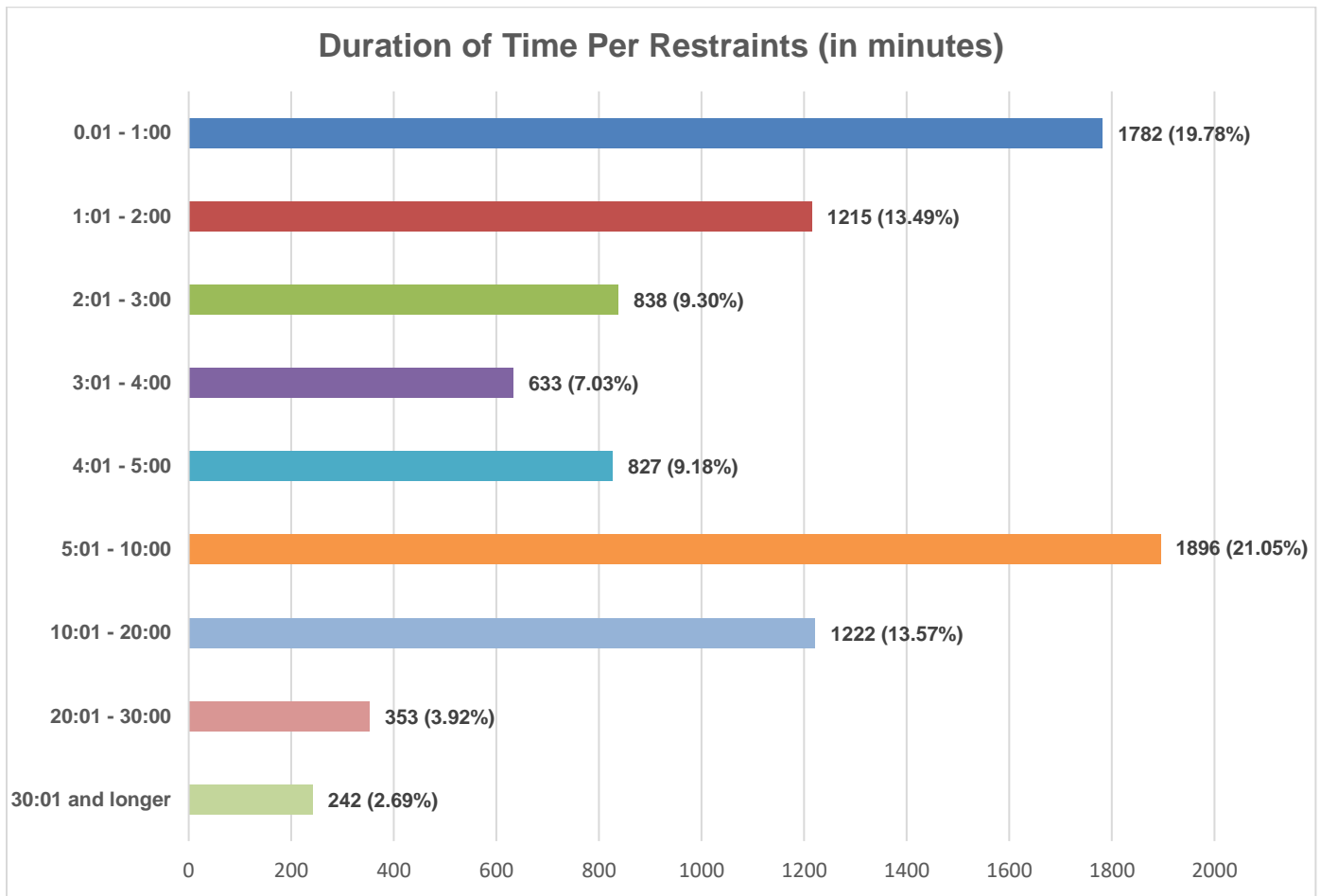
Staff Type of Restraint	Number	Percentage
Standing Restraints	145	26.60%
Seated Restraints	115	21.10%
Supine Restraints	105	19.26%
Transport Restraint	54	09.90%
Seated on Floor Restraint	34	06.23%
(Combination Hold) Seated Restraint – Supine Restraint	28	05.13%
(Combination Hold) Standing Restraint to Supine Restraint	21	03.85%
(Combination Hold) Standing Restraint to Chair Restraint	17	03.11%
(Combination Hold) Standing Restraint to Chair Restraint to Floor	11	01.83%
(Combination Hold) Standing Restraint to Chair Restraint to Seated on Floor Restraint to Supine Restraint	*	0.07%
(Combination Hold) Chair Restraint to Seated on Floor Restraint to Supine Restraint	*	0.05%
Police Intervention Restraints	*	0.05%
Chair Restraint	*	0.05%
Other (with explanation)	*	0.01%
Standing Restraint to Chair Restraint	*	0.01%

* - Denotes 10 count or less

Note: The total percentage of the disaggregated data points (Types of Restraints Resulting in Injuries) does not add up to exactly 100% as the data points were not rounded.

Duration of Time per Restraints - SY 2020-2021

The 9,008 restraints that occurred in the 2020-2021 school year ranged from under one minute to over 30 minutes. The chart below details the length of time of the restraint in increments. The interval ranges are listed below:



Staff Title Breakdown for SY 2020-2021

LEAs identify the staff involved in the restraint through the RISC process. Additionally, the report requires information if the staff was trained in a restraint system. Below is a compilation of staff involved and the number of staff that have been trained.

Note: There are duplicate staff reported in the Staff Title Breakdown Report as some reported restraints have multiple staff assisting in the process.

Staff Type	Total Count	Total Count/ Staff Member is Trained
Administrator	594	585
Board Certified Behavior Analyst (BCBA)	573	573
Behavior Assistant	1648	1639
Behavior Counselor/Specialist	3216	3215
Behavior Therapist	637	637
Bus Driver	2	2
Cafeteria Worker	1	1
Case Manager	58	58
Classroom Assistant	1107	1107
Clinical Director	345	344
Community Integration Specialist	8	8
Coordinator	143	143
Counselor	531	527
CPI Instructor	3	3
Crisis Staff	342	341
Custodian	4	3
Dean of Students	49	48
Director	288	288
Gym Teacher	25	25
Hall Monitors	2	2
Instructional Assistant	230	229
Job Coach	71	716
Mental Health Employee	1142	1140
Mobile Therapist	2	2
Nurse	178	176
One to One	69	69
Occupational Therapist	35	34

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Staff Title Breakdown for 2020-2021, continued

Staff Type	Total Count	Total Count/ Staff Member is Trained
Paraprofessional	3475	3459
Parent	2	1
PBI Staff	104	104
Personal Care Aide	364	359
Police Officer	65	60
Principal	477	463
Principal/Assistant	257	249
Program Coordinator	184	184
Psychologist	100	99
Regular Education Teacher	481	476
RTF Direct Service Staff	377	377
School Resource Officer	82	82
School Secretary	17	16
School Security	130	129
Social Worker	274	273
Special Education Aide	603	602
Special Education Supervisor	467	465
Special Education Teacher	4098	4092
Specialist	237	235
Speech Therapist	75	75
Student Teacher	12	11
Substitute Teacher	56	55
Support Aide	316	315
Team Coordinator	54	54
Therapist	182	182
Treatment Manager	148	148
Therapeutic Support Staff	34	33
YDC Counselor Aide	40	40
Total	37,676	37,498

Individualized Education Program (IEP) Meetings After Restraint

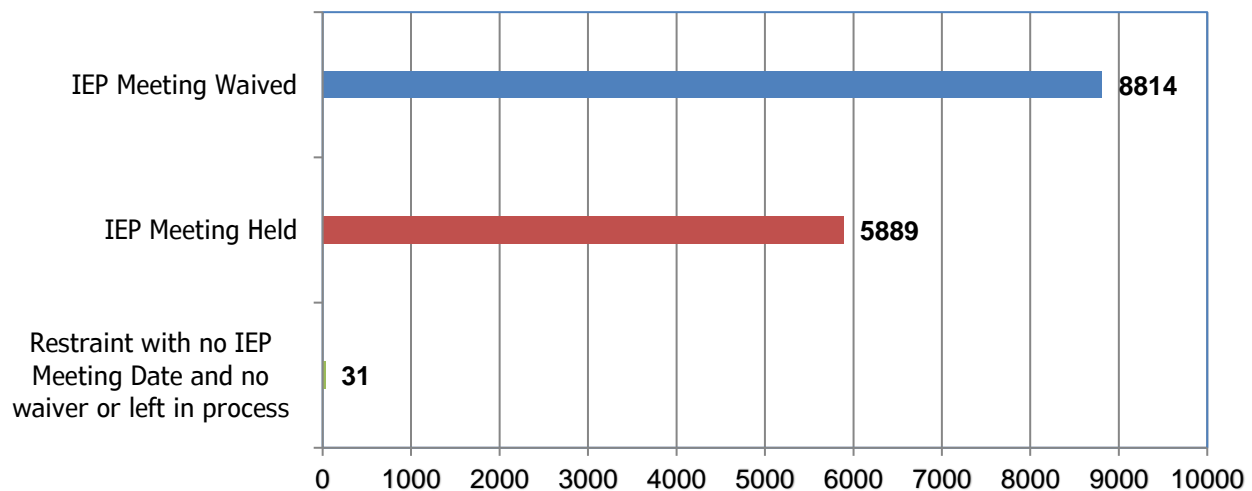
IEP Meetings Held, Waived, or Left in Process

Of the 9,008 restraints, the number of waivers and IEP meetings are outlined below:

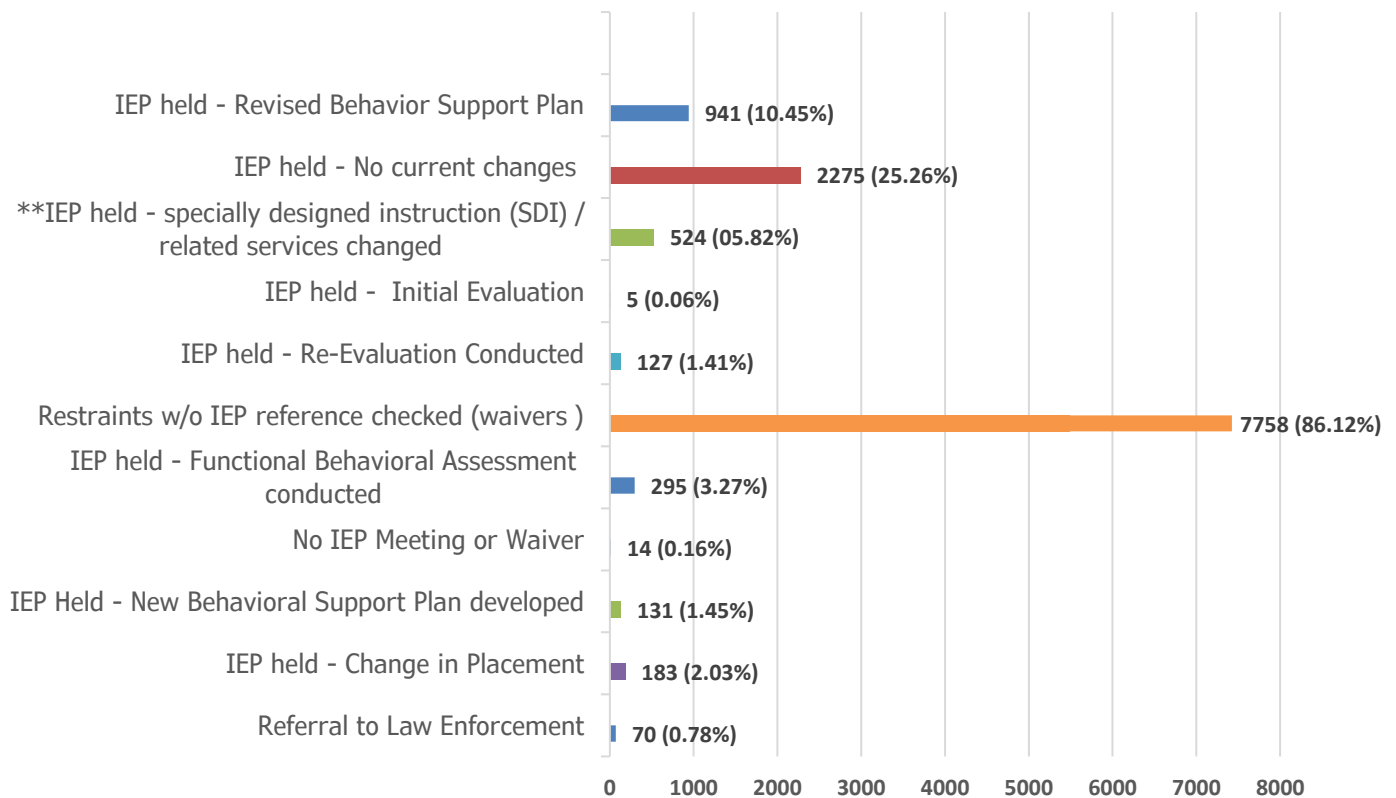
- 5,483 (60.87%) of restraints – the parents waived the available IEP meeting
- 3,183 (35.34%) of restraints – an IEP meeting was held
- 328 (3.64%) of restraints – parents signed a waiver, and an IEP meeting was held
- 14 (0.16%) of restraints – were left “In Process”

Note: The above number of waivers plus the number of IEP meetings held is more than 100% as some parents signed a waiver and then additionally had an IEP meeting.

Remaining restraints were left In-Process. In-Process – More information was needed at the time of this report in the required fields of the individual restraint report and the LEA had not yet fulfilled the process. The In-Process restraint report can still be read by the BSE adviser.



Actions taken by LEAs when the IEP meeting occurred are detailed below.



** "IEP held – SDI / related services changed" reporting category was added into the system at the end of the 2018-2019 school year.