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Activity Four: Decision Making Activity Worksheet: Creatures of Habit

Short Answer Questions:

1. How can you distinguish helpful habits from harmful habits?
2. What are some driving habits you have observed?
3. Which driving habits are beneficial, and which driving habits are harmful? Explain your answer.
4. Identify driving habits you would like to have, and which driving habits you would like to avoid. How can you work on developing these positive habits?

Field Study Questions:

1. For the next week, use commentary driving to practice scanning and verbally identifying roadway conditions, conditions outside the roadway (e.g. a person standing halfway in a crosswalk), and traffic signs that you see down the road. After your drives, record what you observed. Has stating what you observed out loud helped you to develop the positive habit of scanning while driving?

Observation	Result
<i>Example: While driving in a residential area, I observed two children kicking a soccer ball back and forth in a yard</i>	<i>Example: I hovered my foot over the brake pedal in case a child ran into the street</i>

