

OLD GLORY

Volume 11, Issue 9

September 2025



pennsylvania

DEPARTMENT OF MILITARY
AND VETERANS AFFAIRS

SOUTHWESTERN
VETERANS' CENTER

GOVERNOR
Josh Shapiro

PA Dept. of Military and Veterans Affairs

Adjutant General
John R. Pippy, BG

Deputy Adjutant
Maureen Weigl, BG
(PA Retired), DAG-VA

Director of State Homes
Barbara Raymond, RN, NHA

Southwestern Veterans' Center
412-665-6706

Commandant
Cassie Betzler
412-665-6707

Deputy Commandant
Erin Rakow
412-665-6718

Medical Director
David Blinn, MD
412-665-6706

Director of Nursing
Traci Nuzzo-Land
412-665-6747

Admissions
Julia Myers
412-665-6782

Director of Therapeutic Activities
Christopher Veitch
412-665-6744

Volunteer Coordinator
Brian Beach
412-665-6790

Director of Dietetic Services
Lynn Campbell
412-665-6752

Director of Social Services & Grievance Coordinator
Coleen Sady
412-665-6732

Local Ombudsman
412-350-5044

Quality Assurance Specialist
Cliff Moncrief
412-665-6848

WHAT'S INSIDE OLD GLORY

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2025 SWVC QAPI GOALS

1. Falls will decrease facility-wide by 10%
2. CNA ADL documentation compliance will be 100% every shift
3. Medication errors will be no more than 5% each month, with residents remaining free of significant/severe medication errors

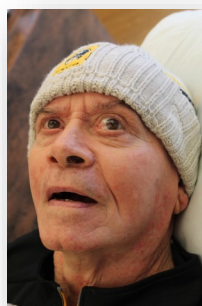




Birthdays This Month



Richard B.



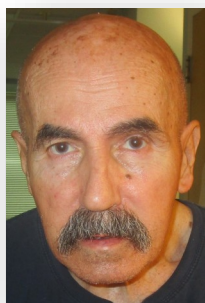
Richard I.



Betty A.



Dennis G.



Ralph S.



James G.



Timothy M.



Edward R.



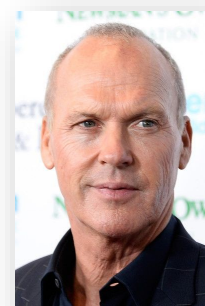
George G.



Thomas F.



George M.



Michael K.



New Admissions



Robert B.



John C.



George G.



Gladys G.



George S.



Employee Recognition

Employee Recognition Association Committee

September 2025 EVENTS



Football season is back! The first regular season game is Thursday September 4th. Dress down in your favorite team's gear! The ERAC will also be holding a special tailgate-themed raffle this month! Look for details!



Every Friday is wear RED (Remember Everyone Deployed) Fridays. Wear RED in support of our troops. If you purchased gear during the ERAC sale it will be delivered in September.



The ERAC Committee Meeting is WEDNESDAY September 10th at 2 PM in the Ridge Room. Please join us and give us your feedback!



Patriot Day is Thursday September 11th. Dress in red, white, and blue in remembrance of those lost on September 11th, 2001. We will never forget.



September is World Alzheimer's Awareness Month. On Thursday September 18th we will host a kick-off party for the October 18th Walk to End Alzheimer's. Stop by our table and join the SWVC Team! There will be lots of ways you can support our efforts – keep an eye out for Alzheimer's Month details!



On Tuesday September 23rd at 10 AM we will be live streaming the annual TAG Award Ceremony in our Multi-Purpose Room. Join us as we celebrate SWVC Staff being recognized. Refreshments will be served.

Wrapping up the Food Truck Season

Sept 5 – Momma

Sept 12 – Momma

Sept 24 – The Usual Grind

Sept 26 – Foxy Fran's



Employee Recognition



I started my Commonwealth career at Polk Center, in Venango County, in 2010 as an Aide Trainee and became a Residential Service Aide. After my probation, I provided care to the residents of that facility in the form of daily ADL care and outings, as well as assisting them in reaching their independence. I worked my way up to Clerk Typist 2. I was selected as the Clerk Typist in the Nursing Department, where I made the nursing schedule, and kept the overtime sheets up to date and completed general clerical tasks. I was then selected to be the Human Resource Assistant 1, where my duties were to assist the Hiring and Recruiting Officer and the Labor Relations Coordinator. I went to job fairs to recruit new staff, did the interview and hiring process for most new employees including future RSAs, and worked on disciplinary packets and went to meetings with the Union.

I felt it was time to expand my job horizons. I was transferred to the Office of Administration, Work Related Injury department, as a Human Resource Assistant 2. I investigated and processed Injury only and Medical only claims. When a position opened at the next level at Work Related Injury, I bid for and was selected as the Human Resource Analyst 1. In that position, I investigated IO, MO, Medical less than 8 days and Medical only with modified duties, and Indemnity claims up to 7 1/2 months.

I saw the posting for DMVA, SWVC as the Human Resource Analyst 2, Employee Relations Coordinator and felt my time as an assistant had provided me with a fair amount of knowledge in this area. I felt I would feel a sense of purpose working with and around Veterans and with the DMVA. I was selected and now I get to share this time with the facility.

I am the mother of a wonderful son, who is in the Army and currently stationed in Texas. I have many fur babies and some chickens and ducks. I am a proud supporter of the Pirates and have season tickets. I have a passion for fishing, especially ice fishing. I love traveling with my camper and taking our dogs along. I am learning golf, and eager to learn and try new things.

I am excited and proud to be a part of the team; it has been a wonderful experience so far.

Employee Recognition



Leslie Gilbert

It is easy to overlook all of the incredible things our staff does on a daily basis. But when the water goes out, or the AC shuts down, it's these amazing team-members that go above and beyond to make it happen.

Special THANK YOU to:

- ◆ Maintenance Repairman Matt Kreider who was onsite for over 12 hours during the recent outage.
- ◆ Maintenance Repairman Randy Polishen who came in at 1900 hrs to replace coworkers until 0900 hrs Monday morning.
- ◆ Custodial Work Supervisor Leslie Gilbert and Custodial Worker Devonne Pollard who hand delivered 300 gallons of potable water and worked together as a team to make toilets that were in question usable and safe again for the facility.



DeVonne Pollard



Matt Kreider

Thank You!



Randy Polishen

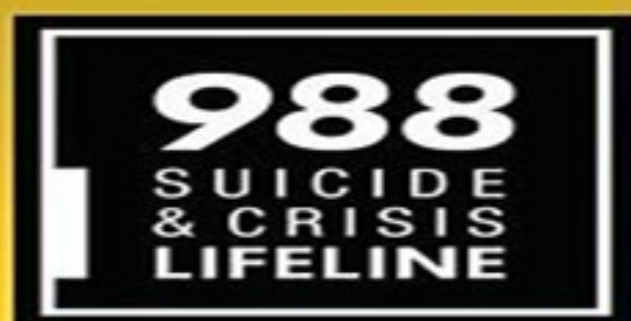
IFSS Safety Moment



SEPTEMBER'S TOPIC: MENTAL HEALTH & SAFETY

**NO MATTER WHAT YOU DO,
SAFETY STARTS WITH YOU.**

Suicide is preventable. Combining knowledge, care, and compassion can make a real impact. Suicide is complex and influenced by many interconnected factors. Knowing the warning signs of suicide saves lives. Preventing suicide means understanding risk, accessing supportive, proven care, and sharing hope because healing is possible. With the right support, people can heal, build resilience, and thrive after crisis. Hope and resilience grow when people feel heard. This can guide people to find strength even in their darkest moments. There is no "right" way to heal and recover; support should meet people where they are. Healing is personal. Every journey is different.



Call, Text, Chat

IFSS Safety Stand Down



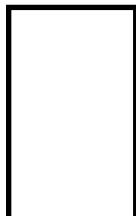
In Memory of our Comrades-In-Arms



Richard E. Putney, a devoted husband, father, grandfather and veteran, passed away peacefully Friday, August 22, 2025, in the VA Medical Center in Pittsburgh. He was born in Butler, and was preceded in death by his younger brother, Daryl Putney; and their parents, Owen E. and Genevieve Putney. He came from a proud, multigenerational military family. Richard served his country for most of his life and, after retiring from the military, continued working by helping to build homes, finding purpose and friendship in the process. He enjoyed the simple routines of daily life. Richard was often found mowing his lawn as weather allowed, taking pride in maintaining his home and yard. He loved reading in his chair with a cup of tea, and had a passion for building model airplanes. The Putney household was often filled with the sounds of history and Western programs, so much so that it was joked that it sounded like World War II or that the Indians were attacking. One of Richard's greatest joys was deer season, which he spent with family in the woods - a tradition that lasted for decades and meant the world to him. Richard was blessed with many in-laws through marriage, which expanded his family to include numerous nieces, nephews, and their children. He is survived by his loving wife, Nancy; their children, Ryan, Joel, and Kara; and his beloved granddaughter, Ava Putney. He will be remembered for his steady presence, quiet humor, and unwavering care for those around him.



Juia (Usiak) Cabbage, age 95, of Lawrenceville, passed away on Tuesday, August 19, 2025. Wife of the late Earl O. Cabbage; mother of JoAnn (Ralph) Herschk and the late William Frinsco; grandmother of Ralph Jr., Shannon, Kathy, Shelly and William Jr.; also survived by several great-grandchildren; sister of the late Robert, Walter, Helen, Chester, Stella and Norman; daughter of the late Walter and Aneila "Nellie" (Stasiak) Usiak; also survived by nieces and nephews.



In Memory of our Comrades-In-Arms



James Darwin Hayne, formerly of Hillsdale, Michigan, passed away on August 12, 2025, at the Southwestern Veterans' Center in [Pittsburgh, Pennsylvania](#) where he had been living since April 29, 2025. James was born on May 24, 1942, in Toledo, Ohio to Zale and Miriam (Toby) Hayne and was a 1960 graduate of Rogers High School. Upon graduation, he entered the U.S. Navy. James was stationed in Hawaii and spent much of his time in the air, flying between Hawaii, Midway Island, and Alaska while working the radar.

James served until March 30, 1964, when he was transferred into the Naval Reserve for an additional two years. James attended Bowling Green University where he completed his bachelor's degree in business administration. He went on to attend Law School at the University of Toledo and graduated with his Juris Doctor on December 11, 1970. James attended classes on an accelerated schedule, finishing the seven-year required studies in just over five years.

James is preceded in death by his wife of 57 years, Connie Hayne. He is survived by his three children; Chad Hayne, Todd Hayne and Amy (Curtis) Wagner; seven grandchildren, Austin Hayne, Lauren Morton, Taylor Hayne, Kaden Hayne, Emma Wagner, Anna Wagner and James Wagner; and one great grandchild, Stella Hayne. He is also survived by two nieces, Kelly Jones and Kim Periat; and great niece and nephews, Kamdyn Periat, Grant Periat and Andrew Jones. He is preceded in passing by his parents and stepfather Bill Roach.

In addition to practicing law for over 50 years, James served as the chief judge of the second judicial district in Hillsdale and Lenawee counties for five years. During his last two years on the bench, in addition to his duties as district judge, he was selected by the Court Administration Office to handle racial problems in courts throughout the state of Michigan. James was also a former Hillsdale County Prosecuting Attorney.

While raising his three children, James enjoyed boating on Lake Baw Beese, golfing, socializing at Clor's Outpost, over four decades of playing ping pong with many of his closest friends, and telling jokes to anyone who would listen. Later in life, James enjoyed coffee with the ROMEOS (Retired Old Men Eat Out) where they discussed topics of the day and endlessly hassled each other. James loved family gatherings and hosting Thanksgiving with his wife, Connie. He enjoyed taking family vacations to Cashiers, North Carolina and following PGA golf events. James took immense pride in his family and had a way of making everyone feel special and loved. He was especially in love with Connie, his high school sweetheart, who he met his senior year of high school before he entered the Navy.

Upon returning home, James ran into Connie's Mom, who mentioned he should give Connie a call and the rest is history. James will be dearly missed by family and friends.

Patrick J. Cooney

It is always difficult saying goodbye to someone we love and cherish. Family and friends must say goodbye to their beloved Patrick J. Cooney of Aliquippa, Pennsylvania, who passed away at the age of 88, on August 3, 2025. Family and friends can [send flowers](#) and/or light a candle as a loving gesture for their loved one. Leave a sympathy message to the family in the guestbook on this memorial page of Patrick J. Cooney to show support. He was predeceased by: his parents, Patrick Cooney and Margaret Cooney (Ihnat); his son Patrick Cooney Jr.; and his brother Kevin Cooney (Pamela Coladonato). He is survived by: his wife Elizabeth; his children, Lisa Cooney, Kelly Fratangeli (Ben) and Erin Comport; his grandchildren, Benny Fratangeli, John Fratangeli (Andrea), Caitie Peterson (Jake) and Emily Aletto (Marco); his great grandchildren, Lidia, Patrick Peterson and Milo Aletto; and his siblings, Margie McNie, Timothy Cooney (Renie) and Rachel Anderson (Maureen Ricci).

Social Services



How to contact an Ombudsman in Allegheny County

Ombudsman Line:

412-350-5791

Senior Line e-mail:

SeniorLine@AlleghenyCounty.US

Senior Line:

412-350-5460

Senior Line Toll-Free:

1-800-344-4319

U.S. Mail:

Allegheny County

Area Agency on Aging

2100 Wharton Street, 2nd Floor

Pittsburgh, PA 15203

***Ombudsman services are
confidential and free.***

Older Adult Protective Services

If you believe you or another older adult is being abused, neglected, exploited or abandoned, please call the DHS AAA Elder Abuse Hotline at **412-350-6905**, local toll-free at **1-800-344-4319** or statewide **1-800-490-8505**.

What is the role of an Ombudsman?

An ombudsman is trained to help pursue remedies if you have a complaint or problem with your care or services.

An ombudsman provides information about your rights and help you exercise those rights.

An ombudsman promotes the highest quality of care for older adults and persons with disabilities who are residents of Pennsylvania.

An ombudsman represents consumers and works within the legislative and rule-making process to improve long-term care services throughout the state.

You have the right:

to information about your medical condition and to participate in the decisions about your plan of care;

to be served by trained and competent personnel;

to safe and professional care at the level of intensity needed; and

to timely care.

You have the right:

to know what services are available to you and how much they cost;

to know the name of each person involved in your care, what they are expected to do, and how to contact their supervisor;

to refuse treatments and be taught self-management of your condition;

to privacy in treatment; and

to complain without fear of reprisal.

You have the right:

to be told the procedures for registering complaints; and

to have your identity, as the reporter, kept confidential.

What type of issues can an ombudsman help with?

Questions about billing and charges, including those covered by Medicare and Medicaid.

Concerns about the quality of care or treatment that you are receiving.

Appeals regarding transfers, discharges, discontinuances, or changes in services.

Who uses an Ombudsman?

Individuals receiving licensed long-term care services in their homes, communities or long-term care facilities.

Families and friends of individuals who receive licensed long-term care services.

Government agencies that monitor quality-of-care for long-term care services.

Social Services



Indiantown Gap requests that **Resident** Satisfaction Surveys be completed annually at all the facilities. All residents will have the opportunity to complete one if they so choose. They can be completed anonymously, you can have help, but are not required to if you wish to decline. The survey process will run through October and if you need assistance, Social Services or Cliff in QA can assist. You can obtain a copy of Survey at Security or from your social worker or QA assistant. They can be turned into the same. Do not put your name on them and if you need an envelope to return it in, please ask. The data is entered into the system and the results are sent to our headquarters for review. The surveys are a good tool to determine improvements that may be needed throughout the facility.

Volunteer Department



Special Thank You to the Law Enforcement Officers & Agents from various Police Departments and Agencies within our community who take the time to visit the veterans here at SWVC on a regular basis. From one Hero to the next, Thank You for your Service, Yesterday and Tomorrow!

Volunteer Department



Navy arrives at SWVC for
Ice Cream Social & Bingo.

Thank You for your service to our country!



Volunteer Department



Pitt Law School Students volunteer at SWVC for a Day of Service. These incredible young people spent the day visiting with our veterans and spending time listening to their stories.

Thank You!

Volunteer Department



GTO Car Show & Cookout



Thank You **Greater Pittsburgh GTO Club** for bringing out so many amazing cars for our veterans every year.



Thank You **American Airlines** for sponsoring the cookout and providing such delicious customer service to our veterans!



Thank You **American Red Cross & Disabled American Veterans** & all of the wonderful volunteers who make events like this possible.

Volunteer Department



Waynesburg University Bonner Scholars
make a huge impact on our residents when they visit.
THANK YOU!



Volunteer Department

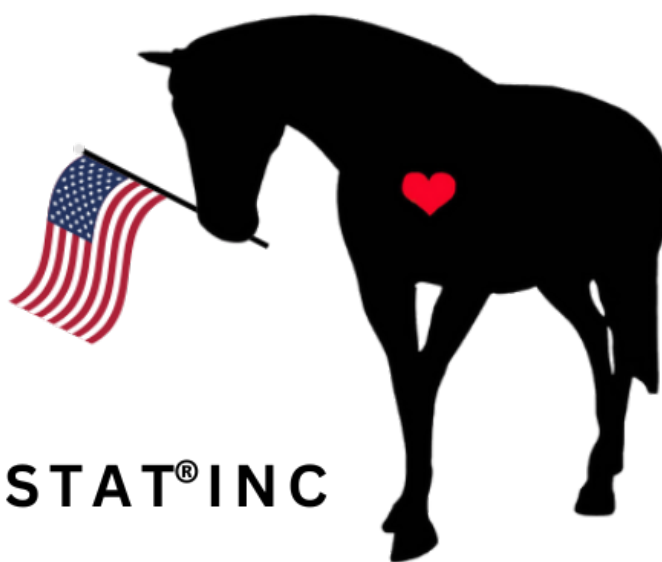


Thursday Sept. 4th & 18th

8:30 - 10am

Activities Room

Equine Therapy
w/ Thumper & Bambi
Friday September 26th
10:30 - 11:30am
PT Courtyard



Volunteer Department

Clothing Donations

We accept all clothing donations to help support our Veterans Welfare Fund. Our collection bin is located in the front of our facility.



SWVC Veterans Welfare Fund

If you or your organization would like to make a donation to support our SWVC Veterans Welfare Fund please scan the QR Code for online donations, or visit the DMVA website

[https://www.pa.gov/agencies/dmva/pa-veterans-homes/
residents-welfare-fund.html](https://www.pa.gov/agencies/dmva/pa-veterans-homes/residents-welfare-fund.html)

Activities Department



**Pitt Football
Salute to Service Scrimmage**



Activities Department



Craft Night



Activities Department



**ADAPT
FORE
VET
GOLF**

THANK YOU
RON LUCAS

**ADAPT
FORE
VET
GOLF**





pennsylvania
DEPARTMENT OF MILITARY
AND VETERANS AFFAIRS

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<div>MP-MULTI-PURPOSE ROOM AC-ACTIVITIES ROOM CT-COUNTRY AND C-CHAPEL L-LOBBY ZSP-ZEP PATIO</div> <div>1 <i>Labor Day</i></div> <div>8:15-10:00 COFFEE/ACTIVITIES-AC 10:00 OUTDOOR ACTIVITY THE NAVY CO UNTYARD 2:00 BLM: PA ELKS SPO NSO RELO-AP 3:30 OUTDOOR ACTIVITY-THERAPY CT 4:00 HYDRATION CAR/VISITS-UNITS 6:30 CARD GAMES AND GAMES-AC</div>	<div>8:15-10:00 COFFEE/ACTIVITIES-AC 10:00 CATHOLIC MASS WITH FATHER STEVE-CHAPEL 2:00 PENTE COSTAL TEMPLE WO HO HP SERVICE-CHAPEL 3:30 FREESTYLE ACTIVITIES-AC</div> <div>2</div> <div>8:15-10:00 BRIDGE'S HOUSING VETERAN TO VETERAN COFFEE OFF-BAC 10:30 CELEBRATE-AC 2:00 WESTERN REGION WOMEN'S MINISTRY SEWING-CHAPEL 3:30 OUTDOOR ACTIVITY-THERAPY CT 4:00 HYDRATION CAR/VISITS-UNITS 7:00 POWERS: NIGHT-AP</div>	<div>8:00-4:00 SHAWING & CARING BOAT RIDE-LOBBY 4:00-5:30 FREESTYLE ACTIVITIES-AC 6:30-8:00 UNIT BASED 1:1 ACTIVITIES</div> <div>3</div> <div>8:15-10:00 COFFEE/ACTIVITIES-AC 10:30 BENCHMARK EXERCISES CRO UP-AP 1:15 WALWART LIEB: LIEB-LOBBY 4:15-5:30 HYDRATION CAR/VISITS-UNITS THE NAVY CT 6:30 LADIES NIGHT NEW MESCENSE-AP 8:30 CARD GAMES-AC</div>	<div>8:15-10:00 COFFEE/ACTIVITIES-AC 10:30 T.A.B.L.E. BALL EXERCISE-AP 2:00 BLM: JOE AND JACKIE SHOW-AP 4:00 HYDRATION CAR/VISITS-UNITS 6:30 MOVIE NIGHT-AP 8:30 FREESTYLE ACTIVITIES-AC</div> <div>4</div> <div>8:15-10:00 COFFEE/ACTIVITIES-AC 10:30 BENCHMARK EXERCISE GROUP-AP 1:30-2:30 CELEBRATE: 30.00-AP 2:00 BLM: AMERICAN LEGION POST 713 PLEASANT HILLS SPO NSO RELO-AP 2:30 MUSIC THERAPY WITH JEFFERSON 3:30 OUTDOOR ACTIVITY-THERAPY CT 4:00 HYDRATION CAR/VISITS-UNITS 7:00 BLM: VFW 274 WEST MEET-AP</div>	<div>8:15-10:00 COFFEE/ACTIVITIES-AC 10:30 T.A.B.L.E. BALL EXERCISE-AP 2:00 BLM: JOE AND JACKIE SHOW-AP 4:00 HYDRATION CAR/VISITS-UNITS 6:30 MOVIE NIGHT-AP 8:30 FREESTYLE ACTIVITIES-AC</div> <div>5</div> <div>8:15-10:00 COFFEE/ACTIVITIES-AC 10:30 T.A.B.L.E. BALL EXERCISE-AP 1:15-2:15 WALWART LIEB-LOBBY 4:15 HYDRATION CAR/VISITS-AP 6:30 MOVIE NIGHT-AP 8:30 FREESTYLE ACTIVITIES-AC</div>	<div>8:15-10:00 COFFEE/ACTIVITIES-AC 10:00 CATHOLIC MASS WITH FATHER STEVE-CHAPEL 2:00 BLM: OAKWOOD HO ME ASSO CATION RAMONA CAN LEGION OAKMONT-AP 3:30 FREESTYLE ACTIVITIES-AC</div> <div>6</div> <div>8:15-10:00 COFFEE/ACTIVITIES-AC 10:30 T.A.B.L.E. BALL EXERCISE-AP 1:15-2:15 WALWART LIEB-LOBBY 4:15 HYDRATION CAR/VISITS-AP 6:30 MOVIE NIGHT-AP 8:30 FREESTYLE ACTIVITIES-AC</div>	
<div>7 <i>Grandparents Day</i></div> <div>8:15-10:00 COFFEE/ACTIVITIES-AC 10:00 CHANNEL 93 CATHOLIC MASS-AP 1:00 STEEL BIRGANE BROAD CAST IN ACTIVITY ROOM 93 JETS-AC 1:30 HORD OF TURTLES-AP 3:30 OUTDOOR ACTIVITY-THERAPY CT 6:30 AA MEETING-CHAPEL</div>	<div>8:15-10:00 COFFEE/ACTIVITIES-AC 10:30 BENCHMARK EXERCISES CRO UP-AP 12:00-1:00 FAMILY CAREGIVER MEET-UP-AP 1:15 LINE DANCING: LIEB-LOBBY 4:15 HYDRATION CAR/VISITS-UNITS 7:00 POWERS: NIGHT-AP</div> <div>8</div> <div>8:15-10:00 COFFEE/ACTIVITIES-AC 10:30 BENCHMARK EXERCISES CRO UP-AP 12:00-1:00 FAMILY CAREGIVER MEET-UP-AP 1:15 LINE DANCING: LIEB-LOBBY 4:15 HYDRATION CAR/VISITS-UNITS 7:00 POWERS: NIGHT-AP</div>	<div>8:15-10:00 COFFEE/ACTIVITIES-AC 10:30 BENCHMARK EXERCISES CRO UP-AP 1:15 WALWART LIEB: LIEB-LOBBY 4:15-5:30 HYDRATION CAR/VISITS-UNITS THE NAVY CT 6:30 LADIES NIGHT NEW MESCENSE-AP 8:30 CARD GAMES-AC</div> <div>9</div> <div>8:15-10:00 COFFEE/ACTIVITIES-AC 10:30 RELO: DE NT CO UNCL-AP 2:00 BLM: SPO NSO RELO BY BET SY THE HARDY RESER-AP 3:30 OUTDOOR ACTIVITY-THERAPY CT 4:00 HYDRATION CAR/VISITS-UNITS 6:30 ADAPT FORE VET GOLF ON-SITE SPONSORED BY THE PA ELKS-AP</div>	<div>8:15-10:00 COFFEE/ACTIVITIES-AC 10:30 BENCHMARK EXERCISES CRO UP-AP 1:15 WALWART LIEB: LIEB-LOBBY 4:15-5:30 HYDRATION CAR/VISITS-UNITS THE NAVY CT 6:30 LADIES NIGHT NEW MESCENSE-AP 8:30 CARD GAMES-AC</div> <div>10</div> <div>8:15-10:00 COFFEE/ACTIVITIES-AC 10:30 BENCHMARK EXERCISES CRO UP-AP 1:15 WALWART LIEB: LIEB-LOBBY 4:15-5:30 HYDRATION CAR/VISITS-UNITS THE NAVY CT 6:30 LADIES NIGHT NEW MESCENSE-AP 8:30 CARD GAMES-AC</div>	<div>8:15-10:00 COFFEE/ACTIVITIES-AC 10:30 BENCHMARK EXERCISES CRO UP-AP 1:30-2:30 CELEBRATE: 30.00-AP 2:00 BLM: VFW AUXILIARY 3:30 OUTDOOR ACTIVITY-THERAPY CT 4:00 HYDRATION CAR/VISITS-UNITS 7:00 BLM: VFW AUX 2754 WEST MEET-AP</div> <div>11 <i>Patriot Day</i></div> <div>8:15-10:00 COFFEE/ACTIVITIES-AC 10:30 BENCHMARK EXERCISE GROUP-AP 1:30-2:30 CELEBRATE: 30.00-AP 2:00 BLM: VFW AUXILIARY 3:30 OUTDOOR ACTIVITY-THERAPY CT 4:00 HYDRATION CAR/VISITS-UNITS 7:00 BLM: VFW AUX 2754 WEST MEET-AP</div>	<div>8:15-10:00 COFFEE/ACTIVITIES-AC 10:30 T.A.B.L.E. BALL EXERCISE-AP 2:00 BLM: SPO NSO RELO BY RETIRED EMPLOYEES RAMONA AND DONNA-AP 4:00 HYDRATION CAR/VISITS-UNITS 6:30 MOVIE NIGHT-AP 8:30 FREESTYLE ACTIVITIES-AC</div> <div>12</div> <div>8:15-10:00 COFFEE/ACTIVITIES-AC 10:30 T.A.B.L.E. BALL EXERCISE-AP 2:00 BLM: JOE AND JACKIE SHOW-AP 4:00 HYDRATION CAR/VISITS-UNITS 6:30 MOVIE NIGHT-AP 8:30 FREESTYLE ACTIVITIES-AC</div>	
<div>8:15-10:00 COFFEE/ACTIVITIES-AC 10:00 CHANNEL 93 CATHOLIC MASS-AP 1:00 STEEL BIRGANE BROAD CAST IN ACTIVITY ROOM 93 JETS-AC 1:30 HORD OF TURTLES-AP 3:30 OUTDOOR ACTIVITY-THERAPY CT 6:30 AA MEETING-CHAPEL</div> <div>14</div> <div>8:15-10:00 COFFEE/ACTIVITIES-AC 10:30 BENCHMARK EXERCISES CRO UP-AP 2:00 BLM: VFW 3948 MORNINGSIDE-AP 3:30 OUTDOOR ACTIVITY-THERAPY CT 4:00 HYDRATION CAR/VISITS-UNITS 6:30 ADAPT FORE VET GOLF ON-SITE SPONSORED BY THE PA ELKS-AP</div>	<div>8:15-10:00 COFFEE/ACTIVITIES-AC 10:30 BENCHMARK EXERCISES CRO UP-AP 1:00 VETE HANS FUND MEETING-AP 1:15 WALWART LIEB: LIEB-LOBBY 4:00 CARD GAMES AND GAMES-AC 6:30 CRAFT NIGHT-AC</div> <div>15</div> <div>8:15-10:00 COFFEE/ACTIVITIES-AC 10:30 BENCHMARK EXERCISES CRO UP-AP 2:00 BLM: SPO NSO RELO BY THE WOPH CHAPTER #485-AP 3:30 OUTDOOR ACTIVITY-THERAPY CT 4:00 HYDRATION CAR/VISITS-UNITS 6:30 ADAPT FORE VET GOLF ON-SITE SPONSORED BY THE PA ELKS-AP</div>	<div>8:15-10:00 COFFEE/ACTIVITIES-AC 10:30 BENCHMARK EXERCISES CRO UP-AP 1:15 WALWART LIEB: LIEB-LOBBY 4:15-5:30 HYDRATION CAR/VISITS-UNITS THE NAVY CT 6:30 LADIES NIGHT NEW MESCENSE-AP 8:30 CARD GAMES-AC</div> <div>16</div> <div>8:15-10:00 COFFEE/ACTIVITIES-AC 10:30 BLM: VFW 351 PENN HILLS-AP 2:00 BLM: SPO NSO RELO BY THE WOPH CHAPTER #485-AP 3:30 OUTDOOR ACTIVITY-THERAPY CT 4:00 HYDRATION CAR/VISITS-UNITS 7:00 BLM: MARINE CORPS LEAGUE-AP</div>	<div>8:15-10:00 COFFEE/ACTIVITIES-AC 10:30 BENCHMARK EXERCISES CRO UP-AP 1:15 WALWART LIEB: LIEB-LOBBY 4:15-5:30 HYDRATION CAR/VISITS-UNITS THE NAVY CT 6:30 LADIES NIGHT NEW MESCENSE-AP 8:30 CARD GAMES-AC</div> <div>17</div> <div>8:15-10:00 COFFEE/ACTIVITIES-AC 10:30 BENCHMARK EXERCISES CRO UP-AP 1:15 WALWART LIEB: LIEB-LOBBY 4:15-5:30 HYDRATION CAR/VISITS-UNITS THE NAVY CT 6:30 LADIES NIGHT NEW MESCENSE-AP 8:30 CARD GAMES-AC</div>	<div>8:15-10:00 COFFEE/ACTIVITIES-AC 10:30 BENCHMARK EXERCISES CRO UP-AP 1:30-2:30 CELEBRATE: 30.00-AP 2:00 BLM: SHAWING & CARING-AP 3:30 OUTDOOR ACTIVITY-THERAPY CT 4:00 HYDRATION CAR/VISITS-UNITS 7:00 BLM: THE ELKS-AP</div> <div>18</div> <div>8:15-10:00 COFFEE/ACTIVITIES-AC 10:30 BENCHMARK EXERCISES CRO UP-AP 1:30-2:30 CELEBRATE: 30.00-AP 2:00 BLM: SHAWING & CARING-AP 3:30 OUTDOOR ACTIVITY-THERAPY CT 4:00 HYDRATION CAR/VISITS-UNITS 7:00 BLM: THE ELKS-AP</div>	<div>8:15-10:00 COFFEE/ACTIVITIES-AC 10:30 T.A.B.L.E. BALL EXERCISE-AP 2:00 BLM: SPO NSO RELO BY RETIRED EMPLOYEES RAMONA AND DONNA-AP 4:00 HYDRATION CAR/VISITS-UNITS 6:30 MOVIE NIGHT-AP 8:30 FREESTYLE ACTIVITIES-AC</div> <div>19</div> <div>8:15-10:00 COFFEE/ACTIVITIES-AC 10:30 T.A.B.L.E. BALL EXERCISE-AP 2:00 BLM: SPO NSO RELO BY RETIRED EMPLOYEES RAMONA AND DONNA-AP 4:00 HYDRATION CAR/VISITS-UNITS 6:30 MOVIE NIGHT-AP 8:30 FREESTYLE ACTIVITIES-AC</div>	
<div>8:15-10:00 COFFEE/ACTIVITIES-AC 10:00 CHANNEL 93 CATHOLIC MASS-AP 1:00 STEEL BIRGANE BROAD CAST IN ACTIVITY ROOM 93 JETS-AC 1:30 HORD OF TURTLES-AP 3:30 OUTDOOR ACTIVITY-THERAPY CT 6:30 AA MEETING-CHAPEL</div> <div>21 <i>Peace Day</i></div> <div>8:15-10:00 COFFEE/ACTIVITIES-AC 10:30 CHANNEL 93 CATHOLIC MASS-AP 1:00 STEEL BIRGANE BROAD CAST IN ACTIVITY ROOM 93 JETS-AC 1:30 HORD OF TURTLES-AP 3:30 OUTDOOR ACTIVITY-THERAPY CT 6:30 AA MEETING-CHAPEL</div>	<div>8:15-10:00 COFFEE/ACTIVITIES-AC 10:30 BENCHMARK EXERCISES CRO UP-AP 2:00 BLM: PA ELKS SPO NSO RELO-AP 2:30 MUSIC THERAPY WITH JEFFERSON 3:30 OUTDOOR ACTIVITY-THERAPY CT 4:00 HYDRATION CAR/VISITS-UNITS 6:30 ADAPT FORE VET GOLF ON-SITE SPONSORED BY THE PA ELKS-AP</div> <div>22 <i>Autumn begins</i></div> <div>8:15-10:00 COFFEE/ACTIVITIES-AC 10:30 BENCHMARK EXERCISES CRO UP-AP 2:00 BLM: PA ELKS SPO NSO RELO-AP 2:30 MUSIC THERAPY WITH JEFFERSON 3:30 OUTDOOR ACTIVITY-THERAPY CT 4:00 HYDRATION CAR/VISITS-UNITS 6:30 ADAPT FORE VET GOLF ON-SITE SPONSORED BY THE PA ELKS-AP</div>	<div>8:15-10:00 COFFEE/ACTIVITIES-AC 10:30 BENCHMARK EXERCISES CRO UP-AP 1:15 WALWART LIEB: LIEB-LOBBY 4:15 HYDRATION CAR/VISITS-UNITS 6:30 POWERS: NIGHT-AP</div> <div>23</div> <div>8:15-10:00 COFFEE/ACTIVITIES-AC 10:00 T.A.B.L.E. BALL EXERCISE-AP 10:30 CELEBRATE-AC 1:15 WALWART LIEB: LIEB-LOBBY 4:15 HYDRATION CAR/VISITS-UNITS 6:30 POWERS: NIGHT-AP</div>	<div>8:15-10:00 COFFEE/ACTIVITIES-AC 10:30 BENCHMARK EXERCISES CRO UP-AP 1:15 WALWART LIEB: LIEB-LOBBY 4:15-5:30 HYDRATION CAR/VISITS-UNITS THE NAVY CT 6:30 LADIES NIGHT TEA PARTY-AP 8:30 ADAPT FORE VET GOLF ON-SITE SPONSORED BY THE PA ELKS-AP</div> <div>24</div> <div>8:15-10:00 COFFEE/ACTIVITIES-AC 10:30 BENCHMARK EXERCISES CRO UP-AP 1:15 WALWART LIEB: LIEB-LOBBY 4:15-5:30 HYDRATION CAR/VISITS-UNITS THE NAVY CT 6:30 LADIES NIGHT TEA PARTY-AP 8:30 ADAPT FORE VET GOLF ON-SITE SPONSORED BY THE PA ELKS-AP</div>	<div>8:15-10:00 COFFEE/ACTIVITIES-AC 10:30 BENCHMARK EXERCISES CRO UP-AP 1:30-2:30 CELEBRATE: 30.00-AP 2:00 BLM: IN MEMORY OF VETERAN JESSE H-AP 3:00 JIMMY'S TALENT SHOW-AP 4:00 HYDRATION CAR/VISITS-UNITS 6:30 UNIT BASED 1:1 ACTIVITIES</div> <div>25</div> <div>8:15-10:00 COFFEE/ACTIVITIES-AC 10:30 BENCHMARK EXERCISES CRO UP-AP 1:30-2:30 CELEBRATE: 30.00-AP 2:00 BLM: IN MEMORY OF VETERAN JESSE H-AP 3:00 JIMMY'S TALENT SHOW-AP 4:00 HYDRATION CAR/VISITS-UNITS 6:30 UNIT BASED 1:1 ACTIVITIES</div>	<div>8:15-10:00 COFFEE/ACTIVITIES-AC 10:30 T.A.B.L.E. BALL EXERCISE-AP 2:00 BLM: CATHY ZANG-AP 4:00 HYDRATION CAR/VISITS-UNITS 7:00 BLM: WOPH CHAPTER #485-AP</div> <div>26</div> <div>8:15-10:00 COFFEE/ACTIVITIES-AC 10:30 STAT HEALING WITH HO RELE- POWER 1:00 POXY FARM FOOD TRUCK-AMB 2:00 BLM: CATHY ZANG-AP 4:00 HYDRATION CAR/VISITS-UNITS 7:00 BLM: WOPH CHAPTER #485-AP</div>	
<div>8:15-10:00 COFFEE/ACTIVITIES-AC 10:00 CHANNEL 93 CATHOLIC MASS-AP 2:00 BLM: OAKWOOD HO ME ASSO CATION RAMONA CAN LEGION OAKMONT-AP 6:30 AA MEETING-CHAPEL</div> <div>28</div> <div>8:15-10:00 COFFEE/ACTIVITIES-AC 10:30 CHANNEL 93 CATHOLIC MASS-AP 2:00 BLM: OAKWOOD HO ME ASSO CATION RAMONA CAN LEGION OAKMONT-AP 6:30 AA MEETING-CHAPEL</div>	<div>8:15-10:00 COFFEE/ACTIVITIES-AC 10:30 BENCHMARK EXERCISES CRO UP-AP 2:00 HUMAN SLOTS GAME WITH APRIL- FROM ANOVA HOUSING-AP 3:30 OUTDOOR ACTIVITY-THERAPY CT 4:00 HYDRATION CAR/VISITS-UNITS 6:30 ADAPT FORE VET GOLF ON-SITE</div> <div>29</div> <div>8:15-10:00 COFFEE/ACTIVITIES-AC 10:30 BENCHMARK EXERCISES CRO UP-AP 2:00 HUMAN SLOTS GAME WITH APRIL- FROM ANOVA HOUSING-AP 3:30 OUTDOOR ACTIVITY-THERAPY CT 4:00 HYDRATION CAR/VISITS-UNITS 6:30 ADAPT FORE VET GOLF ON-SITE</div>	<div>8:15-10:00 COFFEE/ACTIVITIES-AC 10:30 BENCHMARK EXERCISES CRO UP-AP 2:00 BLM: SPO NSO RELO BY BET SY THE HARDY RESER-AP 3:30 OUTDOOR ACTIVITY-THERAPY CT 4:00 HYDRATION CAR/VISITS-UNITS 6:30 ADAPT FORE VET GOLF ON-SITE SPONSORED BY THE PA ELKS-AP</div> <div>30</div> <div>8:15-10:00 COFFEE/ACTIVITIES-AC 10:30 FREESTYLE ACTIVITIES-AC 2:00 HOUSING 305 AUCTION-AP 3:30 OUTDOOR ACTIVITY-THERAPY CT 4:00 HYDRATION CAR/VISITS-UNITS 6:30 CELEBRATE-AC 8:30 CARD GAMES-AP</div>	<div>8:15-10:00 COFFEE/ACTIVITIES-AC 10:30 BENCHMARK EXERCISES CRO UP-AP 1:15 WALWART LIEB: LIEB-LOBBY 4:15-5:30 HYDRATION CAR/VISITS-UNITS THE NAVY CT 6:30 LADIES NIGHT NEW MESCENSE-AP 8:30 CARD GAMES-AC</div> <div>31</div> <div>8:15-10:00 COFFEE/ACTIVITIES-AC 10:30 BENCHMARK EXERCISES CRO UP-AP 1:15 WALWART LIEB: LIEB-LOBBY 4:15-5:30 HYDRATION CAR/VISITS-UNITS THE NAVY CT 6:30 LADIES NIGHT NEW MESCENSE-AP 8:30 CARD GAMES-AC</div>	<div>8:15-10:00 COFFEE/ACTIVITIES-AC 10:30 T.A.B.L.E. BALL EXERCISE-AP 2:00 BLM: SPO NSO RELO BY RETIRED EMPLOYEES RAMONA AND DONNA-AP 4:00 HYDRATION CAR/VISITS-UNITS 6:30 MOVIE NIGHT-AP 8:30 FREESTYLE ACTIVITIES-AC</div> <div>32</div> <div>8:15-10:00 COFFEE/ACTIVITIES-AC 10:30 T.A.B.L.E. BALL EXERCISE-AP 2:00 BLM: SPO NSO RELO BY RETIRED EMPLOYEES RAMONA AND DONNA-AP 4:00 HYDRATION CAR/VISITS-UNITS 6:30 MOVIE NIGHT-AP 8:30 FREESTYLE ACTIVITIES-AC</div>	<div>8:15-10:00 COFFEE/ACTIVITIES-AC 10:00 CATHOLIC MASS WITH FATHER STEVE-CHAPEL 2:00 BLM: OAKWOOD HO ME ASSO CATION RAMONA CAN LEGION OAKMONT-AP 3:30 FREESTYLE ACTIVITIES-AC</div> <div>33</div> <div>8:15-10:00 COFFEE/ACTIVITIES-AC 10:00 CATHOLIC MASS WITH FATHER STEVE-CHAPEL 2:00 BLM: OAKWOOD HO ME ASSO CATION RAMONA CAN LEGION OAKMONT-AP 3:30 FREESTYLE ACTIVITIES-AC</div>	

Worship Schedule



Catholic Mass w/ Father Steve

Saturday September 6th & 20th @ 10am

Pentecostal Temple Worship Service

Saturday September 6th @ 2pm

Lincoln Avenue Church of God

Sunday September 21st @ 2pm

Thank You to those who volunteer their time to visit us at SWVC and worship with us.

If your organization is interested in supporting the spiritual health of our veterans at SWVC through worship services, bible study groups, or social gatherings please contact Volunteer Services at 412-665-6790.


 alzheimer's association®


DEMENTIA CAREGIVER SUPPORT GROUP

Southwestern Veterans' Center Support Groups

Presented by:

Alzheimer's Association

Greater Pennsylvania

OPEN TO CAREGIVERS OF VETERANS AND NON-VETERANS

1st Monday every month @ 12pm in Chapel

Southwestern Veterans' Center Chapel

7060 Highland Drive

Pittsburgh, PA 15206

Contact - Brian Beach, Volunteer Coordinator

bribeach@pa.gov 412-665-6790

Visit alz.org/pa to learn more about caregiver programs and resources. To further extend your network of support, visit ALZ connected®, our online community, at alzconnected.org.

Build a support system with people who understand.

Alzheimer's Association® support groups, conducted by trained facilitators, are a safe place for people living with dementia and their care partners to:

- Develop a support system.
- Exchange practical information on challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and concerns.
- Learn about community resources.

800.272.3900 | alz.org

VETERANS SUPPORT GROUP



ALL RESIDENT VETERANS ARE WELCOME
MEETS THE 1ST SATURDAY OF EVERY MONTH

TIME: 6:30 PM

PLACE: MULTI-PURPOSE ROOM



SWVC

Family & Friend
Caregivers

Meetup/Teamup

Monday, September 8, 2025

Noon - 3PM

Connect
Chat

Refresh
Games

MP Room
Refreshments





Want to keep updated on DMVA?
Follow us on these
social media platforms!



facebook



Search "Pennsylvania Department of Military and Veterans Affairs" on any of those sites to connect with us and see the latest news, pictures and videos from DMVA.



Newsletter Mailing List:

If you would like to be added or removed from the newsletter mailing list please contact

Brian Beach / Volunteer Resource Coordinator

bribeach@pa.gov / 412-665-6790