



Are You Exempt from SNAP Work Reporting Requirements?

As of November 1, 2025, SNAP recipients must report at least 20 hours of work, education, training, and/or volunteering per week (or 80 hours per month) to receive benefits. You may be exempt from these new work and reporting requirements if you are:

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| ☐ Living in a SNAP household with a child under 14; | ☐ Participating in a drug or alcohol treatment program; | ☐ Caring for an ill or disabled person; |
| ☐ Unable to work because of a physical or mental health condition, whether or not you qualify for disability benefits; | ☐ Temporarily unemployed and expect to return to work in the next 60 days; | ☐ Earning \$217.50 or more per week in pre-tax wages, even if you are working less than 20 hours per week; or |
| ☐ Unable to work because of domestic violence; | ☐ Currently pregnant; | ☐ Enrolled in school half-time or more, even if you're going to school less than 20 hours per week. |
| ☐ Receiving (or applied for) unemployment compensation (UC); | ☐ Experiencing homelessness, living in a shelter or halfway house, or staying with family or friends for 90 days or less; | |

If an item in this list describes you or you have questions about exemptions, contact your caseworker at your [local county assistance office \(CAO\)](#).

Visit dhs.pa.gov/work for more information.



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