



Free Training. Real Skills. New Beginnings.

SNAP Employment and Training (E&T) is a free program that helps people who get SNAP learn new skills, get training, and find a better job. It can help you gain new skills to build a better future — at no cost to you.

Joining SNAP E&T can help you pay for things that make it easier to go back to school or work.

Who Can Get This Help?

You may qualify if:

- + You receive **SNAP benefits** (food stamps)
- AND**
- + You're **enrolled or planning to enroll in a training, school, or work activity that's approved** through SNAP E&T.

What Could SNAP E&T Help Cover?

SNAP E&T could help you pay for the things you need to succeed in a training program or a new job, like:

- + **Gas or bus fare to get to class, job training, or a new job.**
- + **Books**
- + **Clothing and shoes for school or a new job**
- + **Fees for licensing or tests**
- + **Tools or gear you need for your new job**
- + **Other fees that may be associated with your new job or school**

Note: Assistance is provided during training and for the first 90 days of a new job.

How Can I Get This Assistance?

1. Talk to your caseworker or program provider. They will discuss your options, help you estimate costs, and complete a form (PA 1883) with you.
2. A decision is made within 15 days from when you completed the form.
3. If approved, the funds will be deposited to your EBT card or mailed prior to the date the items are needed by to help cover the cost.

Note: You must turn in a receipt within 14 days after you get the money.

Eligibility Requirements

- + You must need the item or service for your new job or training.
- + You **don't already have the item or service.**
- + The item or service cannot be received for free.
- + You **can't buy the item(s) needed first** and then ask for reimbursement.
- + Estimates must be the **lowest cost** option that still meets your needs.

Note: You can not exceed your annual or life time limits that apply.

We've got your back — Get Help with What You Need

Ready to take the next step? We're here to help with free support, training, and tools. No matter where you are in your journey, we'll work with you to help you grow.

SNAP Employment and Training: More than just a job. A fresh start.

SNAP Employment and Training is **More Than a Job.**