

# SIGNS OF CHOKING



Inability to cry  
or make any sound



Unable to cough,  
or weak, ineffective  
coughing



Soft or high-pitched  
sounds while inhaling



Difficulty breathing -  
ribs and chest retract



Bluish skin colour  
or lips



Loss of consciousness if  
the blockage is not  
cleared



The casualty may  
be clutching or  
pointing at their  
throat

