

#### North Central Pennsylvania Rural Health Summit

Evaluating health outcomes for rural Pennsylvanians can help to identify gaps in the public health and health care systems that serve our rural communities and inform conversations about solutions to address gaps.

These data represent an overview of health outcomes for chronic diseases, fatal injuries, maternal and infant health, and the health care workforce. Each figure displays health metrics for the eight counties participating in the rural health summit compared to the state average (the bottom bar). When reviewing the figures, note that the bars are color coded. Yellow represents the state average for that measure (i.e., if a county bar is yellow, then it is the same as the state average). Blue represents outcomes *better* than the state average, and the red represents outcomes *worse* than the state average.

Consider how these data can inform the development of measurable goals and strategies to improve health outcomes in your community.



Life expectancy

Data: 2020-2022

Source: <u>https://www.countyhealthrankings.org/health-data/population-health-and-well-being/length-of-life/life-span/life-expectancy?state=42&year=2025&tab=1</u>



#### Age-adjusted cancer deaths

Data: 2019-2023



Source: https://www.pa.gov/content/dam/copapwp-

pagov/en/health/documents/topics/healthstatistics/vitalstatistics/countyhealthprofiles/document s/current/index.html

Notes: click each county and scroll down to Deaths table.

## Age-adjusted cardiovascular deaths

Data: 2019-2023



Source: https://www.pa.gov/content/dam/copapwp-

pagov/en/health/documents/topics/healthstatistics/vitalstatistics/countyhealthprofiles/document s/current/index.html

Notes: click each county and scroll down to Deaths table.



#### Obesity prevalence among adults

Data: 2022



Source: https://www.countyhealthrankings.org/health-data/population-health-and-wellbeing/quality-of-life/physical-health/adult-obesity?state=42&year=2025&tab=1

#### Diabetes prevalence among adults

Data: 2022



Source: https://www.countyhealthrankings.org/health-data/population-health-and-wellbeing/quality-of-life/physical-health/diabetes-prevalence?state=42&year=2025&tab=1



# Smoking prevalence among adults

Data: 2022



Source: https://www.countyhealthrankings.org/health-data/community-conditions/healthinfrastructure/health-promotion-and-harm-reduction/adult-smoking?year=2025&state=42&tab=1



Suicide deaths

Data: 2018-2022



Source: <u>https://www.countyhealthrankings.org/health-data/population-health-and-well-being/quality-of-life/mental-health/suicides?state=42&year=2025&tab=1</u> Notes: blank values reflect unreliable or missing data.

## **Firearm deaths**

Data: 2018-2022



Source: https://www.countyhealthrankings.org/health-data/community-conditions/social-andeconomic-factors/safety-and-social-support/firearm-fatalities?year=2025&state=42&tab=1 Notes: blank values reflect unreliable or missing data.



#### Drug (any) overdose deaths

Data: 2023



#### Source:

https://public.tableau.com/app/profile/pennsylvania.pdmp/viz/PennsylvaniaODSMPDrugOverdose SurveillanceInteractiveDataReport/Contents

Notes: blank if count between 1–5.

#### Motor vehicle crash deaths

Data: 2016–2022



Source: https://www.countyhealthrankings.org/health-data/community-conditions/social-andeconomic-factors/safety-and-social-support/motor-vehicle-crashdeaths?year=2025&state=42&tab=1

Notes: blank values reflect unreliable or missing data.



## Infant death rate

Data: 2019-2023



Source: <u>https://www.phaim1.health.pa.gov/EDD/WebForms/InfDeathCnty.aspx</u> Notes: blank values if count < 10; the green bar represents the goal set by Health People 2030.



# Prenatal care, 1<sup>st</sup> trimester

Data 2019–2023

Source: <u>https://www.phaim1.health.pa.gov/EDD/WebForms/BirthCntySt.aspx</u> Notes: to view data, select counties of interest, five years, all races, all ages.



Low birth weight

Data: 2019-2023



Source: <u>https://www.phaim1.health.pa.gov/EDD/WebForms/BirthCntySt.aspx</u> Notes: to view data, select counties of interest, five years, all races, all ages.

# Preterm birth

Data: 2019-2023



Source: https://www.phaim1.health.pa.gov/EDD/WebForms/BirthCntySt.aspx

Notes: preterm birth is defined as <37 weeks gestational age. To view data, select counties of interest, five years, all races, all ages.



#### Resident to health care provider ratios

Data: PCPs, 2021; mental health, 2024; dentists, 2022



Source: <u>https://www.countyhealthrankings.org/health-data/community-conditions/health-infrastructure/clinical-care/primary-care-physicians?year=2025&state=42&tab=1</u> Notes: blank values reflect unreliable or missing data.



Source: <u>https://www.countyhealthrankings.org/health-data/community-conditions/health-infrastructure/clinical-care/mental-health-providers?year=2025&state=42&tab=1</u>





Source: https://www.countyhealthrankings.org/health-data/community-conditions/healthinfrastructure/clinical-care/dentists?year=2025&state=42&tab=1 Notes: blank values reflect unreliable or missing data.