

What Does a Plan of Safe Care Do?

The purpose of A Plan of Safe Care is to:

Ensure you and your baby remain healthy and safe

- Work with you to identify your overall needs
- Make referrals and link you to services
- Focus on your and the health and development of your baby

How Does This Affect Me?

If you used alcohol or other substances during pregnancy and your baby meets any of the guidelines, a call will be made to Childline after the birth of your baby, which starts a referral to the Plan of Safe Care Team. As a team we will meet with you to discuss your goals and how the program can best support you and your family.



How Can I Get Help?

If you are using alcohol or other substances talk to your healthcare provider. You can get help to stop using from counseling, support groups and treatment programs. Your healthcare provider knows you want your baby to be as healthy as possible. Your healthcare provider wants to help you create a plan to make that happen.

For information and resources across Pennsylvania for pregnant women you can contact the State Hotline:

PHONE: 800-662-HELP

Wayne County Human Services Agency is a resource for programs in our area that accept Medicaid or will work with you if you don't have insurance coverage. Staff, who answer this number 24 hours a day, 7 days a week, can talk with you and connect you with services nearby.

PHONE : 570-253-6022

ONLINE: [http://www.waynecountypa.gov/101/Human - Services](http://www.waynecountypa.gov/101/Human-Services)

If you have private insurance, contact the Mental Health/Substance Use number listed on the back of your insurance card.

What are The Impacts of Substances on My Developing Baby?

A variety of substances may affect your baby in different ways. For more information please speak to your OBGYN or healthcare provider.



Plan of Safe Care



The goal is to work with you to plan how to best support your health and your baby's health and development.

What Is A Plan of Safe Care Notification?

The PA state law, Act 54 of 2018, now requires hospitals and those delivering babies to inform Childline when a baby has:

- Withdrawal signs and symptoms
- Signs of being affected by a Fetal Alcohol Spectrum Disorder

It is Wayne Memorial's policy to inform Childline when:

- A positive ***test for substances at birth which could indicate substance use in the mother during pregnancy.***
- A mom with a safety or risk assessment that is ***concerning to a healthcare provider.***
- A mom that had an untreated substance use disorder during pregnancy or at birth. This is NOT a report of suspected child abuse or neglect. It only starts a referral and the creation of a Plan of Safe Care. A Plan of Safe Care includes a referral to the Plan of Safe Care Team (POSCT) program. POSCT will contact you and work with you to create a plan to support both you and your baby's health and development.



What If I am Taking Medication My Doctor Gave Me?

Even if you are taking medicine as directed, your baby may be identified for a Plan of Safe Care **because of a positive drug test** or withdrawal symptoms. Some medicines can result in babies being at higher risk for complications. Many of these complications can be safely managed by your baby's doctor when the baby is born.

DO NOT stop taking your medicine until you talk to your provider. Often women need to continue taking medicine while pregnant. Suddenly stopping a medicine may be riskier than continuing to take it while under a doctor's care.

What Is a Plan of Safe Care Team (POSCT)?

POSCT is a free, voluntary program to help families improve the health of their children through your pregnancy and forward. They will work with you to focus on the health and development of your baby. POSCT will:

- Have a case manager work with you and your baby
- Talk about family strengths and concerns with you through home visits, phone calls, and other types of contact
- Tell you about programs, services and resources for your family
- Act as a link between you and your child's doctor
- Tell you about parent support programs in your area
- Offer encouragement and support

Plan of Safe Care Team

*Wayne County Government Agencies

- * Drug and Alcohol Commission
- * Office of Behavioral and Developmental Programs and Early Intervention
- * Children and Youth Services
- * Transportation Office
- * Human Services Administration

Wayne Memorial Hospital

Women's Health Center

The Family Center

