

# A NEW CHOICE IN MANAGED CARE

## COMMUNITY HEALTHCHOICES (CHC) WILL BE AVAILABLE IN YOUR AREA JANUARY 1, 2020.

As a current Living Independence for the Elderly (LIFE) participant, you may stay in the LIFE program or you may choose to move to CHC.

### ► Do I have to move to CHC?

**NO. You may stay in the LIFE program.**

LIFE has been serving eligible seniors in Pennsylvania since 1998. The program has been enhanced to provide unique benefits to keep seniors in their homes and prevent nursing home placement. Currently in the LIFE program:

- 1.** Your care is managed and delivered by an interdisciplinary team including your doctor, nurse, social worker, occupational and physical therapists, and other care staff.
- 2.** You have a LIFE Center where you have access to activities, meals, your care team, and personal care services.
- 3.** Transportation is provided to the LIFE Center and all medical appointments through the LIFE program.
- 4.** All of your health and supportive service needs — whether a Medicare or Medicaid benefit — are covered by LIFE.

### ► What is CHC?

CHC uses managed care plans to ensure all of your physical health services and long-term services work together. A CHC plan will work with your doctors, providers, and Medicare to ensure you receive the services you need.

You will be able to choose between three CHC plans: AmeriHealth Caritas (Keystone First Community HealthChoices in the Southeast), Pennsylvania Health & Wellness, and UPMC Community HealthChoices.

### ► How do I find out more about CHC?

Call 1-844-824-3655 or go to the CHC website, [www.HealthChoices.pa.gov](http://www.HealthChoices.pa.gov).

Community  
**HealthChoices**

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