

Behavioral Interventions: A Provider's Response



Pennsylvania

**Department of Drug and
Alcohol Programs**

Disclaimers

- *Alignment with The ASAM Criteria is required of drug and alcohol treatment providers that receive funding for providing treatment services under agreements with Single County Authorities and/or Managed Care Organizations.*
- *DDAP stresses the importance of reviewing the ASAM Criteria text in its entirety, attending the ASAM training, and reviewing the resources available through DDAP including trainings and documents.*

Ra-daasam@pa.gov



Pennsylvania
Department of Drug and
Alcohol Programs

Learning Objectives

- Discuss how provider practices can inform broader strategies for addressing treatment barriers across various settings.
- Identify ways in which individualized and flexible treatment planning can support individuals in reducing substance use and progress toward recovery goals.
- Engage in dialogue with peers to share and explore behavioral intervention strategies that support person-centered care and recovery outcomes.



Poll Questions

Tell us your role

- ☐ Executive Director
- ☐ Clinical Director
- ☐ Clinical Supervisor
- ☐ Counselor
- ☐ Administration
- ☐ Medical Staff
- ☐ Support Staff (e.g. CRS)
- ☐ Case Manager
- ☐ DDAP
- ☐ SCA
- ☐ MCO

What barriers do you face when individualizing treatment?

- ☐ Staff training
- ☐ Staff comfort level
- ☐ Individual resistance or engagement concerns
- ☐ Program policies
- ☐ Lack of resources
- ☐ Time constraints
- ☐ Other (type in chat)



Pennsylvania
**Department of Drug and
Alcohol Programs**

Today's Presenter

Amy Maurizio, MS, MBA, CAADC, CCS

*Director of Operations for Substance Use Disorders and Recovery Services
at St. Luke's Penn Foundation*



Pennsylvania
Department of Drug and
Alcohol Programs

Behavioral Interventions: A Provider's Response

StLuke's Penn Foundation

MENTAL HEALTH SERVICES

Hope, Recovery and Wellness **TOGETHER**

Scope of Presentation

To present the intervention system utilized at St. Luke's Penn Foundation for addressing situations that may impede client progress toward their treatment and recovery goals.



INTERVENTION

Program Overview

Screening and
Assessment

Outpatient

IOP

Psychiatry

MOUD/MAUD

Mobile
Engagement
Services (MES)

Referral

Naloxone, Test
Strips, Wound
Care Kits

Community Events

Our Philosophy



We believe that Buprenorphine is a valuable tool that has been shown to decrease the risk of overdose deaths and helps individuals meet their recovery goals and improve their quality of life.



St. Luke's Penn Foundation offers buprenorphine as part of a comprehensive treatment plan that includes counseling and other recovery support services, providing a whole-person approach to recovery.

Approach to Care



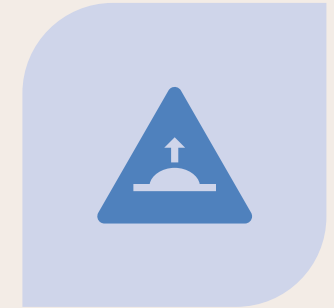
COMBINING ABSTINENCE AND REDUCTION IN SUBSTANCE USE APPROACHES CAN PROVIDE A FLEXIBLE AND INDIVIDUALIZED TREATMENT PLAN THAT MEETS THE UNIQUE NEEDS OF EACH PERSON.



THIS INTEGRATED APPROACH ALLOWS INDIVIDUALS TO START WITH HARM REDUCTION STRATEGIES, FOCUSING ON REDUCING THE FREQUENCY AND QUANTITY OF SUBSTANCE USE, WHILE GRADUALLY WORKING TOWARDS RECOVERY GOALS.



THIS METHOD ACKNOWLEDGES THAT THE JOURNEY TO RECOVERY IS NOT LINEAR AND PROVIDES A SUPPORTIVE FRAMEWORK FOR INDIVIDUALS AT DIFFERENT STAGES OF READINESS.



BY INCORPORATING BOTH APPROACHES, WE CAN OFFER A CONTINUUM OF CARE THAT PROMOTES IMMEDIATE SAFETY AND LONG-TERM RECOVERY, ENHANCING OVERALL HEALTH AND WELL-BEING

Key Factors



SHARED DECISION
MAKING



EVIDENCE-BASED
PRACTICES



RECOVERY FOCUSED
ACTIVITIES



FLEXIBILITY IN
TREATMENT DELIVERY

Situations necessitating intervention



Interventions

Level 1 Interventions

- More frequent urine drug screens
- Referral to CM or other recovery supports
- Engagement with recovery supports in the community such as 12 step meetings, Pro-Act, SMART recovery, church group, alumni group
- Completing a written recovery plan/ relapse prevention plan.

Level 2 Interventions

- Increased treatment hours
- Team meeting – with family, probation, CYS, etc.
- More frequent urine drug screens
- Change in the frequency of scripts.
- Required to attend sessions in person (if previously virtual)
- Required attendance at a weekend support group or recovery activity
- Placed on a treatment contract
- Required engagement with CM or other formal recovery supports

Level 3 Interventions

- Refer to a higher level of care
- Transfer to another MAT provider
- Issued taper instructions.

Case Discussion

James is a 32-year-old male enrolled in an ASAM Level 1 Outpatient SUD program, while also enrolled at the same agency's buprenorphine program.

He has a history of opioid use disorder and has been engaged in treatment for four months.

He attends individual counseling and group therapy, each one time per week.

He is prescribed buprenorphine but has had 2 positive drug screens for fentanyl and cocaine over the past 2 months.

At his last session, James disclosed he has been struggling with cravings and stress related to housing.

His counselor noted that he has been actively participating in sessions but has missed two groups in the last month.

His most recent drug screen was positive for fentanyl and cocaine.

He has been with his partner for 2 years and they are a positive support for his recovery but James' return to use has been a source of strain in their relationship.

James accepted a referral to the program's recovery support program and met with the CRS once.

According to the intervention system, James may be placed on a higher-level intervention due to continued substance use.

Next Call

Next TA Call = June 2, 2025 @ 10:00AM
Topic: DDAP and OMHSAS Process for Joint Licensure



Pennsylvania
Department of Drug and
Alcohol Programs